

The Robb Center Report

Andover's Senior Newsletter

MARCH 2025




Residential Lock Box Program by Fire Chief Kyle Murphy: Tuesday, March 4 at 1:30pm- Join Fire Chief Kyle Murphy for a presentation on the Residential Lock Box Program and the importance of File of Life. Residential Lock Boxes assist Firefighters and Emergency Service Personnel in gaining rapid entry into your home in the event of an emergency, saving time and property by eliminating the need for forced entry.



Cartoonist Rick Stromoski: Thursday, March 13 at 6:30pm- Award Winning Cartoonist, Rick Stromoski, is coming to present about his career in cartooning and to discuss his new book, "Schnozzer & Tatertoes." This humorous presentation is appropriate for all ages and all are welcome! Sponsored by Andover Senior Community Friends. Recorded by AndoverTV.



 **St. Patrick's Day Luncheon: Friday, March 14 at 11:30am-** Join us for St. Patrick's Day! This year we will be celebrating at the **Cormier Youth Center**. Live music from the famous Brian Corcoran at 11:30am followed by a traditional St. Patrick's Day lunch of Corned Beef & Cabbage. Tickets are \$15 for Andover residents and \$20 for non-Andover residents. **Transportation available to Andover resident ticket holders only. Call Ashley to request a ride.** Sponsored by the Andover Senior Community Friends. *Scholarship funds available. Contact Jane Burns, Director, to inquire.

Meet the new Director of Public Works, Carlos Jaquez: Wednesday, March 26 at 1:30pm- Get to know the new DPW director, Carlos Jaquez. Carlos will address any questions regarding the new automated trash and recycling collection starting July 1, 2025.



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Andover Elder Services values and embraces diversity among our participants, staff, volunteers, and the entire community. We strive to model and promote a culture of respect and inclusivity for all.



Director of Elder Services

Jane Burns
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Assistant Director

Kelly McShane
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Social Work/Outreach

Kristine Arakelian, LCSW
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Social Work/Meals on Wheels

Shawna McCloskey, LSW
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**Special Services Coordinator/
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Ashley English
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Program Assistant

Heather Bhattacharjee
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Administrative Assistants

Nina D'Agostino, Pat Kelly

Supportive Day Program

Angela Lonergan, Program
Coordinator
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Nutrition Staff

Jim Swasey, Nutrition Manager
james.swasey@andoverma.us

Sue Starbird, Food Services Assistant

SOCIAL MEDIA

AndoverElderServices



andover_elder_services

CENTER HOURS

Hours: Mon, Tues, Wed & Fri 8:00am—4:00pm
Thursday 8:00am—8:00pm

WHAT IS THE ROBB CENTER?

The Andover Robb Center is the home of the Elder Services Division. We offer a wide variety of programs and services to support the community.

PROGRAM REGISTRATION INFORMATION

For programs that do not have an associated fee, you may register in-person at the front desk, or on myactivecenter.com or by calling the center.

Some programs with an associated fee may require registration in-person at the front desk or by calling the center only. Some may be available on myactivecenter.com.

Payment is due upon confirmation that the program has met minimum enrollment.

Due to popularity, Andover residents are allowed early registration when noted in the program description.

Phone: (978) 623-8320

Online: www.myactivecenter.com

Email: senior.center@andoverma.us

To stay informed about programs and important updates, sign up for our email blasts by visiting:
andoverma.gov/227/Elder-Services

REFUND POLICY

Should a patron request a refund for a class, trip or event, The Robb Center will fully reimburse a credit towards a future program or class. If the patron would like a refund check mailed to them, the processing fee will be 10% of the full amount.

INCLEMENT WEATHER GUIDANCE

The Robb Center is in the unique position of following both school and town guidelines for weather related delays and cancellations. When **Town offices** are closed due to inclement weather, The Robb Center is closed and programs including transportation are cancelled. When a storm is predicted to end by noontime, please contact The Robb Center to verify if we are open or closed, or visit www.andoverma.gov/storm or dial 311 within Andover.

Hearing Aids 101: Wednesday, March 5 at 1:30pm- Wendy Ring will discuss when to get hearing aids, why we should get them & what should we get? OTC vs Prescription Hearing aids, what is right for me?

Dull Men's Club: Thursday, March 6 & 20 at 10:00am-



Join us in an informal round table discussion of current events, history, technology, medicine, sports and travel. We do not discuss politics or religion.

"Her"Story: A Collective for Women's Empowerment: Friday, March 7 & 21 at 9:00am- *New*

We believe in the power of "her"story & strive to empower & inspire each other through shared experiences, creative expression, & a listening audience.

Ask the Lawyer: Monday, March 10 at 9:30am- Offered by Justin St.

James, Esq., licensed in MA & NH. Appointments are 20 minutes in-person and scheduled in chronological order. Limit of one question/issue. Cost: Free. ***No tax or immigration questions, please.***

Non-Fiction Book Club: Monday, March 10 at 10:00am- This club

explores contemporary issues, history, biography and more. Group contact is Joanne at joannedahlgrenma@gmail.com

Medicare Basics: Tuesday, March 11 at 1:30pm- We'll discuss the components of the Medicare program, requirements, & options available to participants. Changes to Medicare Part D as a result of the Inflation Reduction Act (IRA), and how to enroll will also be covered.

Andover Photography Connection: Friday, March 14 at 10:00am- Join this group of photo enthusiasts to share photography techniques, interests and experiences.

Men's Breakfast: Tuesday, March 18 at 8:30am- Meet Joe Connelly, the Director of Recreation for the Town of Andover. Enjoy French toast, sausages, home fries, orange juice & coffee. Registration required. Fee: \$6. **Please check in at the front desk upon arrival.**

Friends & Be(a)sties: Tuesday, March 18 at 1:30pm- Discover the remarkable animals Jim Grillo cared for and treated during his career as a zoo veterinarian.

Judicial Outreach Month Presentation: Day, March 13 at 10:00am —Join Judge Caryn R. Mitchell-Munevar for a discussion on the role of a judge and the challenges facing today's seniors.

Brain Health Cooking Demo: Wednesday, March 19 at 1:30pm- Come learn how implementing proactive eating habits, individuals can help reduce their risk of cognitive decline. Chef Naldo Sanchez from Bridges by EPOCH at Andover will demonstrate a fun brain healthy recipe to taste!

Refuse to Be a Victim: Thursday, March 20 from 8:30-11:30am- This program teaches easy to understand methods to increase awareness & prevent criminal confrontation. Acquire the tools to develop your own personal safety strategy, information about the psychology of criminal predators, home and physical security, travel safety, self-defense & more.

Greek Odyssey- For Greek Independence Day!

Tuesday, March 25 at 1:30pm- Greece is the "cradle of democracy" and its influence on Western Civilization is vast. This presentation will provide some historical and current context on this fascinating country. We will visit the capital, Athens as well as the center of the ancient Greek world, Delphi and one of Europe's oldest civilizations on the island of Crete. Sponsored by Andover Senior Community Friends. Andover TV will record this event.

Healthy Eating Discussion Group with Cherie Monahan Public Health Nurse: Wednesday, March 26 at 1:00pm- Join us to discuss all the ways we can support our physical well-being through healthy eating. New members welcome!

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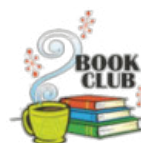
Birthday Social: Thursday, March 27 at 12:00pm- All are welcome! The

entrée will Lemon-Rosemary Chicken. Music by Bob Gallagher. Delicious desserts & raffle from Reading Cooperative Bank. Registration required. Sponsored by Andover Senior Community Friends. Suggested donation \$3.00.



Book Club: Thursday, March 27 at 1:30pm- This group

discusses a different book every month. This group is currently full.



Monday through Friday:

Congregate Lunch: 12:00pm- Join us for Congregate Lunch. Reservations for congregare lunch, along with our monthly Birthday Socials, are required by 3:00pm the previous day. Reserve a seat on myactivecenter.com or by calling 978-623-8320. A \$3.00 donation is suggested. Daily entrées are listed on page 10.

Fitness Room Drop-In: Our goal is to help older adults & adults with disabilities remain active, engaged and independent in their community. The fitness room is open the same hours as The Robb Center. This room is free to Andover residents and \$100 a year for non-Andover residents. To schedule an orientation register on myactivecenter.com or call 978-623-8320. Orientations are held on Tuesdays at 10:30am by Denise Boucher.

Monday:

Sunrise Singers: *We are actively looking for a new choir director.* If interested, email kelly.mcshane@andoverma.us

Drawing Class with Steve: 8:30am or 10:00am- For the upcoming schedule and fee refer to myactivecenter.com

Ladies Bridge: 10:00am- 12:00pm- Groups of four players are welcome.

Quilting Group: 9:00am- 11:00am- Join a group of dedicated quilters to share tips and tricks.

Monday Matinees: 1:00pm- No movie March 10th. Watch a film on the "big screen". Call 978-623-8320 for updates.

Hand & Foot Card Game: 1:00pm- 3:30pm

Ping-Pong: 1:00pm- Drop-in to play a round of Ping-Pong.



Best American Short Stories Group: We are reading the first two stories in the book *Best American Short Stories 2025*, edited by Lauren Groff, from now until May. We will meet every other Monday. All meetings will be on Zoom. Books are available online, or at Andover Book Store for a 15% discount to The Robb Center Short Story group. Please contact Eileen Reilly at eileenreilly42@gmail.com for more information or to register.

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Tuesday:

1:1 Fitness with Denise: 8:30am & 9:30am- Personalized fitness. \$50 for an hour. Registration required.

Comfort Critters: 9:00am- This group creates little comfort critters that are donated to hospitals. ***This group is looking for new members that can sew and embroider.***

Mah Jongg: 1:00pm- 3:00pm

Social Bridge: 1:00pm- 3:30pm

Wednesday:

Morning Crafting Group: 9:30am- 11:30am- Crafters wanted! Join this group to make crafts for various fairs that support The Robb Center.

Le Cercle Francofun: 9:30am- French Conversation Group.

The Write Stuff: 10:30am- Unlock your creativity by writing stories, poems, and more in a supportive small group setting. Newcomers welcome. Spaces limited.

Knit Wits: 12:30pm- Join a group of knitters. New knitters are always welcome.

Acrylic Class: 1:00pm- For the upcoming schedule refer to myactivecenter.com. This class has a fee.

Basic Tap Class with Audrey: 1:00pm- All are welcome to come and dance. For any new participants please contact Audrey at 978-475-4963.

Thursday:

Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:15am- Join a group that produces videos at the Andover TV Studio called "There is Something About Andover". In addition to our shows being aired on the Local Cable Channels, each month we will provide directions of how to access past shows. This month we are featuring "COMMISSION ON DISABILITIES ". Type in andovertv.org, click on Watch, Programs, TISAA(THERE IS SOMETHING ABOUT ANDOVER), Look for the date 8/1/23, click on "Commission on Disabilities", click the arrow in the bottom left hand corner, enjoy.

Scale Modeling Club: 10:00am- Join a group to discuss, build and share scale models.

Open Art Studio: 10:00am- The members of this group paint together, using different mediums, encouraging creativity and sharing tips. New members welcome.

Duplicate Bridge: 1:00pm- 4:00pm

Italiano Club: 2:00- 4:00pm- *New Time*. Join us every 1st & 3rd Thursday of each month. The first hour learn Italian, grammar, reading and speaking and the second hour focuses on Italian culture, music and history.

Ping-Pong: 4:00pm- 8:00pm- *New Time*. Drop-in & play a round of Ping-Pong.

Friday:

Le Petit Dejeuner, the French Conversation Group: 8:30am- Venez parler français dans un cadre convivial en petit groupe. This group is currently full.

"Her"Story: A Collective for Women's Empowerment: 9:00am- *NEW* Join a supportive community where women can connect, grow, and thrive. We believe in the power of "her"story and strive to empower and inspire each other through shared experiences, creative expression, and a listening audience. Meets monthly on the 1st and 3rd Friday.

English Listening Skills Series for Chinese Speakers: 9:30am- We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at weixuid@yahoo.com. 隔周星期五的 10:00am: 参加安多福华人联谊会 Zoom 网上聚会 (Andover Chinese Charm Circle). 请发送电子邮件给 William: weixuid@yahoo.com

45s Card Playing: 1:00pm- 3:30pm

Social Bridge: 1:00pm- 3:30pm

Zentangle Workshop: 1:00pm- 3rd Friday of every month. Jean Stewart will teach students the art of Zentangle, stroke by stroke method of creating tile art. Refer to myactivecenter.com for the upcoming schedule. Fee: \$7.

THE ROBB CENTER'S SPRING FORMAL

Dinner & Dance

Wednesday, April 9, 2025
5:00 - 9:00 pm at the Andover Country Club

- **Pricing:** \$40 per person or \$375 for a table of 10. Full payment is due upon reservation.
- **Menu:** Enjoy a delicious dinner featuring your choice of Chicken Piccata or Pasta Primavera, served with a fresh salad, dessert, and coffee.
- **Transportation:** Limited complimentary transportation is available for Andover residents. Please inquire about availability when purchasing tickets.
- **Important Note:** Tickets are non-refundable



978-623-8320

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MARCH 2025

STAY ACTIVE

WALKING HOURS ARE BACK! Open now every Tuesday from 8:30am-10:00am & Friday from 8:30a-10:00am at the Cormier Youth Center, 40 Whittier Ct., Andover- Come to the Youth Center to walk! The gym is open for walkers to keep up with their walking routine through the cold winter months. This is a drop-in program, no registration required. All participants must sign a 2025 Participation Waiver, available upon check-in.



Women's Outdoor Adventure Group (WOAG): Thursday, March 6 at Breakheart Reservation & Thursday, March 20 at Ward Reservation- For each individual hike, participants must register on myactivecenter.com or by calling us at 978-623-8320. If you have questions about the group, contact Jane Gifun at fleecy.godmother@verizon.net. For any participation in Adventure Groups, participants must sign our Participation Waiver for 2025 form once a year found on our website, www.andoverma.gov/227/Elder-Services.

The Robb Center Trips

For The Robb Center Trips below, registration opens March 3 at 9:00am for Andover residents & March 5 for non-Andover residents.

March 19: High Tea at Jolie Tea in Salem, MA- Join us for a High Tea with sandwiches, scones and other sweet treats. Cost is \$50 all inclusive. Gratuity paid onsite (cash only).



March 26: High Tea at Vintage Tea & Cake in Lexington, MA- Enjoy teatime with friends in their bright, sun filled tea sanctuary. Cost is \$48 all inclusive.

April 2: Canal St. Antique Mall & BE-EZ (be easy) for Lunch in Lawrence, MA- Explore over 100 dealers offering a large selection of furniture, costume jewelry, glass, lighting, pottery, vintage clothing, industrial tables, tools, mirrors, oil paintings, prints and much more. Transportation cost \$10. Lunch at your own expense.

April 9: No trip today due to The Robb Center's Spring Formal.

Best of Times Trips

Best of Times operates as a premier group travel agency with The Robb Center serving as an intermediary to promote and facilitate registration.

April 24: Supremes Tribute at Danversport Yacht Club- Enjoy the songs of the Supremes by a great tribute group. Cost of \$136.00 includes ticket, lunch (choice of stuffed chicken or baked scrod). Bus driver gratuity not included.

Andover residents get priority when trips meet capacity. Costs vary, seats limited.

*The Robb Center needs at least 48 hours notice of cancellation from a trip to issue a credit for transportation. Cancellations with less than a 48 hour notice, will not result in a credit. Any "Best of Times" day trips require 30 days notice. *Prices subject to change.*



Annual Town Meeting Transportation:

Tuesday, March 25 - Need a ride to vote at the Andover Town Meeting? Call The Robb Center to register for your ride. Call us at 978-623-8320 or stop at the front desk. Registration required by March 15th.



LET'S GO SHOPPING WITH THE ROBB CENTER!
HOME PICK UP STARTS AT 10:00AM

- **Tuesday, March 4: Walmart Supercenter in Salem, NH**
- **Tuesday, March 11: Target in Wilmington**
- **Tuesday, March 18: Walmart in North Reading**
- **Tuesday, March 25: Wildcard Trip - Look for a different location monthly. Call for an updated schedule.**

To sign up please call 978-623-8320. Andover residents only. Cost: FREE.



Medical Transportation: This volunteer driver service allows **2 donation-based medical rides per month**. More than 2 rides will incur a required fee. Contact Ashley English at 978-623-8320 for program details and eligibility.

Rides to The Robb Center: We provide transportation to and from The Robb Center at no cost. Call to check availability and schedule your ride at 978-623-8320. Andover residents only.

Uber Pilot Program: The Robb Center offers Uber Vouchers **to and from The Robb Center** for Andover residents age 60+. This program is available when the standard Division transportation is unavailable. Please call 978-623-8320 for details and eligibility

Grocery Trips: Market Basket Plaza on Thursdays, door-to-door service. Call to register by Tuesday, every week. Cost: Free. Please call 978-623-8320 for more information. Andover residents only. Home pick up starts at 8:30am.

Meals on Wheels: Home Delivered Meals are available to Andover seniors. To determine your eligibility, please give us a call at 978-623-8320. Andover residents only.

Memory Café: Wednesday, March 12 at 1:30pm at Memorial Hall Library- In partnership with the Memorial Hall Library, we are hosting Memory Cafés on the second Wednesday of every month. Memory Cafés offer a welcoming environment for individuals facing memory challenges and their caregivers to connect, share experiences, and find support. Please visit mhl.org/calendar for details on the featured activity and to register. Refreshments will be served.



Bereavement Support Group: Wednesdays, started January 22 through March 12 at 2:00pm- Join us for an 8-week session lead by a representative from Tufts Medicine, Care at Home. Our group supports each other and discusses some of the ways the loss of someone significant can affect our lives. Registration required, seats limited. Registration is required by emailing susan.toleos@tuftsmedicine.org. For any support assistance needed outside of the 8-week program, please contact Susan Toleos at the above email.

TuftsMedicine
Care at Home

Diabetes Support Group: Wednesday, March 12 at 2:00pm- Join Cherie Monahan, MSN RN CPNP-PC Andover Public Health Nurse in the Diabetes Support Group to discuss lifestyle, healthy eating and more. All are welcome. Registration requested.



Parkinson's Disease Support Group: Thursday, March 13 at 1:30pm- Join Allison Stinger, MS, PT, FAAOMPT, CHA, Clinical Director, at Professional Physical Therapy who will speak on- "How to Care for Your Loved Ones Without Breaking Your Back." Registration is required.



Family Caregiver Support Group: Monday, March 17 at 1:30pm- Join us for a support group for family caregivers to connect with others, share concerns and learn about available resources. Registration requested.



Narcotics Anonymous Meeting: Meetings at The Robb Center, Tuesdays from 6:30pm to 7:30pm- The Andover Coconuts Group of Cocaine Anonymous is a 12 Step Big Book Topic, Speaker, Discussion meeting. All are welcome, no registration necessary! *While the name "Cocaine Anonymous" may sound drug-specific, we wish to assure you that our program is not.* With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.'s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn't matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!



ALCOHOLICS ANONYMOUS® Meetings at The Robb Center: Thursdays, 7:00pm to 8:00pm- ALCOHOLICS ANONYMOUS® is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Open meeting, no registration required.



Hearing Aid Checks/Cleanings and Hearing Screenings: Friday, March 7 from 9:30am to 10:30am- Wendy Ring from the Andover Hearing Center, LLC. Drop-in clinic.

Nutrition Focus Group with MCOA: Monday March 10 at 12:00pm-

The Robb Center is partnering with the Massachusetts Council on Aging and Tufts University to develop new menu options for congregate lunch. We invite you to join us for a complimentary lunch and a discussion of these exciting new possibilities.



Fix-It Shop: Monday, March 10 &



24 from 1:00pm to 3:00pm- Bring your lamps, small appliances, chairs, small tables and any other small project and this group will try to fix it!

Now offering knife sharpening!

Cost: \$5 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents. \$2 diagnostics fee.

Food Pantry: Wednesday, March 12



from 10:00am to 12:00pm- The Merrimack Valley YMCA Mobile Food Pantry will be at The Robb Center the 2nd Wednesday of every month. The mobile food pantry will be here and food bags will be distributed on a first come, first served basis.

Mend-It Shop:

Friday, March 14 & 28 from 1:00pm to 3:00pm- Need a clothing article fixed?



Services Offered:

Button fixed or replaced:

\$3 donation per button.

Hems: Jeans, dresses, pants & blouses \$5 donation, \$10 donation if requires cutting.

Pant pockets fixed or replaced:

\$8 donation.

Simple fixes only. We are not professionals. 3 article limit per customer. Additional charges for non-Andover Residents. *We will not be held responsible for any damage or loss that may occur during the repair process.

Brown Bag “Mobile

Market”: Tuesday, March 25 from 9:00am to 10:30am-



This once a month service provides a bag of shelf stable groceries for those already approved by AgeSpan. Brown Bag may be picked up from The Robb Center between 9:00am-10:30am. Applications available through AgeSpan, call 978-683-7747.

Technology Help Desk- Tuesdays

at 10:00am-11:00am: Drop-in with your questions about your phone, tablet or other device! Our team of tech experts are here to help!



Podiatry Appointments:

We offer podiatry appointments at The Robb Center. These appointments fill up fast. Call the front desk for more details 978-623-8320.



Blood Pressure Clinic:

Thursdays from 10:00am to 11:30am-



Drop-in free clinic conducted by the Andover Board of Health.

Need assistance with Medicare? SHINE (Serving Health Insurance Needs of Everyone on or eligible for Medicare) can help!



Certified SHINE counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare. To schedule a SHINE appointment, call 978-623-8320 or the local SHINE office: 978-946-1374.

The Andover Commission on Disability (ACOD) serves as

advocates and educators in/around disability rights for full inclusion of people with disabilities addressing the needs of the Town and its residents. For resources and information visit the **ACOD** website at: acod.mhl.org

Discovery Center for Civic

Engagement: Does volunteering in a purposeful way appeal to you? Are you looking for meaningful ways to use your skills and talents? For more information, email: andoverdiscoverycenter@gmail.com

Donate your glasses at

The Robb Center: The Lions Club International has recognized the urgent need for corrective lenses and collects usable glasses in their communities to support the Lions Recycle For Sight Program. Just drop off your glasses at the front desk. We do not accept glass cases.

MARCH 2025 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 9:00 Quilting Group 10:00 Ladies Bridge Chicken Cacciatore 1:00 Movie Matinee 1:00 Hand & Foot 1:00 Ping-Pong</p>	<p>4 9:00 Comfort Critters 10:00 Tech Help 10:00 Walmart Sweet & Sour Pork 1:00 Mah Jongg 1:00 Social Bridge 1:30 Residential Lock Box Program</p>	<p>5 9:30 Crafting 9:30 Le Cercle Francofun 10:30 The Write Stuff Stuffed Shells 12:30 Knit Wits 1:00 Tap Class 1:30 Hearing Aids 101 2:00 Bereavement</p>	<p>6 9:00 WOAG 9:15 Chroniclers 10:00 DMC 10:00 BP Clinic 10:00 Scale Modeling 10:00 Open Art Beef Stew 1:00 Duplicate Bridge 2:00 Italiano Club 4:00 Ping-Pong 5:00 Pizza, Pride & Prizes: LGBTQ+ Multigenerational Celebration</p>	<p>7 8:30 French Group 9:00 "Her"Story 9:30 Hearing Aid 9:30 Social Circle 10:00 ACCC Beer Battered Haddock 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan</p>
<p>10 9:00 Quilting Group 9:30 Ask the Lawyer 10:00 Ladies Bridge 10:00 Non-Fiction Book Club Swedish Meatballs 1:00 Hand & Foot 1:00 Ping-Pong 1:00 Fix-It Shop</p>	<p>11 9:00 Comfort Critters 10:00 Tech Help 10:00 Target BBQ Chicken 1:00 Mah Jongg 1:00 Social Bridge 1:30 Medicare Basics</p>	<p>12 9:30 Crafting 9:30 Le Cercle Francofun 10:00 Food Pantry 10:30 The Write Stuff Sesame-Ginger Beef 12:30 Knit Wits 1:00 Tap Class 2:00 Diabetes 2:00 Bereavement</p>	<p>13 10:00 Judicial Month 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic 10:00 GLCAC Chicken Broccoli Alfredo 1:00 Duplicate Bridge 1:30 Parkinson's 1:30 Cartoonist Rick 4:00 Ping-Pong</p>	<p>14 8:30 French Group 9:30 Social Circle 9:30 ESL 10:00 Andover Photo St. Patrick's Day Luncheon 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Mend-It Shop</p>
<p>17 9:00 Quilting Group 10:00 Ladies Bridge Sausage & Peppers 1:00 Movie Matinee 1:00 Hand & Foot 1:00 Ping-Pong 1:30 Caregiver</p>	<p>18 8:30 Men's Breakfast 9:00 Comfort Critters 10:00 Tech Help 10:00 Walmart Chicken Pot Pie 1:00 Mah Jongg 1:00 Social Bridge 1:30 Friends & Be(a)sties</p>	<p>19 9:30 Crafting 9:30 Le Cercle Francofun 10:30 The Write Stuff American Chop Suey 12:30 Knit Wits 1:00 Tap Class 1:30 Brain Health Cooking Demo</p>	<p>20 8:30 Refuse to Be a Victim 9:00 WOAG 9:15 Chroniclers 10:00 DMC 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Roast Turkey 1:00 Duplicate Bridge 2:00 Italiano Club 4:00 Ping-Pong 6:00 DJ Dance Party</p>	<p>21 8:30 French Group 9:00 "Her"Story 9:30 Social Circle 10:00 ACCC Baked Cod 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Zentangle</p>
<p>24 9:00 Quilting Group 10:00 Ladies Bridge Beef Stroganoff 1:00 Hand & Foot 1:00 Ping-Pong 1:00 Movie Matinee 1:00 Fix-It Shop</p>	<p>25 9:00 Comfort Critters 9:00 Brown Bag 10:00 Tech Help 10:00 Wildcard Trip Flounder Piccata 1:00 Mah Jongg 1:00 Social Bridge 1:30 Greek Odyssey-For Greek Independence Day</p>	<p>26 9:30 Crafting 9:30 Le Cercle Francofun 10:30 The Write Stuff Tuna Noodle Casserole 12:30 Knit Wits 1:00 Tap Class 1:00 Healthy Eating 1:30 Meet the New Director of Public Works</p>	<p>27 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Birthday Social 1:00 Duplicate Bridge 1:30 Book Club 4:00 Ping-Pong 4:00 Quarterly Updates on Artificial Intelligence</p>	<p>28 8:30 French Group 9:30 Social Circle 9:30 ESL Mushroom Quiche 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Mend-It Shop</p>
<p>31 9:00 Quilting Group 10:00 Ladies Bridge Chicken Fra Diavolo Rigatoni 1:00 Movie Matinee 1:00 Hand & Foot 1:00 Ping-Pong</p>	 <p>Menu items subject to change. With 24 HOUR NOTICE a veggie burger can be served at congregate lunch instead of planned meal. large print calendar, please see the desk.</p>			



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Thursday Night Schedule!



- **March 6: Pizza, Pride & Prizes: A Multigenerational LGBTQ+ Celebration at 5:00 pm-** Get ready for a delicious and delightful evening! Our multigenerational LGBTQ+ & Allies event will have free pizza, cupcake decorating, prizes, and a chance to socialize with friends old and new. All ages and allies are welcome to join the fun!
- **March 13: Cartoonist Rick Stromoski at 6:30pm-** See page 1 for details.
- **March 20: DJ Dance Party with George Landers from 6:00pm-7:30pm-** Join us for a fun night of dancing and socializing. Refreshments will be served. Sponsored by the Andover Senior Community Friends.
- **March 27: Quarterly Updates on Artificial Intelligence at 4:00pm-** Join Max Li, local business owner and adjunct professor at Merrimack College for quarterly updates on all things Artificial Intelligence. Get your questions answered and learn something new at every presentation.

Do you need a ride Thursday Nights? Try our Uber Pilot Program! The Robb Center is now offering Uber Vouchers **to and from The Robb Center** for Andover residents age 60+. This program is available when the standard Division transportation is unavailable. Please call 978-623-8320 for details and eligibility information.

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AARP Foundation Tax-Aide: Now through April 11 on Tuesdays, 8:30am to 3:30pm & Fridays, 8:30am to 12:30pm- The AARP Foundation is providing tax assistance and preparation through its Tax-Aide program and it's completely free. You'll bring your documents in, have a short interview with the tax preparer, and your return will then be ready in 1-2 hours. You will receive a printed copy of the return and we file it electronically on your behalf. **Schedule your appointment by calling The Robb Center at 978-623-8320.** This program is welcoming and free and is open to taxpayers of all ages. AARP membership is not required. Our volunteers are trained and IRS-certified every year.



State Representative Tram Nguyen Office Hours: State Rep. Tram Nguyen continues to hold virtual office hours on the first Friday of the month, 10-11am, and the third Tuesday, 5-6pm, via Zoom. **The dates for March are Friday, March 7 and Tuesday, March 18.** Please sign up at least 24 hours ahead of time using this link: <https://calendly.com/teamtram/officehours>. You can always email Rep. Nguyen's office to discuss an issue at tobin.abraham@mahouse.gov, or call 617-722-2680.



Council on Aging Advisory Board Meeting: Wednesday, March 12 at 3:30pm- Council on Aging Advisory Board (COA)- Ralph Bledsoe, Vice-Chair; Denise Boucher, Gail Bloom, Ed Plowey, Dot Hollenbeck, Christina Vidoli, Judith Agnes, Tim Carron and Kim Butler-Rainen. Meetings are open to the public. To contact a COA member call The Robb Center at 978-623-8320.

Greater Lawrence Community Action Council: Thursday, March 13 from 10:00am to 1:00pm- GLCAC Inc. will be facilitating Fuel Assistance applications this year. GLCAC can help keep you & your family stay warm this winter and reduce your energy bills. GLCAC's energy programs offer: fuel assistance, free weatherizing, free energy audits and free emergency repairs to heating systems. GLCAC is hosting individual appointments at The Robb Center. **There will NOT be any walk-in appointments.** To make an appointment please call 978-623-8320. Limited spots available.



Welcome March! We love the month of March here at the Supportive Day Program. We will celebrate the rich Irish culture through its music and songs. The program room will be a sea of green, decorated with our handmade arts and crafts. The highlight will be a St. Patrick's Day Luncheon of corned beef and cabbage and musical entertainment by Brian Corcoran. Wear your green!! We will also discuss the story of Purim and learn about the traditions of Ramadan. We are always looking for new members to join our group! Please contact The Robb Center at 978-623-8320 to learn more about the Supportive Day Program.



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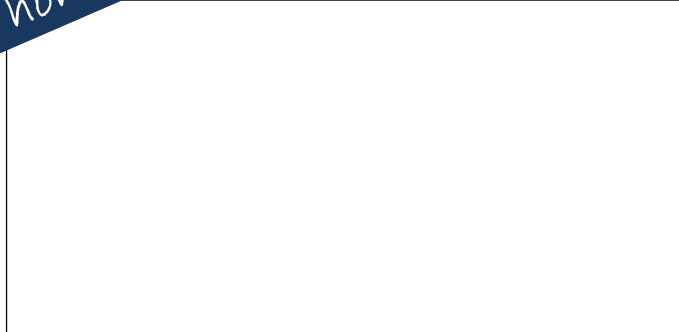
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