



NEWS & VIEWS



LOCATION 30 WHITTIER COURT ANDOVER, MA 01810

Monday - Friday 8 am - 4 pm

CONTACT INFORMATION

Phone: 978.623.8320

Info Line: 978.623.8302

Email: senior.center@andoverma.us

Web: <https://andoverma.gov/227/Elder-Services>



AndoverSeniorCenter



the_rob中心

STAFF CONTACT INFORMATION

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Director of Elder Services

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Nina D'Agostino

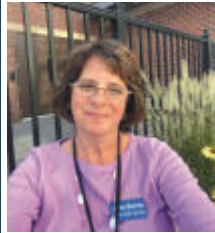
Senior Connections

Day Program Coordinator

Stephanie McSurdy
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Nutrition Staff

Frank Melendez, Chef
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It is hard to believe we have now been at the Robb Center for 6 months! We've come a long way in those 6 months and the Center is coming together. I appreciate all the feedback and suggestions, please keep them coming. We will always be tweaking the Center and moving program space around. Please be patient as we continue to work through some of the bugs.

If you haven't stopped by the patio yet, make sure you do and take a look at the bricks. On the cool afternoons, it is a great place to sit and read all the wonderful memories that are now part of our Center.

We are ramping up the fun this month at the Center. Make sure to get your tickets early to Oktoberfest and mark your calendar for some Halloween fun with the Delvena Theatre Company. We will also be participating in the Walk to End Alzheimer's on October 3. So many of us have been impacted by dementia and we are excited to be part of this important walk. If you'd like to join the Center family and be part of the team, check out the registration information on page 2.

Finally, October is Fire Safety month. Join us on October 12 for a Fire Safety Presentation by Fire Chief Mike Mansfield. Don't forget to check your smoke and carbon monoxide detectors. Change your clocks on November 7th and change your batteries. See you at the Center—*Jane*

October 6 from 12pm-2pm: Oktoberfest—

Limited tickets available, tickets go on sale September 24! Buy your \$10 ticket by coming to our front desk or calling 978-623-8320. Enjoy Bratwurst with Sauerkraut, Red Cabbage, German Potato Salad, Strudel & Vanilla Ice Cream, and plenty of Root Beer! Entertainment provided by Schwarze Schafe German Band .



October 14 and 29, 9am—12pm Flu Shots by the

Andover Board of Health: Appointments are required. The website to make appointments is not yet launched, please be on the look out for this website or call-in to check the status of this website.



THE ROBB CENTER

Alzheimer's isn't waiting and neither are we! Join our staff and step up in the fight against Alzheimer's! Join our team to walk together on October 3rd for the Alzheimer's Walk.

Team Name : Andover Elder Services

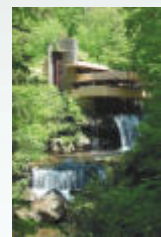
Page link: <http://act.alz.org/goto/AndoverElderServices>

Contact: Kelly MacKay, kelly.mackay@andoverma.us



October 4 at 2pm: Twice as Nice—Duet performance by Terri Kelley on Piano and Debbie Hamel on Vocals. Join us for an afternoon of light hearted classical duets and musical stories. Registration requested by calling 978-623-8320 or on myactivecenter.com

October 5 & 19 at 2pm: Community Curiosities: Starting in October, every first and third Tuesday of the month at 2:00pm we will have a presentation by a local expert on topics about travel, history, art, and more. This month we have Paul MacKay who will present on Falling Water: The Worlds Most Beautiful House. This two part photographic discourse will literally walk you through the building Smithsonian numbers as one of their "Life List of 28 Places to See Before You Die." Registration requested by calling 978-623-8320 or on myactivecenter.com



October 12 at 1:30pm: Fire Safety Month Presentation by Fire Chief Mike Mansfield



October 13 at 1:30pm: Past, Present & Possibilities by Bill Pennington—Bill Pennington is the Race Director for Run for the Troops, previous Boston Marathon runner and more. Participants will be entered in to win a beautiful handcrafted quilt. We hope this quilt eventually will be owned by a veteran or family member of a veteran. Registration requested by calling 978-623-8320 or on myactivecenter.com



October 20 at 2:00pm: Medicare Open Enrollment Information Session— Presented by a certified SHINE counselor in collaboration with the Andover Mentors and the Memorial Hall Library. Because Medicare plans can change every year, Medicare's Annual Open Enrollment period is an opportunity for you to review your Medicare plan to ensure it is the most cost-effective plan for **YOU**, and to make some changes for 2022. Registration requested by calling 978-623-8320 or on myactivecenter.com

October 22 at 11:30am: Birthday Social—Come to celebrate all of the October Birthdays! All are welcome! Lunch entrée will be salmon. Music by John D'Ambrosio sponsored by ASCF. Delicious dessert from Bridges by EPOCH and a raffle prize offered to those with birthdays in October. Registration required by calling 978-623-8320. Suggested \$3 donation collected day of (cash only).



October 28 at 1pm—13 Things About Ed Carpolotti— *Thirteen Things About Ed Carpolotti* by Del Vena Theatre Company is a play about the widow of a wheeler-dealer contractor, who discovers that her husband, Ed, has left her in debt to the banks, her family and the mob. Then an intriguing web of events enter into this amusing and touching story with a surprise ending! *Thirteen Things About Ed Carpolotti* is supported in part by a grant from the Andover Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. Registration requested by calling 978-623-8320 or on myactivecenter.com. We recommend you join us for congregated lunch at noon on this date.



Congregate Lunch — Monday through Friday at 12:00: Join us for Congregate Lunch. Reservations are required by 3pm the previous day. Reserve a seat by calling 978-623-8320. \$3.00 donation is suggested. Daily entrée listed on pages 8 & 9.

Mondays, October 4, 18 & 25 at 1:00pm— Monday Matinees: Join us to watch a film on the “big screen.” Movie titles will be announced soon. Movie treats will be served. Free entry.



Monday, October 4 at 10:00am— 1,000 Cups of Coffee with Jane Burns: Get to know the director of Andover Elder Services by joining her for a cup of coffee. Come and discuss the Robb Center and your ideas and hopes for its future. We look forward to seeing you there.



Monday, October 18 at 10:00am —Non-Fiction Book Club: This club explores contemporary issues, history, biography, and more. This club meets indoors at the Robb Center. For any questions please contact Joanne at: joannedahlgrenma@gmail.com.

Mondays, October 4 & 18 from 1-3pm: Fix-IT Shop is open: Bring your lamps, small appliances, chairs, small tables, and any other small project and this group will try to fix it!
If you would like to join the group, stop by and say "hi!"

Cost: \$4 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents
\$2 diagnostics fee



Thursday, October 21 at 10:00am—Dull Men’s Club: No strings attached, no skills required. Join a group of men to enjoy and discuss the simple, everyday, run of the mill things. Registration is requested by going on myactivecenter.com or by calling 978-623-8320.



Thursday, October 28 at 1:30pm—Book Club: Join this wonderful group of people to discuss various books. The book choice for October is *October Sky* by Homer Hickam. Books are available for pick-up. **This club is currently full.**



Monday, October 18 at 1:30 pm—Family Caregiver Support Group: Please join us for a support group for family caregivers to connect with others, share concerns, and learn about available resources. Please contact 978-623-8320 to register.

Tuesdays, September 14—October 19 at 10:30am —Grief Support Group: This group is led by Lois Marra from the Home Health Foundation. Registration required by going on myactivecenter.com or by calling 978-623-8320.

Thursday, October 14 at 1:30pm Parkinson’s Disease Support Group: Meetings are facilitated by Kristine Arakelian, LCSW, MPH, Outreach Coordinator. The guest speaker for October is Cathi Thomas, RN, MS, Program Director of Parkinson's Disease and Movement Support Center. Call 978-623-8320 for more info.

Outdoor Adventure Groups—For any participation in Adventure Groups, participants must sign our “Waiver for 2021” form once a year (found on our website, <https://andoverma.gov/227/Elder-Services>). For each individual hike, participants must register on myactivecenter.com or by calling us at 978-623-8320



Women’s Outdoor Adventure Group (WOAG): please contact Jane at fleecy1.godmother@verizon.net for updates.

October 7: Stevens Estate

October 28: Field & Brackett Ponds

Men’s Outdoor Adventure Group (MOAG): please contact Don dschroe153@aol.com for updates.

October 6: Harold Parker

October 20 : Wilkinson Reservation

**Hike locations subject to change*



Need locker space? We are renting out lockers at the Robb Center for \$10 per month. Keep your fitness gear and items here at the Center. Lockers limited, first come, first served. Ask the front desk for details.

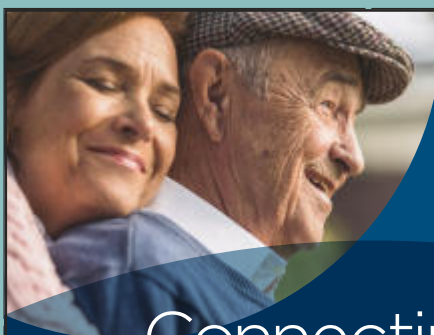
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Join our Fitness Room! The room includes a cable system, dumbbell rack, and cardio equipment. Our goal is to help older adults and adults with disabilities remain active, engaged, and independent in their community. The use of the gym requires an initial orientation and intake. Email our fitness graduate interns at robbfitnesscenter@gmail.com to schedule your orientation.



Fall Fitness: September 13—November 5

\$25 per 8 week session



- Please register in-person at the Robb Center, on our website at <https://andoverma.gov/227/Elder-Services>, or by calling us at 978-623-8320
- *There will be no class on October 11th for an observed holiday*

Class	Day & Time	Location
Men & Women in Motion with Tracy	Mondays at 8:15am	Wellness Room
Strength & Stretch with Tracy	Mondays at 9:15am	Hybrid
Sit & Get Fit with Tracy	Mondays at 11:00am	Hybrid
Women's Fitness Class with Alex	Mondays & Fridays 11:15am	Fitness Room
Men's Fitness Class with Alex	Mondays & Fridays 1:30pm	Fitness Room
Advanced Yoga for Beginners with Pat	Mondays at 2:00pm	Wellness Room
Continuing Taiji with Meg	Tuesdays at 9:15am	Hybrid
Beginning Taiji with Meg	Tuesdays at 10:30am	Hybrid
Men & Women in Motion with Denise	Wednesdays at 8:15am	Wellness Room
Strength & Stretch with Denise	Wednesdays at 9:15am	Hybrid
Sit & Get Fit with Denise	Wednesdays at 10:15am	Hybrid
Energize Rejuvenate with Pat	Wednesdays at 11:00am	Hybrid
Veteran's Class with Alex	Wednesdays at 1:30pm	Fitness Room
Corrective Exercise & Stretching with Alex	Wednesdays at 2:30	Wellness Room
Line Dancing with Val	Thursdays at 9:15am	Wellness Room
Strength & Cardio with Tracy	Thursday at 9:30am	Zoom only
Gentle Therapeutic Yoga with Pat	Thursdays at 10:45am	Wellness Room
Greek Dancing Class with Sophia	Thursday at 1:30pm	Wellness Room
Strength Training with Barb	Fridays at 8:30am	Hybrid

COA Board 2021



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New England Fall Classic Car Show
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WE ARE HERE, TO GET YOU THERE!



Medical Transportation: We continue to provide transportation to vital medical appointments. Please call 978-623-8320 to schedule an appointment. You must be an Andover resident.

Let's Go Shopping: Wednesday, October 20 from 10:00-2:00. We are going to Target & Mann's Orchard in Methuen. Call 978-623-8320 to reserve a seat. Come ride the bus with us this fall!



Grocery Trips: Market Basket Plaza: Thursdays, door-to-door service. Call to register by Tuesday every week. Cost: Free. Please call 978-623-8320 for more information.



Meals on Wheels: Home Delivered Meals are available to any Andover senior who is eligible. To determine your eligibility, please give us a call at 978-623-8320.

Townie Trips: Need a ride to a hair appointment or other errand? This is a Personal Ride Service that runs on Tuesdays. \$8.00 round-trip, \$5.00 one-way. Call to make an appointment 978-623-8320. Local Andover trips only.

Ask the Lawyer—Monday, October 18: Offered by Justin St. James, Esquire licensed in MA & NH. Appointments are 20 minutes in-person and scheduled in chronological order. Limit of one question/issue. Cost: Free. No tax questions, please.



Podiatry Appointments: Wednesdays at The Robb Center. Please contact Andover Elder Services for an appointment 978-623-8320.



Blood Pressure Clinics: Drop-in free clinic at the Robb Center. Conducted by the Andover Board of Health on Thursdays from 10:00-11:30am.



Technology Help Desk- Thursdays at 1:30pm: Have questions about your phone, tablet, or other device? Our team of tech experts is here to help. Drop- in to see if we can help you.



Brown Bag- Tuesday, October 26 from 9:30-10:30am: This once a month service provides a bag of shelf stable groceries for those already approved by Elder Services of the Merrimack Valley. Eligibility cards must be presented at pick-up. October Brown Bag will be picked-up from the Robb Center (30 Whittier Court) between 9:30—10:30am.

Applications available through Elder Services of the Merrimack Valley: 978-683-7747.



Friendly Caller: Andover Elder Services volunteers continue to check in with folks. Please let us know of anyone we should be calling or if you would like to receive a call from a friendly voice. Please call 978-623-8320.



Need Help with Medicare? SHINE Can Help! The SHINE program is a federally funded, free counseling program for current and future Medicare beneficiaries. We are staffed by trained counselors who will offer you an unbiased review of all your Medicare insurance choices, questions and concerns. Counselors are available for one on one appointments by phone, e-mail, or possible video conferencing. Please call 978-623-8320 to schedule an appointment.



Saturday, October 23, 2021 – Drug Enforcement Agency National Drug Take Back Day
West Elementary School, 58 Beacon St, 10am – 2pm

Residents are encouraged to gather expired, unused and unneeded medication and dispose of them in a safe manner. The medication disposal is completely anonymous and free of charge for residents.

Any questions contact Andover Police Sargent Steve Gerroir at 978-623-3500.



FY23 SCRPT (Senior Citizen Residential Property Tax Work Off) Volunteer Program: The enrollment/renewal period is now open! New volunteers should contact Ashley English, Volunteer Coordinator at 978-623-8320 for phone interview. If you are currently enrolled and would like to renew, applications will be sent out by email. Hard copies can be mailed or picked up at the front desk upon request. **Deadline to enroll/renew is Friday, November 15th.** Please complete all application forms and mail to: Andover Elder Services SCRPT Program 30 Whittier Ct. Andover MA 01810

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AES October Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All programs are subject to change to meet the needs of the town.</p>	<p>Congregate Lunch Main Entrée is subject to change. Veggie Burger available upon request.</p>	<p>Refer to page 5 for the Fitness Schedule</p> 		<p>8:30 French Group 9:00 Nature Walk 10:00 ACCC Gathering 10:30 Cribbage Salmon 1:00 Canasta 1:00 45's 1:00 Social Bridge 1:30 Zentangle 2:00 Tai Chi Fan Dancing</p>
<p>9:00 Quilting Group 9:00 Sunrise Singers 10:00 1,000 Cups of Coffee with Jane Burns 10:15 Rhythm Aires Shepard's Pie 1:00 Monday Matinee 1:00 Fix-It Shop 1:00 Short Stories Group 2:00 Twice as Nice</p>	<p>9:00 Comfort Critters 10:30 Grief Support Group 11:00 WISC Chicken Pot Pie 2:00 Falling Water 1:00 Afternoon Classics 1:00 Canasta 1:00 Mah Jong 1:00 Social Bridge</p>	<p>9:00 MOAG 9:00 Comfort Critters 10:30 Write Stuff 12:00 OKTOBERFEST 1:00 Knit Wits</p> 	<p>9:00 WOAG 10:00 Scale Modeling Club 10:00 Open Art Studio 10:00 Blood Pressure 10:00 Meditation with Chip Stuffed Chicken 1:00 Duplicate Bridge 1:30 Tech Help Desk 2:00 Ping-Pong</p>	<p>8:30 French Group 9:00 Nature Walk 10:00 ESL Class 10:30 Cribbage Potato Crunch Fish 1:00 Canasta 1:00 45's 1:00 Social Bridge 1:30 Zentangle 2:00 Tai Chi Fan Dancing</p>
<p>Observed</p>	<p>9:00 Comfort Critters 10:30 Grief Support Group</p>	<p>10:30 Write Stuff Roasted Pork 1:00 Knit Wits</p>	<p>10:00 Scale Modeling Club 10:00 Open Art Studio 10:00 Meditation with Chip</p>	<p>8:30 French Group 9:00 Nature Walk 10:00 ACCC Gathering</p>

Observer Holiday

<p>11:00 WISC Chicken Tenders 1:00 Afternoon Classics 1:00 Canasta 1:00 Mah Jong 1:00 Social Bridge</p>	<p>1:30 Past, Present & Possibilities </p>	<p>10:00 Blood Pressure Roast Turkey 1:00 Duplicate Bridge 1:30 Tech Help Desk 2:00 Ping-Pong</p>	<p>10:30 Cribbage Salmon 1:00 Canasta 1:00 45's 1:00 Social Bridge 2:00 Tai Chi Fan Dancing</p>
<p>9:00 Quilting Group 9:00 Sunrise Singers 9:30 Ask the Lawyer 10:15 Rhythm Aires 10:00 Non-Fiction Book Cheese Lasagna 1:00 Monday Matinee 1:00 Short Stories Group 1:00 Fix-It Shop 1:30 Family Caregiver Support Group</p>	<p>19 9:00 Comfort Critters 10:30 Grief Support Group 11:00 WISC Chicken Pesto 2:00 Falling Water 1:00 Afternoon Classics 1:00 Canasta 1:00 Mah Jong 1:00 Social Bridge</p>	<p>20 9:00 MOAG 10:00 Let's Go Shopping 10:30 Write Stuff Pulled Pork 1:00 Knit Wits 2:00 Medicare Info Session</p>	<p>21 9:00 WOAG 10:00 Scale Modeling Club 10:00 Open Art Studio 10:00 Meditation with Chip 10:00 Blood Pressure 10:00 Dull Men's Club Chicken Meatballs with Pasta & Sauce 1:00 Duplicate Bridge 1:30 Tech Help Desk 2:00 Ping-Pong</p>
<p>9:00 Quilting Group 9:00 Sunrise Singers 10:15 Rhythm Aires Spinach Pie 1:00 Monday Matinee 1:00 Short Stories Group</p>	<p>26 9:00 Comfort Critters 9:30-10:30 Brown Bag Distribution 11:00 WISC Chicken Marsala 1:00 Afternoon Classics 1:00 Canasta 1:00 Mah Jong 1:00 Social Bridge</p>	<p>27 10:30 Write Stuff Veal Parm with Pasta 1:00 Knit Wits</p>	<p>28 9:00 WOAG 10:00 Scale Modeling Club 10:00 Open Art Studio 10:00 Meditation with Chip 10:00 Blood Pressure Chicken Piccata 1:00 Theatre Show 1:00 Duplicate Bridge 1:30 Tech Help Desk 1:30 Book Club 2:00 Ping-Pong</p>
<p>9:00 Quilting Group 9:00 Sunrise Singers 10:15 Rhythm Aires Spinach Pie 1:00 Monday Matinee 1:00 Short Stories Group</p>	<p>29 8:30 French Group 9:00 Nature Walk 10:00 ACCC Gathering 10:30 Cribbage Baked Fish 1:00 Canasta 1:00 45's 1:00 Social Bridge 2:00 Tai Chi Fan Dancing</p>	<p>29 8:30 French Group 9:00 Nature Walk 10:00 ACCC Gathering 10:30 Cribbage Baked Fish 1:00 Canasta 1:00 45's 1:00 Social Bridge 2:00 Tai Chi Fan Dancing</p>	<p>29 8:30 French Group 9:00 Nature Walk 10:00 ACCC Gathering 10:30 Cribbage Baked Fish 1:00 Canasta 1:00 45's 1:00 Social Bridge 2:00 Tai Chi Fan Dancing</p>

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Quilting Group: Mondays at 9:00am—Join a group of dedicated quilters to share tips and tricks.

Sunrise Singers: Mondays at 9:00am —Join a wonderful choral group that performs when ready.

Rhythm Aires: Mondays 10:15am—Rhythm Aires is a costumed chair dancing group with tambourines to lively music (blue grass, dixie, etc.) No experience needed, just bring a joyful attitude and we'll teach you the rest. Get ready for good exercise, lots of laughs, and performances when the group is ready .



Short Stories: Mondays 1:00pm— We have room for a couple of more drama enthusiasts! Prior to beginning our Best American Short Story sessions, we will spend several weeks reading and discussing “Cost of Living” by Martyna Majok and “The Piano Lesson” by August Wilson. For more information contact Eileen eileenreilly42@gmail.com

Comfort Critters: Tuesdays at 9:00am—Join a group that creates little “comfort critters” that get donated to hospitals.



Women’s Intercultural Sharing Club: Tuesdays at 11:00am— Join a group of women to share, discuss, and appreciate different cultures. This group is welcoming to all! **New members are welcome.**

Afternoon Classics: Tuesdays at 1:00pm—You’ll watch classic films from the Golden Age of Hollywood and then join an open discussion about what makes these films stand the test of time.

The Write Stuff: Wednesdays at 10:30am—Join this group to write novels, poems, and more. **New members are welcome.**



Knit Wits: Wednesdays at 1:00pm—Join a group of knitters. New knitters are always welcome.

Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:00am—Join a group that produces videos. No experience necessary. Email AndovChron2@gmail.com to sign-up and ask questions.

Scale Modeling Club: Thursdays at 10:00am—Join a group to discuss, build and share scale models.



Open Art Studio: Thursdays at 10:00am—This group paints together using different mediums. Join them for a group gathering to paint together, encourage creativity, and share tips.

Meditation with Chip on Zoom: Thursdays at 10:00am—Join our breathing meditation session every Thursday which includes a discussion on a mindfulness topic you select and a group meditation. To join, please email chiprdcarter@gmail.com for the weekly updated free link.

Ping-Pong: Thursdays at 2:00pm—Drop-in to play a round of Ping-Pong. Looking for new players.



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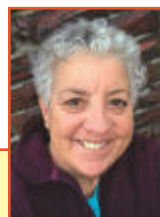
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Gaming Groups



Mah Jong (looking for new players)	Tuesdays	1:00pm— 3:30pm
Canasta (looking for new players)	Tuesdays & Fridays	1:00pm—4:00pm
Social Bridge	Tuesdays & Fridays	1:00pm—3:30pm
Duplicate Bridge	Thursdays	1:00pm—4:00pm
Cribbage (looking for new players)	Fridays	10:30am—11:30am
45's (looking for new players)	Fridays	1:00pm—3:30pm

OCTOBER 2021

CULTURAL CORNER

Every other Friday at 10:00am —English Listening Skills Series for Chinese

Speakers- Listening is NOT just one skill. The process of listening includes: hearing sounds, recognizing the sounds are parts of a word, connecting the word to its meaning, remembering what each word means, and understanding the concept of all of the words together. We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at weixuid@yahoo.com.



Fridays at 8:30am—Le Petit Dejeuner, the French Conversation Group: Venez parler français dans un cadre convivial en petit groupe. Il n'y a pas de chef, alors les membres assument leurs responsabilités. Quelques fois nous lisons à haute voix un livre et tenons une conversation ouverte. À tour de rôle, choisissez un thème à présenter. La littérature française, la géographie, la culture, la grammaire ... à vous de choisir. Le groupe est gratuit et il se réunit le vendredi à 8:30-10am. Il faut s'inscrire. Les nombres sont limités.



隔周五的10:00 am: 参加安多福华人联谊会**Zoom**网上聚会(Andover Chinese Charm Circle). 请发送电子邮件给William: weixuid@yahoo.com



MHL LIBRARY

Memory Kits: Memory Kits are a new addition to The Library of Things at MHL. They are for anyone who cares for or interacts with a person with dementia, Alzheimer's or other memory difficulties. Each kit includes the book ***A Caregiver's guide to Dementia*** by Laura Gitlin PhD., as well as other books, DVDs, and other materials related to the topic to help spark conversations with family and friends experiencing memory loss. To reserve your kit, or for more information: <https://www.mhl.org/memory-kits>

October 7 at 1:00pm: Virtual Art Afternoons - The Art of the Scandal: Thefts, Vandals and Forgeries. Art historian and educator Jane Oneail will explore some of the most brazen criminal acts in the art world. Her lecture features works by artists including da Vinci, Michelangelo and Rembrandt. Register on MHL.org

Goodbye summer, hello fall! Senior Connections had a wonderful summer between ice cream outings, dance performances, and adding some new faces to the program. It has been such a pleasure to get back to some sense of normalcy in these trying times. We also have plenty to look forward to in the coming months such as birthday socials, Oktoberfest, and the Walk to End Alzheimer's. We are also planning to have former intern, Savannah Melo, return with her dance students for a holiday performance! Senior Connections is open Monday-Friday 8:30am-3:00pm and currently has openings. If you are interested in learning more about the program, please contact Stephanie McSurdy at 978-623-8339.



There are several openings on the FRIENDS board. If you are interested in participating you can contact Dana MacKay 978-475-4451. Want another way to support us? Make your Amazon purchases through AmazonSmile (smile.Amazon.com) and enter the name of the Andover Senior Community Friends Inc. as your charity. Amazon will donate a portion of your purchase price to us. It costs nothing and will benefit us!

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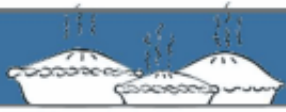
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Help the FRIENDS support the free programs at the Andover Senior Center! Check out all we do at our website:

www.andoverscf.org or scan this code



Please Mail to Andover Senior Community Friends, P.O. Box 576, Andover, MA. 01810.



ASCF Fall COMFORT Food FUNDRAISER!



The Andover Senior Community Friends fund a variety of programs and events at the Robb Center. Help the Friends help the Center by ordering Harrow's Chicken Pies and Robb Center Apple Pies. Orders will be taken through **October 15th**. Pick up Thursday, **October 21st** between 1:00 and 4:00 pm at 30 Whittier Court. The Harrows Pies are delivered frozen and ready to pop in the oven or the freezer! Cooking Instructions are included. To order, visit the Friends website at www.andoverscf.org or complete and mail the form below with check to ASCF, PO BOX 576, Andover, MA 01810. Questions? Call Dana at (978) 475-4451.

Name: _____

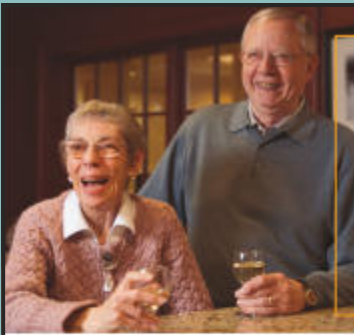
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Harrows Chicken Pie with Vegetables	Price	Quantity	Subtotal
Individual	\$8.50 ea		
Apartment (2-3 servings)	\$17.75 ea		
Family (4 servings)	\$23.50 ea		
Jumbo (6 servings)	\$28.00 ea		
Harrows Chicken Pie without Vegetables			
Individual	\$8.50 ea		
Apartment (2-3) servings	\$19.25 ea		
Family (4 servings)	\$24.50 ea		
Jumbo (6 servings)	\$29.00 ea		
Robb Center 10" Apple Pie	\$12.50 ea		
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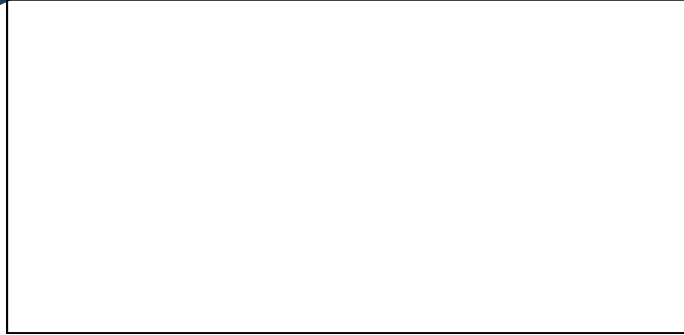
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