

# The Robb Center Report

## Andover's Senior Newsletter

JUNE 2024



**Robb Center Cookout on Thursday, June 13 at 5:30pm followed by the White Street Band at 6:30pm-** Choice of cheeseburger, hamburger, veggie burger or grilled chicken (\$13) or hot dog (\$10). Price includes salads, drink and dessert. Pre-registration required by calling 978-623-8320 or by coming to the front desk. Registration deadline is Monday, June 10 at 2:00pm.



Join us after the cookout at 6:30pm for a great performance by the White Street Band who offer an energetic blend of rock and blues that will get you up and partying. Sponsored by the Andover Senior Community Friends.

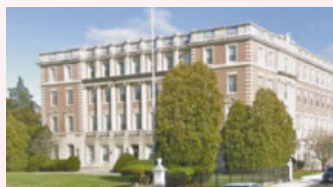


### Father's Day Luncheon and Mini Golf:

**Thursday, June 20 at 12:00pm-** Join us for a Pulled Pork lunch and mini golf fun! We will have a mini golf course set up for people to enjoy after lunch. Registration required. Registration for Andover residents opens on Monday, June 3. Non-Andover residents can sign up starting on Wednesday, June 5. Cost: \$10 per ticket.



**Shawsheen East Virtual Tour by the Andover Center for History and Culture: Tuesday, June 25 at 1:30pm-** On the East side of Route 28 you will learn about the American Woolen Company's many buildings, and highlights of William Wood's planned community, "Shawsheen" created in the early 20th century in what used to be called Frye Village. Enjoy photos of the Balmoral Spa, playing fields, dance hall, garage, restaurant and the white clapboard homes made for middle managers at the company. Sponsored by the Andover Cultural Council.



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Sue Starbird

**SOCIAL MEDIA**

AndoverElderServices



andover\_elder\_services

**CENTER HOURS**

**Hours:** Mon, Tues, Wed & Fri 8:00am—4:00pm  
Thursday 8:00am—8:00pm

**WHAT IS THE ROBB CENTER?**

The Andover Robb Center is the home of the Elder Services Division. We offer a wide variety of programs and services to support the community.

**PROGRAM REGISTRATION INFORMATION**

For programs that do not have an associated fee, you may register in-person at the front desk, or on [myactivecenter.com](http://myactivecenter.com) or by calling the center.

For programs with an associated fee, you may register in-person at the front desk or by calling the center.

Payment is due upon confirmation that the program has met minimum enrollment.

Due to popularity, Andover residents are allowed early registration when noted in the program description.

Phone: (978) 623-8320

Online: [www.myactivecenter.com](http://www.myactivecenter.com)

Email: [senior.center@andoverma.us](mailto:senior.center@andoverma.us)

**REFUND POLICY**

Should a patron request a refund for a class, trip or event, The Robb Center will fully reimburse a credit towards a future program or class. If the patron would like a refund check mailed to them, the processing fee will be 10% of the full amount.

**INCLEMENT WEATHER GUIDANCE**

The Robb Center is in the unique position of following both school and town guidelines for weather related delays and cancellations. When **Town offices** are closed due to inclement weather, The Robb Center is closed and programs including transportation are cancelled. When a storm is predicted to end by noontime, please contact The Robb Center to verify if we are open or closed, or visit [www.andoverma.gov/storm](http://www.andoverma.gov/storm) or dial 311 within Andover.

**David Shikes Comedy Show:**

**Tuesday, June 4 at 1:30pm-**

David Shikes travels NH & MA doing volunteer comedy shows for seniors. He is a retired book seller who devotes himself to entertaining at Senior Centers for the fun of laughter.

**Dull Men's Club:**

**Thursday, June 6 & 20**

**at 10:00am-** The DMC meets at The Robb Center on the first and third Thursday every month. Come along and join in on an informal round table discussion of current events, history, technology, medicine, sports and travel. Perhaps you might share an anecdote or joke with your fellow "Old Guy's". We do not discuss politics or religion.



**Diabetes and Older Adults:**

**Thursday, June 6 at 1:30pm-**

This diabetes education presentation will discuss diagnosis, risk factors, signs and symptoms, and special considerations for older adults. Nutrition, physical activity, and local resources available to you will be discussed. Please feel free to bring your glucometer and best practices will be demonstrated. Disclaimer: This presentation is designed for educational purposes only, no specific medical advice will be provided.

**Non-Fiction Book Club: Monday,**

**June 10 at 10:00am-** This club explores contemporary issues, history, biography and more. Group contact is Joanne at [joannedahlgrenma@gmail.com](mailto:joannedahlgrenma@gmail.com).

**Lawrence General Hospital**

**Presentation: Tuesday, June 11 at**

**1:30pm-** Dr. Abha Agrawal, MD, FACP, FACHE, President and CEO of Lawrence General Hospital will speak on community collaboration imperative for equitable healthcare. This includes reducing six areas of waste, reorganizing delivery of care, and creating new synergies with Steward's nearby hospitals.

**Reflection/Connection Art**

**Presentation: Wednesday, June 12**

**at 1:30pm-** The husband and wife team of Janice and David Jones share a passion for creating art and enjoy presenting lectures, trunk shows and workshops. David specializes in oil painting and Janice specializes in textiles.

**Andover Photography Connection**

**(APC): Friday, June 14 at 10:00am-**

Join this group of photo enthusiasts to share photography techniques, interests and experiences.



**Men's Breakfast: Tuesday, June 18**

**at 8:30am-** Officer Jake Allard from the Andover Police Department will join us this month. Enjoy pancakes, sausages, home fries, orange juice & coffee. Registration required. Fee: \$6

**OsteoBoston Information Session:**

**Tuesday, June 18 at 1:30pm-** Have you been diagnosed with Osteopenia or Osteoporosis? Would you like to increase your knowledge base to be a better steward of your own bone health? Come and learn about OsteoBoston's Support Groups and Resources by Shelly Gladstein.

**Birthday Social: Thursday, June 27 at 12:00pm-**

All are welcome! Entrée will be Meat Loaf. Music by Joe Leary. Delicious desserts & raffle from Bridges. Registration required. Sponsored by Andover Senior Community Friends.



**Book Club: Thursday, June 27 at**

**1:30pm-** This group discusses a different book every month. This group is currently full.



**Smartphone Tutoring Program:**

**Tuesdays, starting July 10 through August 14 from 10:00am to**

**11:00am-** Having trouble navigating your phone? This program will pair you up with a student tutor to spend time with you on your individual technology needs. This six week program will provide one-on-one support for smartphone users. Registration required, seats limited. Participants must commit to at least 5 weeks.

**Healthy Eating Discussion Group with Cherie Monahan, RN, Public Health Nurse:**

**No Meeting in June. The next meeting is Wednesday, July 24 at 1:00pm-** Join us to discuss all the ways we can support our physical well-being through healthy eating. New members welcome!



**Congregate Lunch: Monday through Friday at 12:00pm-** Join us for Congregate Lunch. Reservations for congregate lunch, along with our monthly Birthday Socials, are required by 3:00pm the previous day. Reserve a seat by calling 978-623-8320. A \$3.00 donation is suggested. Daily entrées are listed on page 10.

**Monday:**

**Drawing Class with Steve: 8:30am or 10am-** For the upcoming schedule refer to [myactivecenter.com](http://myactivecenter.com).

**Quilting Group: 9:00am- 11:00am-** Join a group of dedicated quilters to share tips and tricks.

**Ladies Bridge: 10:00am- 12:00pm**

**Monday Matinees: 1:00pm-** Join us to watch a film on the “big screen”.

**Hand & Foot Card Game: 1:00pm- 3:30pm**

**Ping-Pong: 1:00pm-** Drop-in to play a round of Ping-Pong.

**Tuesday:**

**Comfort Critters: 9:00am- 11:00am-** This group creates little “comfort critters” that are donated to hospitals. The group is full.

**Mah Jongg: 1:00pm- 3:00pm**

**Social Bridge: 1:00pm- 3:30pm**

**Best American Short Stories Group: The group will meet on Zoom every other Monday at 1:00pm-** The editors for this year are Min Jin Lee and Heidi Pitlor. Paper and digital editions are available online and at some local sources. To register or confirm dates, contact Eileen Reilly at [eileenreilly42@gmail.com](mailto:eileenreilly42@gmail.com).



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## Wednesday:

**Morning Crafting Group: 9:30am-11:30am- Crafters wanted!** Join this group to make crafts for various fairs that support The Robb Center.

**Le Cercle Francofun: 9:30am-** French Conversation Group.

**The Write Stuff: 10:30am-** Join this group to write novels, poems and more.

**Knit Wits: 12:30pm-** Join a group of knitters. New knitters are always welcome.

**Acrylic Class: 1:00pm-** For the upcoming schedule refer to [myactivecenter.com](http://myactivecenter.com).

**Basic Tap Class with Audrey: 1:15pm-** All are welcome to come and dance. For any new participants please contact Audrey at 978-475-4963.

## Thursday:

**Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:15am-** Join a Group that produces videos at the Andover TV Studio called "There is Something About Andover". In addition to our shows being aired on the Local Cable Channels, each month we will provide directions of how to access past shows. **THIS MONTH WE ARE FEATURING THE PROGRAM "A.L.I.C.E. WITH MARK HIGGENBOTTOM (ACTIVE SHOOTER SITUATIONAL STRATEGIES)".** You are a few Clicks away: [Andovertv.org](http://Andovertv.org), go to watch, programs, TISAA, scroll down to **MARCH 2022**, click arrow in the bottom left hand corner, enjoy!

**Scale Modeling Club: 10:00am-** Join a group to discuss, build and share scale models. **No Scale Modeling on June 20.**

**Open Art Studio: 10:00am-** The members of this group paint together, using different mediums, encouraging creativity and sharing tips. New members welcome.

**Duplicate Bridge: 1:00pm- 4:00pm**

**Italiano Club: 2:00pm-** 1st & 3rd Thursday of every month.

**Ping-Pong: 2:00pm & 6:00pm-** Drop-in & play a round of Ping-Pong.

## Friday:

**Le Petit Dejeuner, the French Conversation Group: 8:30am-** Venez parler français dans un cadre convivial en petit groupe. Il n'y a pas de chef, alors les membres assument leurs responsabilités. Quelques fois nous lisons à haute voix un livre et tenons une conversation ouverte. À tour de rôle, choisissez un thème à présenter. La littérature française, la géographie, la culture, la grammaire ... à vous de choisir. Il faut s'inscrire. Les nombres sont limités.

### English Listening Skills Series for Chinese

**Speakers: 9:30am-** We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at [weixuid@yahoo.com](mailto:weixuid@yahoo.com).

隔周星期五的 10:00am: 参加安多福华人联谊会 Zoom 网上聚会 (Andover Chinese Charm Circle). 请发送电子邮件给William: [weixuid@yahoo.com](mailto:weixuid@yahoo.com).

**45s Card Playing: 1:00pm- 3:30pm**

**Social Bridge: 1:00pm- 3:30pm**

**Zentangle Workshop: 1:00pm-** 3rd Friday of every month. Refer to [myactivecenter.com](http://myactivecenter.com) for the upcoming schedule.



**Women’s Outdoor Adventure Group (WOAG):**  
**Thursday, June 6: Deer Jump & Thursday, June 20: Rabbit Pond**

Please contact Jane at [fleecy1.godmother@verizon.net](mailto:fleecy1.godmother@verizon.net) for updates. For any participation in Adventure Groups, participants must sign our Participation Waiver for 2024 form once a year found on our website, [www.andoverma.gov/227/Elder-Services](http://www.andoverma.gov/227/Elder-Services). For each individual hike, participants must register on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.

Hiking on wooded trails can be challenging and present the participant with risks due to the wide variety of conditions. Once registered as a member of the WOAG/MOAG group, you will receive information for each hike. Please read the descriptions before signing up. Please note that cell service is not always available on the trails and in the case of emergency it may take First Responders longer to reach your location. Leaders are not certified to administer first aid and have discretion to disallow a hiker based upon safety concerns. Hikers assume all responsibility for their personal safety and are required to dress appropriately for the conditions and carry water.

**Kayaking at Poms Pond: Thursdays, June 20 & 27 from 8:30am to 10:00am-** Come and join us at Poms Pond to kayak! Kayaks & life vests will be provided. This program is for intermediate kayakers. If inclement weather, we will cancel. Registration required by calling 978-623-8320 or on [myactivecenter.com](http://myactivecenter.com). All participants must sign a 2024 Participation Waiver.



**Golf Club: Tuesdays at 11:00am-** Hello Golfers, the Council on Aging is pleased to announce the 2024 Golf League open to all. Location: Course - Hillview Golf Course at 149 North St, North Reading, MA - 978-664-4435. Cost: 9 holes \$30 with cart and walking is \$20. Weather/course conditions permitting. Please email Russ Moran to register at [gsmoran@yahoo.com](mailto:gsmoran@yahoo.com). For every outing, please register by emailing Russ a week in advance.



**YMCA Refresh Relax Yoga with Soki: Tuesdays at 2:30pm-** Join us for a **free** drop-in class. Sponsored by Andover Home for the Aged People (AHAP). This is a gentle & therapeutic yoga for everyone. Benefits include softening tight/stiff neck & shoulders, strengthen lower back and body, boost immune system by lymphatic circulation and improving posture. Every class will cover fundamental body alignments and variations of breathing techniques. This class does not utilize a chair.



**Nature Walks with Evelyn: Fridays at 9:00am-** These walks occur on Friday mornings, weather permitting. Walk locations chosen weekly. Make sure to wear suitable shoes for uneven terrain. To be added to the email list please call the front desk at 978-623-8320.



**Fitness Room:** Our goal is to help older adults & adults with disabilities remain active, engaged and independent in their community. Fitness Room hours are: Monday: 8:00am-4:00pm, Tuesday: 10:30am-4:00pm, Wednesday: 8:00am-4:00pm, Thursday: 8:00am-8:00pm and Friday: 8:00am-4:00pm. This room is free to Andover residents and \$100 a year for non-Andover residents. To schedule an orientation register on [myactivecenter.com](http://myactivecenter.com) or call 978-623-8320. Orientations are held on Tuesdays at 10:30am by Denise Boucher.



**The Robb Center Trips**

**June 5th: Maudsley State Park.** Lunch at the Deck in Salisbury.

**June 12th: Tower Hill Botanical Gardens.** Lunch at Farm & Fork.

**June 19th: Hampton Beach Sand Castle Competition.** Lunch at the Hungry Traveler.

**June 26th: Hampton Beach Sand Castle Competition.** Lunch at the Hungry Traveler.

**Bus Trips/ Best of Times Trips**

**Wednesday, July 17: Ultimate Jimmy Buffett Tribute Show.** At Foster’s in Maine.

**Wednesday, August 21 through 23: Penn Dutch Trip.** Join us for a three day Penn Dutch Trip. Best of Times Trip.

**Friday, September 20 through 22: Lake George Balloon Festival:** Join us for a weekend at Lake George to attend the balloon festival!

**Andover residents get priority when trips meet capacity. Costs vary, seats limited. Call 978-623-8320 for details.**

*If a participant needs to cancel a trip for any reason, The Robb Center needs at least 48 hours from the trip to issue a credit for transportation. Cancellations with less than a 48 hour notice, will not result in a credit. After repeated cancellations, you will be placed on the waitlist for future trips. Any “Best of Times Trips” require 2 weeks notice.*

**LET’S GO SHOPPING WITH THE ROBB CENTER!**



**HOME PICK UP STARTS AT 10:00AM**

**Monday, June 3 & 17 - Walmart Supercenter Salem, NH**



**Tuesday, June 4 & 18 - Target in Wilmington**



**Monday, June 10 & 24 - Downtown Andover**



**Tuesday, June 11 & 25 - Rockingham Mall**



**To sign up please call 978-623-8320. Andover residents only. Cost: FREE.**

**Uber Pilot Program:** The Robb Center is now offering Uber Vouchers **to and from The Robb Center** for Andover residents age 60+. This program is available when the standard Division transportation is unavailable. Please call 978-623-8320 for details and eligibility information.

**Rides to The Robb Center:** We provide transportation to and from The Robb Center at no cost. Call to check availability and schedule your ride at 978-623-8320. Andover residents only.

**Medical Transportation:** This volunteer driver service provides door-to-door transportation for medical appointments. Contact Ashley English at 978-623-8320 for program details and eligibility.

**Grocery Trips:** Market Basket Plaza on Thursdays, door-to-door service. Call to register by Tuesday, every week. Cost: Free. Please call 978-623-8320 for more information. Andover residents only.

**Meals on Wheels:** Home Delivered Meals are available to Andover seniors. To determine your eligibility, please give us a call at 978-623-8320. Andover residents only.

**Bereavement Support Group: Wednesday, June 5 at 2:00pm-** Join us for a Bereavement Support Group lead by a representative from Tufts Medicine, Care at Home. Our group supports each other and discusses some of the ways the loss of someone significant can affect our lives. Cookies & water will be provided. Registration required.



**Parkinson’s Disease Support Group: Thursday, June 13 at 1:30pm-** Guest speaker Rochelle St. Onge, MS, RD, LDN, CNSC, Registered Dietician, from Beth Israel Deaconess Medical Center will be attending. She will speak on “The importance of proper nutrition with Parkinson’s”. Registration Required.

**Family Caregiver Support Group: Monday, June 17 at 1:30pm-** Please join us for a support group for family caregivers to connect with others, share concerns, and learn about available resources. Registration requested.

**ALCOHOLICS ANONYMOUS® Meetings at The Robb Center: Thursdays, 7:00pm - 8:00pm-** ALCOHOLICS ANONYMOUS® is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Open meeting, no registration.

The Supportive Day Program participants had so much fun attending the Mother’s Day Luncheon and Fashion Show last month. The month of June will be dad’s turn to be celebrated at the Father’s Day Luncheon. We will honor Juneteenth with a discussion of inspirational African Americans, Booker T. Washington, Harriet Tubman, and John Lewis. We will honor the beloved “Stars and Stripes,” our national flag on Flag Day. As it is summer, we will be sure to add some ice cream into our schedule! We are always looking for new members to join our group! Please contact The Robb Center at 978-623-8320 to learn more about the Supportive Day Program.



**Hearing Aid Checks/Cleanings & Hearing Screenings: Friday, June 7 from 9:30am to 10:30am-**

By Wendy Ring from the Andover Hearing Center, LLC. Drop-in clinic.



**Ask the Lawyer: Monday, June 10 at 9:30am-**

Offered by Justin St. James, Esquire, licensed in MA & NH. Appointments are 20 minutes in-person and scheduled in chronological order. Limit of one question/issue. Cost: Free.

**\*No tax questions, or immigration questions, please.\***

**Fix-It Shop: Monday, June 10 & 24 from 1:00pm to 3:00pm-**

Bring your lamps, small appliances, chairs, small tables and any other small project and this group will try to fix it! **Now offering knife sharpening!**



Cost: \$5 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents. \$2 diagnostics fee.

**Food Pantry: Wednesday, June 12 from 10am to 12:00pm-**

The Merrimack Valley YMCA Mobile Food Pantry will be at The Robb Center the 2<sup>nd</sup> Wednesday of every month. The mobile food pantry will be here and food bags will be distributed on a first come, first served basis.



**Mend-It Shop: Friday, June 14 & 28 from 1:00pm to 3:00pm-** Need a clothing article fixed?

**Services Offered:**

**Button fixed or replaced:**

\$3 donation per button.

**Hems:** Jeans, dresses, pants & blouses \$5 donation, \$10 donation if requires cutting.

**Pant pockets fixed or replaced:**

\$8 donation.

*\*Simple fixes only. We are not professionals. 3 article limit per customer. Additional charges for non-Andover Residents.*



**Brown Bag “Mobile Market”:**

**Tuesday, June 25 from 9:00am to 10:30am-**

This once a month service provides a bag of shelf stable groceries for those already approved by AgeSpan. Brown Bag may be picked up from The Robb Center between 9:00am-10:30am. Applications available through AgeSpan, call 978-683-7747.



**Technology Help Desk-**

**Tuesdays at 10:00am:**

Have questions about your phone, tablet or other device? Our team of tech experts are to help!



**Blood Pressure Clinics: Thursdays**

**from 10:00am-11:30am-**

**No BP Clinic on June 20.**

Drop-in free clinic conducted by the Board of Health.



**Need Help with Medicare?**

**SHINE Can Help!**

SHINE is a federally funded program:

**Serving Health Insurance Needs of Everyone** on or eligible for Medicare.

Certified **SHINE** counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare. **SHINE** counselors will also assist to help you understand Medicare and your options and will help you find all possible cost savings. If you find yourself enrolled in a plan that is not in your best interest, a SHINE counselor will review your coverage and help to determine if you are qualified to make a change at this time of year and will assist with the process.

Call 978-623-8320 to schedule a SHINE appointment. Call your local SHINE office at 978-946-1374.



**Podiatry Appointments:**

We offer podiatry appointments at The Robb Center. These appointments fill up fast.

Call the front desk for more details 978-623-8320.



**Need locker space?** We are renting out lockers at The Robb Center for \$10 per month. Keep your fitness gear and items here at the Center. Lockers limited, first come, first served. Ask the front desk for details.



## JUNE 2024 CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**Menu items subject to change.**  
**With 24 HOUR NOTICE a veggie burger can be served at**  
**congregate lunch instead of planned meal.**  
**For a large print calendar, please see the front desk.**

<p>3  <b>9:00</b> Quilting Group  <b>10:00</b> Walmart  <b>10:00</b> Ladies Bridge  <b>Chicken Cacciatore</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong  <b>1:00</b> Short Stories</p>	<p>4  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Target  <b>Baked Ziti w/ Bolognese</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge  <b>1:30 David Shikes Comedy Show</b></p>	<p>5  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:30</b> Write Stuff  <b>Orange Flavor Beef</b>  <b>12:30</b> Knit Wits  <b>1:15</b> Tap Class  <b>2:00</b> Bereavement</p>	<p>6  <b>9:00</b> WOAG  <b>10:00</b> DMC  <b>10:00</b> Scale Modeling  <b>10:00</b> Open Art  <b>10:00</b> BP Clinic  <b>Herb-Crusted Haddock</b>  <b>1:00</b> Duplicate Bridge  <b>1:30 Diabetes &amp; Older Adults</b>  <b>2:00</b> Ping-Pong  <b>2:00</b> Italiano Club  <b>5:30 LGBTQ+</b></p>	<p>7  <b>8:30</b> French Group  <b>9:30</b> Hearing Aid  <b>10:00</b> ACCC  <b>10:00</b> Social Circle  <b>Turkey Chili</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>2:00</b> Tai Chi Fan</p>
<p>10  <b>9:00</b> Quilting Group  <b>9:30</b> Ask the Lawyer  <b>10:00</b> Non-Fiction Book Club  <b>10:00</b> Downtown  <b>10:00</b> Ladies Bridge  <b>Cheese Ravioli</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong  <b>1:00</b> Fix-It Shop</p>	<p>11  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Rockingham Mall  <b>Stuffed Chicken</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge  <b>1:30 Lawrence General Hospital Presentation</b></p>	<p>12  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:00</b> Food Pantry  <b>10:30</b> Write Stuff  <b>Baked Cod w/ Peppers</b>  <b>12:30</b> Knit Wits  <b>1:15</b> Tap Class  <b>1:30 Reflection/Connection Art Presentation</b></p>	<p>13  <b>10:00</b> Scale Modeling  <b>10:00</b> Open Art  <b>10:00</b> BP Clinic  <b>BBQ Turkey Tips</b>  <b>1:00</b> Duplicate Bridge  <b>1:30</b> Parkinson's  <b>2:00</b> Ping-Pong  <b>5:30 Robb Center Cookout</b>  <b>6:30 White Street Band</b></p>	<p>14  <b>8:30</b> French Group  <b>9:30</b> ESL  <b>10:00</b> Social Circle  <b>10:00</b> Andover Photo  <b>Ham &amp; Cheese Quiche</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Mend-It Shop  <b>2:00</b> Tai Chi Fan</p>
<p>17  <b>9:00</b> Quilting Group  <b>10:00</b> Walmart  <b>10:00</b> Ladies Bridge  <b>Chicken Piccata</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong  <b>1:00</b> Short Stories  <b>1:30</b> Caregiver</p>	<p>18  <b>8:30 Men's Breakfast</b>  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Target  <b>Beef Stew</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge  <b>1:30 OsteoBoston Information Session</b></p>	<p>19  <b>CLOSED FOR JUNETEENTH</b>  </p>	<p>20  <b>9:00</b> WOAG  <b>10:00</b> DMC  <b>10:00</b> Open Art  <b>Father's Day Luncheon</b>  <b>1:00</b> Duplicate Bridge  <b>2:00</b> Ping-Pong  <b>2:00</b> Italiano Club  <b>6:00 Write Stuff Open Mic</b></p>	<p>21  <b>8:30</b> French Group  <b>10:00</b> ACCC  <b>10:00</b> Social Circle  <b>Sesame Chicken</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Zentangle Workshop  <b>2:00</b> Tai Chi Fan</p>
<p>24  <b>9:00</b> Quilting Group  <b>10:00</b> Downtown  <b>10:00</b> Ladies Bridge  <b>Sausage w/Peppers Farfalle</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong  <b>1:00</b> Fix-It Shop</p>	<p>25  <b>9:00</b> Comfort Critters  <b>9:00</b> Brown Bag  <b>10:00</b> Tech Help  <b>10:00</b> Rockingham Mall  <b>Chicken Pesto</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge  <b>1:30 Shawsheen East Virtual Tour</b></p>	<p>26  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:30</b> Write Stuff  <b>Cheeseburger</b>  <b>12:30</b> Knit Wits  <b>1:15</b> Tap Class</p>	<p>27  <b>10:00</b> Scale Modeling  <b>10:00</b> Open Art  <b>10:00</b> BP Clinic  <b>Birthdays Social</b>  <b>1:00</b> Duplicate Bridge  <b>1:30</b> Book Club  <b>2:00</b> Ping-Pong  <b>5:30 Summertime Cookout</b></p>	<p>28  <b>8:30</b> French Group  <b>10:00</b> ESL  <b>10:00</b> Social Circle  <b>Flounder</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Mend-It Shop  <b>2:00</b> Tai Chi Fan</p>



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# Thursday Night Schedule!



## Every Thursday Night:

- Ping-Pong from 4:00pm - 8:00pm.
- Fitness Room is open 8:00am - 8:00pm.

## Special Events: Registration required for all special events.

**Do you need a ride Thursday Nights? Try our Uber Pilot Program!** The Robb Center is now offering Uber Vouchers to and from The Robb Center for Andover residents age 60+. This program is available when the standard Division transportation is unavailable. Please call 978-623-8320 for details and eligibility information.

- **June 6: LGBTQ+ & Allies Social. Dinner at 5:30pm and Drag Night Bingo at 6:30pm!** Get ready to shout "Bingo!" and win some amazing prizes at this Barbie themed event. Registration required. Seats Limited.
- **June 13: Robb Center Cookout at 5:30pm and The White Street Band at 6:30pm-** See page 1 for details.
- **June 20: Write Stuff Open Mic at 6:00pm-** Open to any writers in the area who would like to share their short works (stories, poetry, essays, experimental) in an open mic setting. There will be a sign up sheet and each reading must be 5 minutes or less. Only in-person sign ups will be allowed. Open to all ages. Light refreshments served. Registration requested.
- **June 27: Summertime Cookout at 5:30pm-** Choice of cheeseburger, hamburger, veggie burger or grilled chicken (\$13) or hot dog (\$10). Price includes salads, drink & dessert. Pre-registration required by calling 978-623-8320 or by coming to the front desk. Registration deadline is Monday, June 24 at 2:00pm.

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**State Representative Tram Nguyen Office Hours:** State Rep. Tram Nguyen continues to hold virtual office hours on the first Friday of the month, 10-11am, and the third Tuesday, 5-6pm, via Zoom.

**The dates for June are Friday, June 7 and Tuesday, June 18.** Please sign up at least 24 hours ahead of time using this link: <https://calendly.com/teamtram/officehours>.

As always, you can reach out to Rep. Nguyen’s office at any time to discuss an issue. Simply email her Legislative Director Tobin Abraham at [Tobin.Abraham@mahouse.gov](mailto:Tobin.Abraham@mahouse.gov), or call 617-722-2680.



**Council on Aging Advisory Board:** Ed Plowey, Chair; Amanda Preston, Ralph Bledsoe, Vice-Chair; Gail Bloom, Judy Trerotola, Russ Moran, Dot Hollenbeck, Christina Vidoli, Judith Agnes, Setarreh Massihzadegan, and Kim Butler-Rainen. The June meeting is **Wednesday, June 12 at 3:30pm at The Robb Center. Citizen input welcomed.**

**Hospital Equipment Loan Program:** Offered by Masonry In Action who will lend, at no cost, home-use health/hospital equipment to those in need. This organization also accepts donations. Saturdays only from 9:00am-12:00pm. Call 781-322-1052 or visit <https://smd-help.org>.

**Andover TV:** Night or day, The Robb Center program notices are on cable TV. If your TV service is provided by **Comcast, Xfinity or Verizon Fios**, we are on their Andover Public and Educational channels. On Comcast, that’s channels 8 and 99. On Verizon, that’s channels 47 and 43. <https://andovertv.org>



**The Andover Commission on Disability (ACOD)** addresses the disability needs of the Town and its residents. This includes ensuring new construction is Americans with Disabilities Act compliant, that accessible parks, playgrounds and outdoor resources are available for all who call Andover home, and to serve as advocates and educators in/around disability rights for full inclusion of people with disabilities. **ACOD** advises and assists Town officials in addressing the needs of people with disabilities and ensures compliance with the state and federal disability laws. For resources and information visit the **ACOD** website at: [acod.mhl.org](http://acod.mhl.org).

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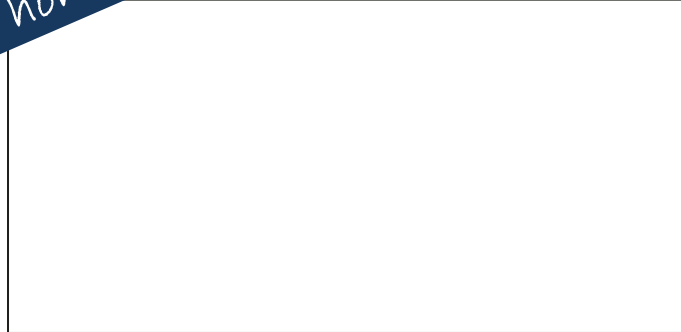
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