



# NEWS & VIEWS



**LOCATION** 30 WHITTIER COURT ANDOVER, MA 01810

Monday - Friday 8 am - 4 pm

**CONTACT INFORMATION**

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**Email:** [senior.center@andoverma.us](mailto:senior.center@andoverma.us)

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AndoverSeniorCenter



the\_rob中心

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THE ROBB CENTER



Happy Thanksgiving to All! One of my favorite activities of the holidays is putting on my turkey onesie and seeing the smiles and laughter from friends, family and passersby. The holidays are a good time to remind us of what's important and to bring happiness to others. Being a bit silly is my way of spreading joy. Join us for our Friendsgiving on November 18 and share a laugh at my turkey suit:)

November is also a time for remembering our Veterans and saying 'thank you' for your service. So many have sacrificed so much and it is important that we honor those who are serving and have served. We are delighted to have our Veterans Services Director, Mark Comeiro, as part of our Center. I hope all our Veterans stop by the Center and join our programming.



A special thank you goes to the Andover Senior Community Friends for all their hard work. Their fundraising efforts go a long way in helping us to bring programming to the Center while keeping costs down. This year they have also taken on decorating the Center. Their fall decorations are beautiful and have added a touch of home to our lounge. I am very grateful to our 'Friends' for their dedication to the community.

- Jane Burns, Director of Elder Services

**Thursday, November 18 at 12:00 Friendsgiving:** Join us for a Thanksgiving meal. Live entertainment will be provided by the McMurphy's Band. Tickets go on sale November 5. Purchase your \$10 tickets by calling 978-623-8320 or by coming in-person to The Robb Center. Limited tickets available.



**November 3, 10:00am—11:30am Flu Shots by Walgreens & Senior Whole Health:** No appointment necessary. Stop by to get your Flu Shot!



**Tuesday, November 2 & 9 at 10am: TRIPPS—Jane Gould**—On November 2, learn to navigate your smartphone and use ride-share apps (like Uber and Lyft). We will introduce participants to ride-sharing, answer questions, and walk step by step through the process. On November 9 we will practice our new skills. We will go from The Robb Center to Town Market in Andover using ride-share. This program is supported by MCOA. Registration required by going on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.



**Tuesday, November 2 at 2pm: Community Curiosities:** This month we have Don Schroeder presenting on Andover's Tea Lots. Listen to the story of a time when land was given away in Andover! Learn how tea merchants promoted tea to Andover residents establishing a tale that you may find interesting. The result being a popular green area was saved and spared from extensive development. There are many new surprises and twists to the story of the Tea Lots. Registration requested.

**Monday, November 8 at 10am: Living Well:- Making Every Moment Count by Mary Crowe from Care Dimensions .** A conversation of what it means to live well, the barriers we face, and how we can start to do so. Registration requested by going on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.

**Wednesday, November 10 at 2pm: Staying Safe & Secure Online by Paul MacKay**—Internet safety can be deceiving. Spyware is software that steals sensitive user data without consent. It lurks in many corners of the internet, often in places where you'd least expect it. All it takes is one click in the wrong place at the wrong time to compromise your internet browsing safety. In this presentation, Paul will discuss malware, phishing, other online scamming, and overview best practices for staying safe online. Registration requested.

**Tuesday, November 16 at 10am: November Craft with Senior Whole Health.** Join us for a free crafting class hosted by Taylor Roy from Senior Whole Health. The craft will be fall themed.

**Tuesday, November 16 at 1pm: Mae West**— *by Del Vena Theatre Company.* This performance is supported in part by a grant from the Andover Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. Registration requested by going on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320. We recommend you join us for congregate lunch at noon on this date.



**Wednesday, November 17 at 2pm: Digital Access Program by Nandi Munson** —The Digital Access program is a brand new offering from Elder Services of the Merrimack Valley and North Shore. The program offers tablets, data plans for those who are in need, and technology training on how to use these devices. Registration requested by going on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.



**Friday, December 10 at 11:30am: Birthday Social**— November and December Birthdays will be celebrated together, all are welcome! Lunch entrée will be salmon. Music by Tommy Smith sponsored by ASCF. Delicious dessert from Stonehill and a raffle prize offered to those with birthdays in November & December from Bridges by EPOCH Registration required by calling 978-623-8320. Suggested \$3 donation collected day of (cash only).



**Congregate Lunch — Monday through Friday at 12:00:** Join us for Congregate Lunch. Reservations are required by 3pm the previous day. Reserve a seat by calling 978-623-8320. \$3.00 donation is suggested. Daily entrée listed on pages 8 & 9.

**Every Monday in November at 1:00pm— Monday Matinees:** Join us to watch a film on the "big screen." Movie titles will be announced weekly. Movie treats will be served. Free entry.



**Monday, November 1 at 10:00am— 1,000 Cups of Coffee with Jane Burns:** Get to know the director of Andover Elder Services by joining her for a cup of coffee. Come and discuss the Robb Center and your ideas and hopes for its future. We look forward to seeing you there.



**Monday, November 8 at 10:00am — Non-Fiction Book Club:** This club explores contemporary issues, history, biography, and more. This club meets indoors at the Robb Center. For any questions please contact Joanne at: [joannedahlgrenma@gmail.com](mailto:joannedahlgrenma@gmail.com).

**Mondays, November 1, 15 & 29 from 1-3pm: Fix-IT Shop is open:** Bring your lamps, small appliances, chairs, small tables, and any other small project and this group will try to fix it! If you would like to join the group, stop by and say "hi!"

**Cost:** \$4 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents  
\$2 diagnostics fee



**Thursday, November 4 & 18 at 10:00am—Dull Men's Club:** No strings attached, no skills required. Join a group of men to enjoy and discuss the simple, everyday, run of the mill things. Registration is requested by going on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.



**Thursday, December 2 at 1:30pm—Book Club:** Join this wonderful group of people to discuss various books. The book choice for November is *The Year of Wonders* by Geraldine Brooks. Books are available for pick-up. **This club is currently full. In December, this group will meet December 2 (for the November meeting) and December 30.**

**Monday, November 15 at 1:30pm—Family Caregiver Support Group:** Please join us for a support group for family caregivers to connect with others, share concerns, and learn about available resources. Please contact 978-623-8320 to register.



**Parkinson's Disease Support Group:** There will be no meeting in November due to Veterans Day. The next meeting will be on December 9 at 1:30pm. The guest speaker will be Scott Parmelee, MS, MBA, Account Executive, Neuroscience Parkinson's Disease, AbbVie Pharmaceuticals. Ask for Kristine or Kelly for more information. Registration required by going on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.

**Outdoor Adventure Groups**—For any participation in Adventure Groups, participants must sign our “Waiver for 2021” form once a year (found on our website, <https://andoverma.gov/227/Elder-Services>). For each individual hike, participants must register on [myactivecenter.com](http://myactivecenter.com) or by calling us at 978-623-8320. Hikes start at 9am.



**Women’s Outdoor Adventure Group (WOAG):** please contact Jane at [fleecy1.godmother@verizon.net](mailto:fleecy1.godmother@verizon.net) for updates.

- November 18:** Goldsmiths/ Fosters
- December 2:** Pole Hill

**Men’s Outdoor Adventure Group (MOAG):** please contact Don [dschroe153@aol.com](mailto:dschroe153@aol.com) for updates.

- November 3:** Richard J. Bonier Reservation
- November 17:** Fosters Island Nature Trail
- December 1:** Ward Reservation

*\*Hike locations subject to change*



**Need locker space?** We are renting out lockers at the Robb Center for \$10 per month. Keep your fitness gear and items here at the Center. Lockers limited, first come, first served. Ask the front desk for details.

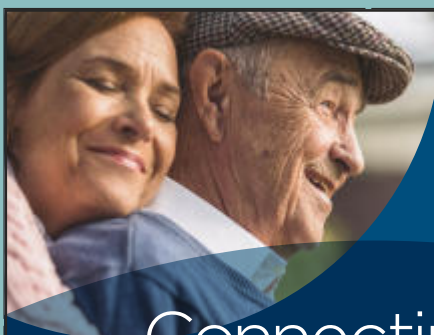
**Nature Walks with Evelyn:** Fridays at 9am. Join a group to explore and appreciate nature.



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**Winter Fitness: November 12—January 21**

\$25 per 8 week session



- Registration opens October 27 (9am-2pm in-person at The Robb Center)
- Please look for the Winter Fitness Brochure on our website
- Please register in-person at the Robb Center, on our website at <https://andoverma.gov/227/Elder-Services>, or by calling us at 978-623-8320
- *There will be no class on November 25 or 26, December 24 through January 2, and January 17 through 19.*

Class	Day & Time	Location
Men & Women in Motion with Tracy	Mondays at 8:15am	In-person only
Strength & Stretch with Tracy	Mondays at 9:15am	Hybrid
Sit & Get Fit with Tracy	Mondays at 11:00am	Hybrid
Advanced Yoga for Beginners with Pat	Mondays at 2:00pm	Hybrid
Continuing Taiji with Meg	Tuesdays at 9:15am	Hybrid
Beginning Taiji with Meg	Tuesdays at 10:30am	Hybrid
Cardio & Strength with Andrea	Tuesdays at 1:00pm	In-person only
Men & Women in Motion with Denise	Wednesdays at 8:15am	In-person only
Strength & Stretch with Denise	Wednesdays at 9:15am	Hybrid
Sit & Get Fit with Denise	Wednesdays at 10:15am	Hybrid
Energize Rejuvenate with Pat	Wednesdays at 11:00am	Hybrid
Line Dancing with Val	Thursdays at 9:15am	In-person only
Strength & Cardio with Tracy	Thursday at 9:30am	Zoom only
Gentle Therapeutic Yoga with Pat	Thursdays at 10:45am	Hybrid
Strength Training with Barb	Fridays at 8:30am	Hybrid
Intro to Move & Groove with Lourdes	Fridays at 9:30am	In-person only
Pilates Fundamentals with Lourdes	Fridays at 10:30am	In-person only

No Classes on  
November 25 & 26,  
and December 24  
through January 2 for  
winter break

NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
										1	2	3	4							1
7	8	9	10	X	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	X	X	27	19	20	21	22	23	X	25	16	X	18	19	20	21	22
28	29	30					26	27	28	29	30	31								

**Join our Fitness Room!** The room includes a cable system, dumbbell rack, and cardio equipment. Our goal is to help older adults and adults with disabilities remain active, engaged, and independent in their community. The use of the gym requires an initial orientation and intake.



Email our fitness graduate interns at [robfitnesscenter@gmail.com](mailto:robfitnesscenter@gmail.com) to schedule your orientation or call us 978-623-8320.

FITNESS ROOM HOURS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Open: 8am-11:15am 12:15pm-1:30pm 2:30pm-3:30pm	Open: 8am- 3:30pm	Open: 8am-1:30pm 2:30pm-3:30pm	Open: 8am- 3:30pm	Open: 8am-11:15am 12:15pm-1:30pm 2:30pm-3:30pm



**Medical Transportation:** We continue to provide transportation to vital medical appointments. Please call 978-623-8320 to schedule an appointment. You must be an Andover resident.

**Let's Go Shopping: Wednesday, November 17 10am—2pm**—We are heading to Walmart in North Reading. Please reserve your seat by calling 978-623-8320. This plaza includes a Marshalls & Dollar Tree.



**Grocery Trips:** Market Basket Plaza: Thursdays, door-to-door service. Call to register by Tuesday every week. Cost: Free. Please call 978-623-8320 for more information.



**Meals on Wheels:** Home Delivered Meals are available to any Andover senior who is eligible. To determine your eligibility, please give us a call at 978-623-8320.

**Townie Trips:** Need a ride to a hair appointment or other errand? This is a Personal Ride Service that runs on Tuesdays. \$8.00 round-trip, \$5.00 one-way. Call to make an appointment 978-623-8320. Local Andover trips only.

**Ask the Lawyer—Monday, November 15:** Offered by Justin St. James, Esquire licensed in MA & NH. Appointments are 20 minutes in-person and scheduled in chronological order. Limit of one question/issue. Cost: Free. No tax questions, please.



**Blood Pressure Clinics—Thursdays from 10:00-11:30am:** Drop-in free clinic at the Robb Center. Conducted by the Andover Board of Health.



**Technology Help Desk- Thursdays at 1:30pm:** Have questions about your phone, tablet, or other device? Our team of tech experts is here to help. Drop- in to see if we can help you.



**Hearing Aid Checks/ Cleanings and Hearing Screenings—Friday, November 5 from 9-11am** by Wendy Ring from the Andover Hearing Center, LLC. Drop-in clinic.



**Brown Bag- Tuesday, November 23 from 9:30-10:30am:** This once a month service provides a bag of shelf stable groceries for those already approved by Elder Services of the Merrimack Valley. Eligibility cards must be presented at pick-up. November Brown Bag will be picked-up from the Robb Center (30 Whittier Court) between 9:30—10:30am.

Applications available through Elder Services of the Merrimack Valley: 978-683-7747.

**Friendly Caller:** Andover Elder Services volunteers continue to check in with folks. Please let us know of anyone we should be calling or if you would like to receive a call from a friendly voice. Please call 978-623-8320.



**Need Help with Medicare? SHINE Can Help!** The SHINE program is a federally funded, free counseling program for current and future Medicare beneficiaries. We are staffed by trained counselors who will offer you an unbiased review of all your Medicare insurance choices, questions and concerns. Counselors are available for one on one appointments by phone, e-mail, or possible video conferencing. Please call 978-623-8320 to schedule an appointment.



Greater Lawrence Community Action Council will once again be facilitating Fuel Assistance applications this year. GLCAC Inc. can help keep you and your family warm this winter and reduce your energy bills. GLCAC's energy programs offer: Fuel assistance, Free weatherizing, Free energy audits, and Free emergency repairs to heating systems.

**GLCAC has set aside the following dates and times for individual -appointments:**

**Friday, December 10, 2020 – 9am – 12 pm**

**Friday, January 14, 2021 – 9am – 12 pm**

There will *NOT* be any walk-in appointments. To make an appointment please call 978-623-8320.

Certain documentation is required for these appointments. Please contact us for more information.



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## AES November Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>9:00 Quilting Group 9:00 Sunrise Singers <b>10:00 1,000 Cups of Coffee with Jane Burns</b> 10:15 Rhythm Aires <b>Roast Pork</b> <b>1:00 Monday Matinee</b> 1:00 Fix-It Shop 1:00 Short Stories Group</p>	<p><b>2</b></p> <p>9:00 Comfort Critters <b>10:00 TRIPPS</b> 11:00 WISC <b>Stuffed Chicken</b> 1:00 Canasta 1:00 Mah Jong 1:00 Social Bridge <b>2:00 Community Curiosities</b></p>	<p><b>3</b></p> <p>9:00 MOAG <b>10:00–11:30 Flu Clinic</b> 10:30 Write Stuff <b>American Chop Suey</b> 12:30 Knit Wits</p>	<p><b>4</b></p> <p>9:00 Chroniclers 10:00 Scale Modeling Club 10:00 Open Art Studio 10:00 Blood Pressure 10:00 Meditation with Chip 10:00 DMC <b>Salmon</b> 1:00 Duplicate Bridge 1:30 Tech Help Desk</p>	<p><b>5</b></p> <p>8:30 French Group 9-11 Hearing Aid Checks 9:00 Nature Walk 9:30 Move &amp; Groove 10:00 ACCC Gathering <b>Lasagna</b> 1:00 Canasta 1:00 45's 1:00 Social Bridge 1:30 Keep Tangling 2:00 Tai Chi Fan Dancing</p>
<p><b>8</b></p> <p>9:00 Quilting Group 9:00 Sunrise Singers <b>10:00 Living Well</b> 10:15 Rhythm Aires 10:00 Non-Fiction Book <b>Stuffed Peppers</b> <b>1:00 Monday Matinee</b> 1:00 Short Stories Group</p>	<p><b>9</b></p> <p>9:00 Comfort Critters <b>10:00 TRIPPS</b> 11:00 WISC <b>Chicken Meatball Subs</b> 1:00 Canasta 1:00 Mah Jong 1:00 Social Bridge</p>	<p><b>10</b></p> <p>10:30 Write Stuff <b>Salisbury Steak</b> 12:30 Knit Wits <b>2:00 Staying Safe &amp; Secure Online</b></p>	<p><b>Veterans Day</b></p>	
<p><b>15</b></p> <p>9:00 Quilting Group 9:00 Sunrise Singers 9:30 Ask the Lawyer 10:15 Rhythm Aires <b>Chicken Marsala</b></p>	<p><b>16</b></p> <p>9:00 Comfort Critters <b>10:00 Craft with SWH</b> 11:00 WISC <b>Hot Dogs</b> <b>1:00 Mae West</b></p>	<p><b>17</b></p> <p>9:00 MOAG 10:00 Let's Go Shopping 10:30 Write Stuff <b>Chicken Parm</b> 12:30 Knit Wits</p>	<p><b>18</b></p> <p>9:00 Chroniclers 9:00 WOAG 10:00 Scale Modeling Club 10:00 Open Art Studio 10:00 Meditation with Chip</p>	<p><b>19</b></p> <p>8:30 French Group 9:00 Nature Walk 10:00 ACCC Gathering <b>Salmon</b> 1:00 Canasta</p>


<p><b>1:00 Monday Matinee</b>  <b>1:00</b> Fix-It Shop  <b>1:00</b> Short Stories Group  <b>1:30</b> Family Caregiver Support Group</p>	<p><b>1:00</b> Canasta  <b>1:00</b> Mah Jong  <b>1:00</b> Social Bridge</p>	<p><b>2:00 Digital Access</b></p>	<p><b>10:00</b> Blood Pressure  <b>10:00</b> DMC  <b>12:00 FRIENDSGIVING</b>  <b>1:00</b> Duplicate Bridge  <b>1:30</b> Tech Help Desk  <b>2:00</b> Ping-Pong</p>	<p><b>1:00</b> 45's  <b>1:00</b> Social Bridge  <b>1:30</b> Keep Tangling  <b>2:00</b> Tai Chi Fan Dancing</p>
<p><b>9:00</b> Quilting Group  <b>9:00</b> Sunrise Singers  <b>10:15</b> Rhythm Aires  <b>Sue's Meatloaf</b>  <b>1:00 Monday Matinee</b>  <b>1:00</b> Short Stories Group</p>	<p><b>9:00</b> Comfort Critters  <b>9:30-10:30 Brown Bag Distribution</b>  <b>11:00</b> WISC  <b>Chicken Cacciatore</b>  <b>1:00</b> Canasta  <b>1:00</b> Mah Jong  <b>1:00</b> Social Bridge</p>	<p><b>23</b></p>	<p><b>9:00</b> Frank Moran Office Hours  <b>10:30</b> Write Stuff  <b>Pot Roast</b>  <b>12:30</b> Knit Wits</p>	<p><b>24</b></p>
<p><b>9:00</b> Quilting Group  <b>9:00</b> Sunrise Singers  <b>10:15</b> Rhythm Aires  <b>Mac &amp; Cheese</b>  <b>1:00 Monday Matinee</b>  <b>1:00</b> Short Stories Group  <b>1:00</b> Fix-It Shop</p>	<p><b>9:00</b> Comfort Critters  <b>11:00</b> WISC  <b>Chicken Cutlet Sandwich</b>  <b>1:00</b> Canasta  <b>1:00</b> Mah Jong  <b>1:00</b> Social Bridge</p>	<p><b>30</b></p>	<p><b>Congregate Lunch Main</b>  <b>Entrée is subject to change. Veggie Burger available upon request.</b></p>	<p><b>Thanksgiving Break</b></p>
<p><b>All programs are subject to change to meet the needs of the town.</b></p>		<p><b>Refer to page 5 for the Fitness Schedule</b></p>		

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**Quilting Group: Mondays at 9:00am**—Join a group of dedicated quilters to share tips and tricks.


**Sunrise Singers: Mondays at 9:00am** —Join a wonderful choral group that performs when ready.

**Rhythm Aires: Mondays 10:15am**—Rhythm Aires is a costumed chair dancing group with tambourines to lively music (blue grass, dixie, etc.) No experience needed, just bring a joyful attitude and we'll teach you the rest. Get ready for good exercise, lots of laughs, and performances when the group is ready . 

**Short Stories: Mondays 1:00pm**— We have room for a couple of more drama enthusiasts! Prior to beginning our Best American Short Story sessions, we will spend several weeks reading and discussing “Cost of Living” by Martyna Majok and “The Piano Lesson” by August Wilson. For more information contact Eileen [eileenreilly42@gmail.com](mailto:eileenreilly42@gmail.com)

**Comfort Critters: Tuesdays at 9:00am**—Join a group that creates little “comfort critters” that get donated to hospitals. 

**Women’s Intercultural Sharing Club: Tuesdays at 11:00am**— Join a group of women to share, discuss, and appreciate different cultures. This group is welcoming to all! **New members are welcome.**

**The Write Stuff: Wednesdays at 10:30am**—Join this group to write novels, poems, and more. **New members are welcome.** 


**Knit Wits: Wednesdays at 12:30pm**—Join a group of knitters. New knitters are always welcome.

**Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:00am**—Join a group that produces videos. No experience necessary. Email [AndovChron2@gmail.com](mailto:AndovChron2@gmail.com) to sign-up and ask questions.

**Scale Modeling Club: Thursdays at 10:00am**—Join a group to discuss, build and share scale models. 

**Open Art Studio: Thursdays at 10:00am**—This group paints together using different mediums. Join them for a group gathering to paint together, encourage creativity, and share tips.

**Meditation with Chip on Zoom: Thursdays at 10:00am**—Join our breathing meditation session every Thursday which includes a discussion on a mindfulness topic you select and a group meditation. To join, please email [chiprdcarter@gmail.com](mailto:chiprdcarter@gmail.com) for the weekly updated free link.

**Ping-Pong: Thursdays at 2:00pm**—Drop-in to play a round of Ping-Pong. Looking for new players. 

**Phillips Academy Intergenerational Connections Club: Fridays at 11:20am**—Connect with Phillips Academy Students . Any Questions? Email [bgarozzo23@andover.edu](mailto:bgarozzo23@andover.edu)

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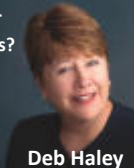
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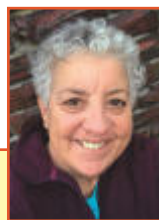
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**Fridays at 8:30am—Le Petit Dejeuner, the French Conversation Group:** Venez parler français dans un cadre convivial en petit groupe. Il n'y a pas de chef, alors les membres assument leurs responsabilités. Quelques fois nous lisons à haute voix un livre et tenons une conversation ouverte. À tour de rôle, choisissez un thème à présenter. La littérature française, la géographie, la culture, la grammaire ... à vous de choisir. Le groupe est gratuit et il se réunit le vendredi à 8:30-10am. Il faut s'inscrire. Les nombres sont limités.



Mah Jong (looking for new players)	Tuesdays	1:00pm— 3:30pm
Canasta (looking for new players)	Tuesdays & Fridays	1:00pm—4:00pm
Social Bridge	Tuesdays & Fridays	1:00pm—3:30pm
Duplicate Bridge	Thursdays	1:00pm—4:00pm
45's (looking for new players)	Fridays	1:00pm—3:30pm



MHL LIBRARY

**Thursday, November 4, 2021 at 1:00pm: Virtual Art Afternoons** - John Singer Sargent: Master with a Brush. John Singer Sargent, a masterful nineteenth-century artist, is celebrated for his Grand Manner portraiture of the European and American elite. Art historian and educator Jane Oneail will explore his most beloved as well as rarely seen images, including portraits, forays into Impressionism and stunning watercolors. The program will be recorded. Register on [MHL.org](http://MHL.org)

**Thursday, November 4, 2021 at 7:00pm Beyond the Mayflower & 1620:** Native Americans of New England— Professor Christoph Strobel will share case studies, historic sketches, and biographies from throughout New England to explore the story of Native Americans in the region. Register on [mhl.org](http://mhl.org)



Last month, Senior Connections enjoyed a trip to the Addison Gallery of American Arts at Phillips Academy. Participants enjoyed looking at the various forms of artwork, as well as a change of scenery! We have plenty to look forward to in November as well. Bridges by EPOCH will host an activity making Thanksgiving centerpieces and Billy Glynn will be returning to play the piano and sing some old-time favorites. Senior Connections is always doing something fun and we currently have openings! If you are interested in learning more about the program, please contact Stephanie McSurdy at 978-623-8339 or [stephanie.mcsurdy@andoverma.us](mailto:stephanie.mcsurdy@andoverma.us).



ADDISON  
Addison Gallery of American Art

There are several openings on the FRIENDS board. If you are interested in participating you can contact Dana MacKay 978-475-4451. Want another way to support us? Make your Amazon purchases through AmazonSmile (smile.Amazon.com) and enter the name of the Andover Senior Community Friends Inc. as your charity. Amazon will donate a portion of your purchase price to us. It costs nothing and will benefit us!

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Help the FRIENDS support the free programs at the Andover Senior Center! Check out all we do at our website:

[www.andoverscf.org](http://www.andoverscf.org) or scan this code



**Please Mail to Andover Senior Community Friends, P.O. Box 576, Andover, MA. 01810.**

**Thank you to the Andover Senior Community Friends for decorating the Robb Center's common areas and for sponsoring the live entertainment for the Oktoberfest party!**



## **Comfort Food Fundraiser Thank You**

The Andover Senior Community Friends extend its most sincere thanks to all who participated in the 2021 Fall Comfort Food Fundraiser. Your generosity is heartwarming. Of particular note, our first "Donate a pie to a senior or veteran in need," the donations to which were matched by the Friends was a huge success.

The Proceeds from our fundraising enable us to execute on our mission to "Enhance the lives of Andover seniors" through supplemental programming, lectures and events at the Robb Center, and other actions in the Andover Community. The Friends wish to thank you, our generous community, for all you do to make life better for the seniors of Andover.

**Dana MacKay**  
**Andover Senior Community**  
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## Mark your Calendars for December Events!



- **December 8 at 1:30pm:** Holiday Celebrations Around the World Panel Discussion
- **December 10 at 12pm:** November/December Birthday Social
- **December 14 at 10:30am:** Holiday Craft with Senior Whole Health
- **December 15 at 1:30pm:** Holiday Dessert Cooking Demonstration by Stonehill
- **Date TBD:** Winter Festival of Music

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