



# NEWS & VIEWS

**LOCATIONS** Monday - Friday 8 am - 4 pm (by appointment only)

**Temporary Senior Center:** 23 Clark Road

**Senior Connections Social Day Program:** 2 Dundee Park Dr. #201

**Administrative Offices:** Town Hall, 36 Bartlet Street



AndoverSeniorCenter

**CONTACT INFORMATION**

**Phone:** 978.623.8320

**Info Line:** 978.623.8302

**Email:** seniorcenter@andoverma.gov

**Web:** andoverma.gov/seniorcenter



the\_robb\_center

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Frank Melendez, Chef


fmelendez@andoverma.gov

As the days grow shorter and colder, our thoughts turn to warm pies and fuzzy sweaters. Take a night off from cooking and join the Andover Senior Community Friends in their **Comfort Pie Fundraiser**. In partnership with Harrow's Chicken Pies and Frank's Catering, they are holding a pie drive. Order a freshly cooked chicken or apple pie and support the Friends organization as they support the Senior Center. **See Page 10 for the order form and details!**

The programming committee has undertaken a major initiative to learn about what types of programs you would like at the Robb Center. Over the next few months, please take 10 minutes and complete our survey. The survey will provide us with a comprehensive look at the types of programs you want to see offered at the Robb Center. The survey is available through Survey Monkey at <https://www.surveymonkey.com/r/WZDP83C>. It will also be available in hard copy at various locations.




Hope to see you soon, Jane



As of the submission of this newsletter to the publisher, the Flu Shot Clinics are being actively scheduled by the Board of Health. Please check the town website for updates.

**Andover Elder Services Costume Contest!**

Put a costume on yourself, your loved ones, or your pets and enter to win best costume. Please submit pictures to Kelly at Kelly.MacKay@andoverma.us by October 26th. The winner will be announced on October 30th and will win a gift card! Keep an eye on our Facebook page to see staff costumes and other entries.



## LIVE PROGRAMMING

**Coffee & Conversation: —Monday, October 19th at 10:00 am.** Grab a coffee and chat with some Merrimack College Students.



**Coffee & CONSTRUCTION —Monday, October 26 at 10:00 am.** Join us for coffee and see and learn about the construction of the new Robb Center.

**To sign up for either session:** Please go to [www.myactivecenter.com](http://www.myactivecenter.com) to sign up. You will receive an email with a Zoom link to join. Or contact Elder Services at (978) 623-8320.



**Zoom Fall Trivia—Monday, October 19th at 2:00 pm** Join us in an afternoon of fun and games.



Test your knowledge on all things fall and connect with others. 1st place winner will receive a prize! To sign up please go to [www.myactivecenter.com](http://www.myactivecenter.com) or call us at (978) 623-8320.

**Silk Scarf Art Kit and Instruction Seminar—Wednesday, November 18th at 11:00am.**

Register by October 30th by calling 978-623-8320. Silk Scarf Kits will be available for pick up at Town Hall after registration closes. Take advantage of this free art session to create your own unique and beautiful scarf design. Brought to us by Tracy Valletti, MS, CDP from Methuen Village.



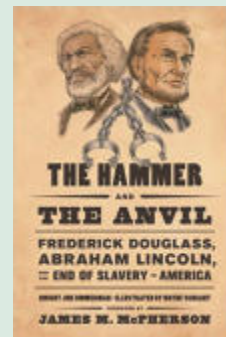
**Short Stories Group—Every Monday in October from 1:00pm-2:30pm on Zoom.**

Join a dedicated group of short story enthusiasts to read and discuss various pieces of literature. Please note you will need to obtain any of the scheduled reading material on your own. To sign up, please email Eileen at [eileenreilly42@gmail.com](mailto:eileenreilly42@gmail.com). Space is limited.



**Book Club—Thursday, October 22 at 1:30 pm**

Join us for a conversation about the novel, The Hammer and the Anvil by Dwight Jon Zimmerman. To register, go to [www.myactivecenter.com](http://www.myactivecenter.com) or contact Elder Services at (978) 623-8320. Books are available for pick-up.



**English Listening Skills Series for Chinese Speakers—Every other Friday at 10:00 am starting October 2, 2020**

Do you find that...You can't understand native English speakers? You find it difficult to improve your listening? You don't have time to improve your listening skills?

Listening is NOT Just One Skill. The process of listening includes: Hearing sounds, recognizing the sounds are parts of a word, connecting the word to its meaning, remembering what each word means, and understanding the concept of all of the words together. We'll help you improve in each of these skills and make "learning to listen" in English fun, while we're at it. To sign-up please email William at [weixuid@yahoo.com](mailto:weixuid@yahoo.com).





**Dull Men's Club- Thursday, October 15th at 1:30 pm** at 23 Clark Rd. Andover is starting a new chapter of the Dull Men's Club. No strings attached, no skills required. Join a group of men to enjoy and discuss the simple, everyday, run of the mill things. DMCs traditionally meet monthly to enjoy each others company, have some coffee, and every now and then, do some fundraising for charity. Please sign up at [www.myactivecenter.com](http://www.myactivecenter.com) or by calling 978-623-8320.

### Virtual Family Caregiver Support Group – Monday, October 19 at 1:30pm

The current health situation has been stressful and has presented new challenges for those caring for a loved one. Please join us for a virtual support group for family caregiver to connect with others, share concerns, and learn about available resources. Please contact Ashley English at 978-623-8335 for log-in/call-in instructions.



### Podiatry Appointments:

Wednesdays at 23 Clark Rd. Please contact Elder Services for an appointment (978) 623-8320.

**Discover the "New Retirement" – Thursday, October 22<sup>nd</sup> at 7pm** -Thinking about retirement? The Andover Council on Aging and Empower Success Corps. invite you to join us for an engaging virtual seminar as part of The Discovery Center for Civic Engagement. Discover the New Retirement describes the "new retirement" and the changing nature of work. The seminar explores the motivations of older workers and, by identifying an expanding range of options, helps attendees design their lives as they transition to retirement. Contact Ashley for registration information 978-623-8335.

### Parkinson's Disease Support Group— Thursday, October 8th at 1:30 pm

Please join us on Thursday, October 8th, 2020 from 1:30-2:30pm in-person at 23 Clark Rd. The group format for October will be an open discussion with Kristine Arakelian, LCSW, MPH, Outreach Coordinator, as the facilitator. For additional information about the group format, please reach out to Kristine Arakelian. Registration is REQUIRED, to register for the group, please reach out to Kelly MacKay. Both Kristine and Kelly can be reached at 978-623-8320.



### Getting Rid of the Stuff...Not the Memories, Wednesday, October 21 at 1:00pm with Nancy Patsios, owner of Sort it Out Boston.

Join the discussion and learn tips to declutter belongings while preserving precious memories. Nancy understands the challenges faced when trying to overcome disorganization and has a genuine desire to help every client create organized processes in their daily lives and achieve visually calm spaces in their homes. We hope to see you there!

**Computer Zoom:** Meeting ID: 946 0087 5945 Passcode: rLr8JW

**Telephone Zoom:** Meeting ID: 946 0087 5945 Passcode: 576482

Lived Streamed on AndoverTV

Tune- in to ANDOVERTV (Comcast Channel 8 or Verizon Channel 47). This schedule is subject to change.

<b>Sunday</b>	10:00 am 4:00 pm	Gentle Yoga Fitness for Adults over 60
<b>Monday</b>	10:00 am 4:00 pm	Balance Class Tai Chi (24 Posture Chuan Style)
<b>Tuesday</b>	10:00 am 4:00 pm	Men & Women in Motion Yoga for Hip Mobility
<b>Wednesday</b>	10:00 am 4:00 pm	Sit & Get Fit Yoga for a Healthy Back
<b>Thursday</b>	10:00 am 4:00 pm	Strength Training Yoga – Stress Relief
<b>Friday</b>	10:00 am 4:00 pm	Circuit Class Yoga for Beginners
<b>Saturday</b>	10:00 am 4:00 pm	Healthy Bones & Balance Yoga with Pat Dumont



In addition to exercise, AndoverTV will also be broadcasting “Feel Good” programs on Mondays at 5:00pm, Wednesdays at 12:30pm and Fridays at 8:30pm. We hope you enjoy!



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**New & Exciting Trial Classes:  
November 2nd through November 20th  
\$8 per session (3 classes)**



- ◆ Registration opens on Thursday, October 15th
- ◆ To Register:
  - ◇ Register in-person on October 15 or October 21 from 10 am—1 pm to 23 Clark Rd. If you cannot make these dates, call us or sign-up on our website at [www.andoverma.gov](http://www.andoverma.gov).
- ◆ Classes being held in-person will have limited registration in order to adhere to state guidelines.
- ◆ Cash, check or credit cards accepted.
- ◆ Our next 8-week session will resume on November 30th. More information will be in the next Newsletter.

<b>Cardio Dance</b> with Doreen	Monday 8:30 am	Virtual on Zoom
<b>Barre Work</b> learn the basics of ballet for conditioning and toning with Val	Tuesday 1:30 pm	Ballard Vale United Church (indoors)
<b>Fun Exercise- “Exerplay”</b> with Denise	Wednesday 1:30 pm	Ballard Vale United Church (indoors)
<b>Strength &amp; Stretch</b> with Tracy	Thursday 10:00 am	Virtual on Zoom
<b>Dance Expressions</b> with Savannah	Friday 1:30 pm	Ballard Vale United Church (indoors)

## STAY ACTIVE STAY FIT



**Outdoor Adventure Groups:** Pre-register at [www.myactivecenter.com](http://www.myactivecenter.com) or by calling 978-623-8320 . Car-pooling is not allowed. 12 hiker limit. Face mask and social distancing required.

**Women’s Outdoor Adventure Group:** Information as well as future hike information will be sent out to those on the WOAG email list. If you are NOT already on that list, please email Jane Gifun at [fleecy1.godmother@verizon.net](mailto:fleecy1.godmother@verizon.net). October hike dates are below.

**10/8/20** location to be determined

**10/22/20** location to be determined

**Men’s Outdoor Adventure Group:** Group Contact: Don at [dschroe153@aol.com](mailto:dschroe153@aol.com)

**10/7/20** West Parish, Bakers Meadow & Sakowich. Parking will be at 26 Oriole Dr

**10/21/20** Wildcat Conservation, Boxford

## National Prescription Drug Take Back Day

**Saturday, October 24, 2020, 10:00am - 2:00pm West Elementary School, 58 Beacon Street, Andover.**

The National Prescription Drug Take Back Day aims to provide a safe, convenient and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. Please drop off any unwanted, expired or unused medications to this location. Social distancing of 6 feet will be maintained at all times by our Andover Police Department staff.

### BROWN BAG

**Tuesday, October 27, 9:30-10:30.** October Brown Bag will be delivered. This service provides fresh groceries on a monthly basis. For eligibility, please call Elder Services of the Merrimack Valley (978) 683-7747.

### FRIENDLY CALLER

Elder Services volunteers continue to check in with folks. Let us know of anyone we should be calling or if you would like to receive a call from a friendly voice. Please call (978) 623-8320.

## HAVE A QUESTION?



**Ask the Lawyer—Monday, October 26.** Offered by Justin St. James, Esquire licensed in MA & NH. Appointments are 20 minutes over the phone and scheduled in chronological order. Limit of one question/issue. Cost: Free

**SHINE— Serving Health Insurance Needs of Everyone.** Appointments are available via phone. Please contact Ashley English at (978) 623-8335 to make an appointment.

## ALL THINGS TRANSPORTATION



**Medical Transportation:** We continue to provide transportation to vital medical appointments. Please call (978) 623-8335.

**Grocery Trips:** Market Basket Plaza: Thursdays, door-to-door service. Call to register. Cost: Free. Please call 978-623-8320 for more information.

**Townie Trips:** Andover Elder Service's Personal Ride Service on Tuesdays. \$8.00 round-trip, \$5.00 one-way. Call to make an appointment 978-623-8320. Local Andover trips only.

**Meals on Wheels:** Home Delivered Meals are available to any Andover senior who is eligible. To determine your eligibility, please give us a call at (978) 623-8320.

**Drivers Wanted:** Our Meals-on-Wheels team is looking for volunteers to deliver lunches to Andover seniors Monday thru Friday. Please call Shawna or Ashley to inquire at (978) 623-8320.



## ANDOVER SENIOR DINING PROGRAM



**Perfecto's Caffe:** Come by Ballard Vale United Church (23 Clark Rd) on October 5th between 9am and 1pm to pick up a coupon for Perfecto's Caffe. This coupon is valid for one free coffee or one free muffin. One coupon per person. Limited number of coupons available. We look forward to seeing you!



**UBurger: October 8th, 3:00pm-5:00pm** -Seniors will receive a 10% discount and indoor dining will be reserved for seniors only. Location: 89 Main St. Andover, MA.



**Andiamo Restaurant + Bar: October 13th, 11:00am-1:00pm.** Come enjoy a free dessert and private dining space reserved for seniors. Reservations are required by calling 978-655-6535. Location: 159 River Road Andover, MA. Check out their "Good Afternoon" menu at <http://andiamo-restaurant.com/andiamo-andover/menu/cafe-menu/>



**Smythe & Dove: November 5th, 4:00pm-6:00pm.** Enjoy a special three course meal at a great price for seniors. Upstairs limited to seniors only. There is an elevator. Reservations required by calling 978 -470-0001. More information will be on the November Newsletter.

## ACE'S SCARECROW WALK

The Andover Coalition for Education (ACE) is having their 8th Annual Scarecrow Festival Downtown to support Andover Public Schools. From October 17th through October 31st, make sure you take a walk around downtown Andover to view all of the decorated and creative scarecrows. The theme this year is "Our Community." Make sure to notice our Andover Elder Services' Scarecrow. Take a picture with it and send it in to us!



## VETERANS ASSISTANCE



As we address a pandemic that will no doubt become a chapter in the history books, Andover Veterans' Services commitment to you will not waver. You can call **978-623-8380** or email [mark.comeiro@andoverma.us](mailto:mark.comeiro@andoverma.us) to speak with the Director of Veterans' Services, Mark Comeiro.

## LIBRARY & ELDER SERVICES EVENT

Andover Elder Services and the Library bring you "**Are You Ready for Retirement?**" on **October 15th at 7:00pm.** **Presented by:** The Andover Money Mentors: Roland Jacobson, Jeff Kaplan & Don Schroeder. **Description:** The class will be presented as a seminar and consider retirement issues. It will provide useful insights to people who are planning for retirement, and those already retired who are rethinking their retirement finances. <https://mhl.org/>

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# October Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>All programming subject to change to adjust to the needs of the community.</b></p>	<p><b>Location Key:</b> Zoom: Program online Clark: in-person at 23 Clark rd. <b>Outdoors:</b> Paid program outdoors</p>	<p>The Andover TV fitness schedule is located on page 4 of this newsletter.</p> 	<p>9:00 Line Dancing (outdoors) 10:00 Strength and Cardio (Zoom)</p>	<p>8:30 Strength Training (Zoom) 10:00 "How to improve your English listening" (Zoom)</p>
<p>8:00 Men &amp; Women in Motion (outdoors) 9:00—1:00 Pick up Perfectos Coupons (Clark)</p>  <p>1:30 Advanced Yoga for Beginners (Clark)</p>	<p>10:00 Strength &amp; Cardio (Zoom) 1:30 Sit and Get Fit (Clark)</p>	<p>8:00 Men &amp; Women in Motion (outdoors) 9:00 Men's Outdoor Adventure Group</p>	<p>9:00 Line Dancing 9:00 Women's Outdoor Adventure Group 10:00 Strength &amp; Cardio (Zoom) 1:30 Parkinson's Support Group (Clark) 3:00—5:00 UBurger Senior Dining Program</p> 	<p>8:30 Strength Training (Zoom) 10:00 ACCC Gathering (Zoom)</p>
<p><b>Observed</b></p>	<p>10:00 Strength &amp; Cardio (Zoom)</p>	<p>8:00 Men &amp; Women in Motion (Outdoors)</p>	<p>9:00 Line Dancing (outdoors) 10:00am November Fitness Class Registration (Clark)</p>	<p>8:30 Strength Training (Zoom)</p>

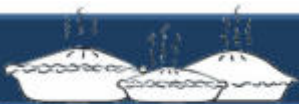
# Holiday

<p>1:1:00-1:00 Antirrhinos Senior Dining Program 1:30 Sit and Get Fit (Clark)</p> 	<p>10:00 Strength &amp; Cardio (Zoom) 1:30 Dull Men's Club (Clark) 7:00 Are you Ready for Retirement? (Zoom, Library)</p>	<p>10:00 "How to improve your English listening" (Zoom)</p>
<p>19 8:00 Men &amp; Women in Motion (Outdoors) 10:00 Coffee and Conversation (Zoom) 1:30 Advanced Yoga for Beginners (Clark) 1:30 Virtual Family Caregiver Support Group (Zoom) 2:00pm Fall Trivia Hour (Zoom)</p>	<p>20 10:00 Strength &amp; Cardio (Zoom) 1:30 Sit and Get Fit (Clark)</p>	<p>21 8:00 Men &amp; Women in Motion (Outdoors) 9:00 Men's Outdoor Adventure Group 10:00-1:00 November Fitness Class Registration (Clark) 1:00pm Declutter with Nancy Patsios (Zoom)</p>
<p>26 8:00 Men &amp; Women in Motion (Outdoors) 10:00 Coffee &amp; Construction (Zoom) 1:30 Advanced Yoga for Beginners (Clark)</p>	<p>27 10:00 Strength &amp; Cardio (Zoom) 1:30 Sit and Get Fit (Clark)</p>	<p>28 8:00 Men &amp; Women in Motion (outdoors)</p>
<p>23 8:30 Strength Training (Zoom) 10:00 ACCC Gathering (Zoom)</p>	<p>22 9:00 Line Dancing (outdoors) 9:00 Women's Outdoor Adventure Group 10:00 Strength &amp; Cardio (Zoom) 1:30 Book Club (TBD)</p>	<p>29 9:00 Line Dancing (outdoors) 10:00 Strength &amp; Cardio (Zoom)</p>
<p>30 8:30 Strength Training (Zoom) 10:00 "How to improve your English" (Zoom) 3:00pm Registration closes for Silk Scarf Seminar</p>	<p>30 8:30 Strength Training (Zoom) 10:00 "How to improve your English" (Zoom) 3:00pm Registration closes for Silk Scarf Seminar</p>	<p>30 8:30 Strength Training (Zoom) 10:00 "How to improve your English" (Zoom) 3:00pm Registration closes for Silk Scarf Seminar</p>



**Our emails are going into the spam or junk folder for certain internet providers such as Yahoo, AOL and Verizon. Please add us to your contact list so you can continue to receive our emails. Also please check your junk/spam folder regularly.**





# COMFORT (CHICKEN) PIE FUNDRAISER, APPLE TOO!



The Andover Senior Community Friends support a large variety of programs at the Senior Center. Help the Friends help the Center by ordering a Harrow's Chicken Pie and Frank's Apple Pie. Orders will be taken through October 9. Pick up your pie on Thursday, October 15, between 2:00—4:00 pm at 23 Clark Rd (temporary Sr. Center). Your pie will be cooked and ready to eat. To order, go to the Friends website at [www.andoverscf.org](http://www.andoverscf.org) or complete the Form below. Mail the form and check to **ASCF, PO BOX 576, Andover, MA 01810**. Questions: Call Dana at (978) 475-4451.

Name: \_\_\_\_\_

Street Address : \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_



	Price	Quantity	Total
Harrow's Individual Chicken Pie with vegetables	\$7.50 ea		
Harrow's Apartment (2-3 servings) Chicken Pie w/ vegetables	\$17.00 ea		
Harrow's Family (4 servings) Chicken Pie w/vegetables	\$22.00 ea		
Frank's 10" Apple Pie	\$12.00 ea		
<b>(Please make check payable to: ASCF) Total</b>			

## NEED ASSISTANCE WITH MEDICARE? SHINE CAN HELP!

SHINE = Serving Health Insurance Needs of Everyone...on or eligible for Medicare. Certified SHINE counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare.



**Mark your calendar: Medicare Open Enrollment: October 15 – December 7.**

This is your opportunity to review your Medicare plans with a SHINE counselor to see what you can expect with your current plan in 2021, or to see if there is another plan that may be more cost-effective for you. You may also benefit from cost-savings programs that a SHINE counselor will explain to you. Your health insurance costs are an important part of your budget, and SHINE is available all year to help you review your plans and costs.

Due to the current COVID-19 pandemic, SHINE counselors are meeting by phone. To schedule a SHINE appointment or for more information, please call us at 978-623-8320

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## ALZHEIMER'S ASSOCIATION

### This Year's Northeastern MA Walk to End Alzheimer's: October 4th, 2020

Alzheimer's isn't waiting and neither are we! Join our staff and step up in the fight against Alzheimer's! Join our team to walk separately this year however connected together by a cause or donate to our team using the link below. Donations accepted through the end of October.



**Contact:** Kelly MacKay,  
[kelly.mackay@andoverma.us](mailto:kelly.mackay@andoverma.us)  
**Team Name :** Andover Elder Services

## FROM THE TOWN CLERK

### November Presidential Election Information

The Presidential Election will be held on Tuesday, November 3<sup>rd</sup>, 2020.

Voters will have several options for casting a ballot. Voters may, based on eligibility under state law, vote in one of the following ways:

1. In-Person on Election Day (November 3<sup>rd</sup>) at a polling location in Town
2. In-Person during the Early Voting Period
3. By Mail



The deadline to register to vote in the November 3<sup>rd</sup> Presidential Election is Saturday, October 24<sup>th</sup>, 2020.



**Meditation with Chip on Zoom.** Thursdays at 10:00am– 10:45am. To join, please email [chiprdcarter@gmail.com](mailto:chiprdcarter@gmail.com) for the weekly updated free link.

There are several openings on the FRIENDS board. If you are interested in participating you can contact Dana MacKay 978-475-4451. Want another way to support us? Make your Amazon purchases through AmazonSmile (smile. Amazon.com) and enter the name of the Andover Senior Community Friends Inc. as your charity. Amazon will donate a portion of your purchase price to us. It costs nothing and will benefit us!

### Become a Friend!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Membership (mark one)

Senior/Student \$10 \_\_\_\_\_ Individual \_\_\_\_\_ Premium \_\_\_\_\_

Patron \$50 \_\_\_\_\_ Benefactor \$100 \_\_\_\_\_ Other \$ \_\_\_\_\_

Help the FRIENDS support the free programs at the Andover Senior Center! Check out all we do at our website: [www.andoverscf.org](http://www.andoverscf.org) or scan this code



Please Mail to Andover Senior Community Friends, P.O. Box 576, Andover, MA. 01810.

# Pave the Patio of the Robb Center

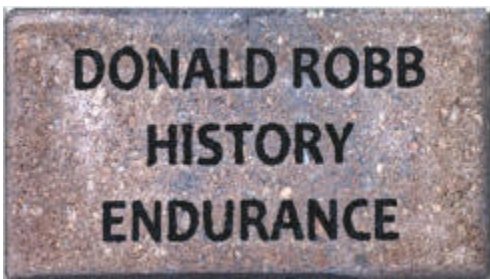
YOU can help the Andover Senior Community Friends pave the patio of the new Robb Center! By buying a brick you can permanently **celebrate a grand occasion, commemorate past accomplishments or remember a fond memory of someone dear.** These 4" by 8" bricks will pave our new outdoor patio. For only **\$100**, you can **support our community and make a permanent mark on the new Robb Center.** Step on it and contribute now!



You can scan this code with your smartphone to be directed to [www.andoverscf.org](http://www.andoverscf.org) to purchase a brick on-line

Fill out the info then send this page & your check in the amount of \$100 to  
**Andover Senior Community Friends, P.O. Box 576, Andover, MA. 01810.**  
 Questions? Call 978-623-8320

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**Email:** \_\_\_\_\_




3 lines per brick 13 characters per line (INCLUDES SPACES)



Senior Connections has welcomed a new member to our team! Savannah Melo is an intern who started with us at the end of August and she has been a wonderful addition to Senior Connections. Savannah is a graduate student at Lesley University and is studying Mental Health Counseling, specifically with a concentration in Dance/ Movement Therapy. Savannah has been incorporating dance/ movement therapy into our Senior Connections programming, along with other expressive arts. She will also be holding a class called “Dance Expressions” at Clark Rd. on Fridays at 1:30pm from November 6th-20th. This class is open to anyone. Refer to page 5 for details on how to register. Please contact Stephanie McSurdy at 978-623-8339 if you are interested in learning more about the Senior Connections program.



Entry way to Lounge



Hallway to the Cafe



Wellness Center



The Robb Center Groundbreaking Ceremony

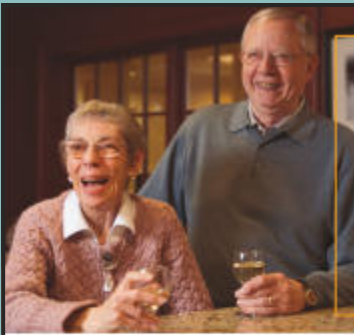
**Your voice matters to us:**

Please take our Andover Elder Services Survey. The Survey Link is on the first page of this newsletter.



This will guide us in opening and planning for the Robb Center.

Photos were taken during a tour on August 20! Join us on Zoom for Coffee & Construction, Monday, October 26 to see more photos. For more updates, check out our Instagram: the\_rob中心.



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