

# The Robb Center Report

## Andover's Senior Newsletter

JUNE 2025



### LGBTQ+ & Allies PRIDE MONTH Social:

**Thursday, June 5 at 4:00pm-** Join us for a virtual presentation by Professor Andrew Lear, a renowned expert on gender and sexuality in ancient Greece and Rome. Did you know that Boston's MFA has the world's greatest collection of LGBT-themed Classical Greek and Roman art? On this fun and informative virtual tour, we will

discover: the male/male couple that were ancient Athens' Uncle Sam, 19th century women artists and their 'Boston marriages,' painter John Singer Sargent's secret obsession and a gender-queer person we bet you've never noticed in a famous impressionist canvas! Dinner will be served after the presentation. Registration required.

### Father's Day Cookout and White Street Band: Thursday, June 12 at

**5:30pm-** Make this Father's Day special! Join us for a cookout and enjoy a performance by the White Street Band. Choice of cheeseburger, hamburger, grilled chicken or veggie burger (\$13) or hot dog (\$10). Price includes salads, drink & dessert. Pre-registration required by calling 978-623-8320 or by coming to the front desk. Registration deadline June 10.

Sponsored by Benefit Advisors Group, LLC.



### Supporting Independence Presentation & Resource Fair: Tuesday,

**June 17 at 1:30pm-** Join us for this educational presentation by the Alzheimer's Association. Topics include dementia's effect on independence, steps to help with daily activities, and providing the right amount of support. This presentation will address meaningful activities and safety concerns for people living with dementia.

Resources tables after the presentation include: The Home Equity Loan Modification Program, The Andover Police Department with Project Lifesaver, AgeSpan, and the Memorial Hall Library.



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*Andover Elder Services values and embraces diversity among our participants, staff, volunteers, and the entire community. We strive to model and promote a culture of respect and inclusivity for all.*



**Director of Elder Services**

Jane Burns  
jane.burns@andoverma.us

**Assistant Director**

Kelly McShane  
kelly.mcshane@andoverma.us

**Social Work/Outreach**

Kristine Arakelian, LCSW  
kristine.havemeyer@andoverma.us

**Social Work/Meals on Wheels**

Shawna McCloskey, LSW  
shawna.mccloskey@andoverma.us

**Special Services Coordinator/  
Transportation**

Ashley English  
ashley.english@andoverma.us

**Program Assistant**

Heather Bhattacharjee  
heather.bhattacharjee@andoverma.us

**Administrative Assistants**

Nina D'Agostino, Pat Kelly

**Supportive Day Program**

Angela Lonergan, Program  
Coordinator  
angela.lonergan@andoverma.us

**Nutrition Staff**

Jim Swasey, Nutrition Manager  
james.swasey@andoverma.us

Sue Starbird, Food Services Assistant

**CENTER HOURS**

**Hours:** Mon, Tues, Wed & Fri 8:00am - 4:00pm  
Thursday 8:00am - 8:00pm

**WHAT IS THE ROBB CENTER?**

The Andover Robb Center is the home of the Elder Services Division. We offer a wide variety of programs and services to support the community.

**PROGRAM REGISTRATION INFORMATION**

For programs that do not have an associated fee, you may register in-person at the front desk, or on [myactivecenter.com](http://myactivecenter.com) or by calling the center.

Some programs with an associated fee may require registration in-person at the front desk or by calling the center only. Some may be available on [myactivecenter.com](http://myactivecenter.com).

Payment is due upon confirmation that the program has met minimum enrollment.

Due to popularity, Andover residents are allowed early registration when noted in the program description.

Phone: (978) 623-8320

Online: [www.myactivecenter.com](http://www.myactivecenter.com)

Email: [senior.center@andoverma.us](mailto:senior.center@andoverma.us)

To stay informed about programs and important updates, sign up for our email blasts by visiting:  
[andoverma.gov/227/Elder-Services](http://andoverma.gov/227/Elder-Services)

**REFUND POLICY**

Should a patron request a refund for a class, trip or event, The Robb Center will fully reimburse a credit towards a future program or class. If the patron would like a refund check mailed to them, the processing fee will be 10% of the full amount.

**INCLEMENT WEATHER GUIDANCE**

The Robb Center is in the unique position of following both school and town guidelines for weather related delays and cancellations. When **Town offices** are closed due to inclement weather, The Robb Center is closed and programs including transportation are cancelled. When a storm is predicted to end by noontime, please contact The Robb Center to verify if we are open or closed, or visit [www.andoverma.gov/storm](http://www.andoverma.gov/storm) or dial 311 within Andover.

**SOCIAL MEDIA**

AndoverElderServices



andover\_elder\_services

**Everyday Challenges with Hearing Loss: Wednesday, June 4 at 1:30pm-** Join us for a fun, light-hearted & interactive program on the everyday challenges of hearing loss. Does your family complain the TV is too loud, do you have trouble hearing people when you can't see them? Insights and questions are welcome. Presented by Sue Stein from



Hear-

**The History of Emancipation & Juneteenth. Live virtual presentation by Christopher Daley: Wednesday, June 11 at 1:30pm-** Learn about the history of the Abolitionist movement from the 1830s through the Civil War. The election of Abraham Lincoln will be examined spotlighting his views on slavery and African Americans and how his ideas and opinions evolved over time. Sponsored by Andover Senior Community Friends.

**Sunrise Singers Return!: Monday, June 23 at 9:00am-** We are thrilled to announce the return of the Sunrise Singers under the new direction of Martha Giguere. We extend a warm welcome to both returning and new members. This group plays a variety of music and welcomes singers of all levels. This group will perform as ready.



**Dull Men's Club: Thursday, June 5 at 10:00am-** Join us in an informal round table discussion of current events, history, technology, medicine, sports and travel. We do **not** discuss politics or religion.



**How to Keep a Sketchbook for Home or Travel: Monday, June 16 at 10:00am-11:30pm: Outdoor Art Class in the Playstead Garden.** Come join an educational & entertaining art class on how to keep a sketchbook. Andover artist Joan Ellis, a longtime sketch-booker, will share ideas, techniques & tips for making a book of sketches, drawings & notes on your experiences. All materials provided Fee: \$15. Registration Required.

**Birthday Social: Thursday, June 26 at 12:00pm-** All are welcome! The entrée will be Roast Salmon with Dill. Music by Dan Kirouac. Desserts & raffle from to be determined. Registration required. Sponsored by Andover Senior Community Friends. Suggested donation \$3.00. Transportation available.



**NEW! Knit for Peace: Thursday, June 5 at 1:00pm-** Join our new Knit for Peace group! Whether you're brand new to knitting or have been clicking needles for years, all are welcome! Learn to knit with us and create beautiful items for yourself or to donate to charity. Let's knit together for peace! This group meets weekly on Thursdays at 1:00pm, starting June 5. If you are a beginner, we have supplies to help you. If you would like to donate knitting supplies, please drop them at the front desk.



**Men's Breakfast: Tuesday, June 17 at 8:30am-** UMass Lowell Professor & Author, Robert Forrant will discuss the Pemberton Mill Collapse in Lawrence in 1860. Enjoy Eggs Benedict, sausages, home fries, orange juice & coffee. Registration required. Fee: \$6. **Please check in at the front desk upon arrival.**

**Book Club: Thursday, June 26 at 1:30pm-** This group discusses a different book every month. This group is currently full.



**Non-Fiction Book Club: Monday, June 9 at 10:00am-** This club explores contemporary issues, history, biography and more. Group contact is Joanne. Email: [joannedahlgrenma@gmail.com](mailto:joannedahlgrenma@gmail.com)



**Learn to Play the Ukulele: Wednesday, June 18 at 1:30pm-** Want to try an instrument that is fun and relatively easy to play? Learn the fundamentals of ukulele playing. No experience necessary. Ukuleles provided or bring your own. Presenter Julie Stepanek. Sponsored by the Andover Cultural Council.

**Smartphone Tutoring Program: Tuesdays at 10:00am from July 8 through August 12:** Having trouble navigating your phone? This program will pair you up with a student tutor to spend time with you on your individual technology needs. This six week program will provide one-on-one support for Smartphone users. Registration required, Andover residents only, seats limited. Participants must commit to at least five weeks.



**Monday through Friday:**

**Congregate Lunch: 12:00pm-** Join us for Congregate Lunch. Reservations for congregare lunch, along with our monthly Birthday Socials, are required by 3:00pm the previous day. Reserve a seat on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320. A \$3.00 donation is suggested. Daily entrées are listed on page 10.

**Fitness Room Drop-In:** Our goal is to help older adults & adults with disabilities remain active, engaged and independent in their community. The fitness room is open the same hours as The Robb Center. This room is free to Andover residents and \$100 a year for non-Andover residents. To schedule an orientation register on [myactivecenter.com](http://myactivecenter.com) or call 978-623-8320. Orientations are held on Tuesdays at 10:30am by Denise Boucher.

**Monday:**

**Drawing Class with Steve: NEW TIME! 9:30am-** For the upcoming schedule and fee refer to [myactivecenter.com](http://myactivecenter.com)

**Quilting Group: 9:00am- 11:00am-** Join a group of dedicated quilters to share tips and tricks.

**Ladies Bridge: 10:00am- 12:00pm-** Groups of four players are welcome.

**Monday Matinees: 1:00pm-** Watch a film on the "big screen". Call 978-623-8320 for updates or stop by the front desk. Our yearly movie license is sponsored by the Andover Senior Community Friends.

**Hand & Foot Card Game: 1:00pm- 3:30pm**

**Ping-Pong: 1:00pm-** Drop-in to play a round of Ping-Pong.

**Short Stories Group:** Share your passion for literature in a friendly and welcoming environment. We read and discuss thought-provoking stories, building connections and fostering a love for the written word. Generally held on the 1st and 3rd Monday of the month. Keep a look out for up coming discussions starting again in August. Please contact Eileen Reilly at [eileenreilly42@gmail.com](mailto:eileenreilly42@gmail.com) for more information or to register.

**Ready to make a move?**  
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**Sandi Feeney** Realtor®, SRES  
c. **978-689-5411**  
[sandi.feeney@CBRealty.com](mailto:sandi.feeney@CBRealty.com)  
[www.SellHomesWithSandi.com](http://www.SellHomesWithSandi.com) 27 Main St., Andover

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**CONTACT ME**  
**Lisa Templeton**

[LTempleton@lpicommunities.com](mailto:LTempleton@lpicommunities.com)  
**(800) 477-4574 x6377**

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**Tuesday:**

**1:1 Fitness with Denise: 8:30am & 9:30am-** Personalized fitness. \$50 for an hour. Registration required.

**Comfort Critters: 9:00am-** This group creates little comfort critters that are donated to hospitals. **\*This group is looking for new members that can sew and embroider.\***

**Mah Jongg: 1:00pm- 3:00pm**

**Social Bridge: 1:00pm- 3:30pm**

**Wednesday:**

**Morning Crafting Group: 9:30am- 11:30am- Crafters wanted!** Join this group to make crafts for various fairs that support The Robb Center.

**Le Cercle Francofun: 9:30am-** French Conversation Group.

**The Write Stuff: 10:30am-** Unlock your creativity by writing stories, poems, and more in a supportive small group setting. Newcomers welcome. Spaces limited.

**Knit Wits: 12:30pm-** Join a group of knitters. New knitters are always welcome.

**Acrylic Class: 1:00pm-** For the upcoming schedule refer to [myactivecenter.com](http://myactivecenter.com). This class has a fee.

**Basic Tap Class with Audrey: 1:00pm-** All are welcome to come and dance. For any new participants please contact Audrey at 978-475-4963.

**Thursday:**

**Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:15am-** Join a group that produces videos at the Andover TV Studio called "There is Something About Andover". This month we are featuring "VETERANS MONUMENTS". Type in [andover.tv](http://andover.tv), click on Watch, click on Programs, scroll down to TISAA (THERE IS SOMETHING ABOUT ANDOVER), click on "VETERANS MONUMENTS" 11/21, Click the arrow in the bottom left hand corner, enjoy!

**Scale Modeling Club: 10:00am-** Join a group to discuss, build and share scale models.

**Open Art Studio: 10:00am-** The members of this group paint together, using different mediums, encouraging creativity and sharing tips. New members welcome.

**Duplicate Bridge: 1:00pm- 4:00pm**

**NEW! Knit for Peace: 1:00pm- 2:30pm-** Join our new Knit for Peace group! Whether you're brand new to knitting or have been clicking needles for years, all are welcome! Learn to knit with us and create beautiful items for yourself or to donate to charity. Meets every Thursday.

**Italiano Club: 2:00- 4:00pm-** Join us every 1st & 3rd Thursday of each month. The first hour learn Italian, grammar, reading and speaking. The second hour focuses on Italian culture, music and history.

**Ping-Pong: 4:00pm- 8:00pm-** Drop-in & play a round of Ping-Pong.

**Friday:**

**Le Petit Dejeuner, the French Conversation Group: 8:30am-** Venez parler français dans un cadre convivial en petit groupe. This group is currently full.

**"Her"Story: A Collective for Women's Empowerment: 9:00am-** Join a supportive community where women can connect, grow, and thrive. We believe in the power of "her"story and strive to empower and inspire each other through shared experiences, creative expression, and a listening audience. Meets monthly on the 1st and 3rd Friday.

**English Listening Skills Series for Chinese Speakers: 9:30am-** We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at [weixuid@yahoo.com](mailto:weixuid@yahoo.com). 隔周星期五的

10:00am: 参加安多福华人联谊会 Zoom 网上聚会 (Andover Chinese Charm Circle). 请发送电子邮件给 William: [weixuid@yahoo.com](mailto:weixuid@yahoo.com)

**45s Card Playing: 1:00pm- 3:30pm**

**Social Bridge: 1:00pm- 3:30pm**

**Mexican Train Dominoes: 1:00pm-** Come learn the game. All are welcome. Meets every Friday.

**Zentangle Workshop:** 3rd Friday of every month. Jean Stewart will teach students the art of Zentangle, stroke by stroke method of creating tile art. Refer to [myactivecenter.com](http://myactivecenter.com) for the upcoming schedule. Fee: \$7.



**Women’s Outdoor Adventure Group (WOAG):**

**Thursday, June 12- Location TBD- This will be the last hike of the season. Hikes will reconvene in the Fall.** For each individual hike, participants must register on [myactivecenter.com](http://myactivecenter.com) or by calling us at 978-623-8320. If you have questions about the group, contact Jane Gifun at [fleecy.godmother@verizon.net](mailto:fleecy.godmother@verizon.net).

For any participation in Adventure Groups, participants must sign our Participation Waiver for 2025 form once a year found on our website, [www.andoverma.gov/227/Elder-Services](http://www.andoverma.gov/227/Elder-Services).

Hiking on wooded trails can be challenging and present the participant with risks due to the wide variety of conditions. Once registered as a member of the WOAG group, you will receive information for each hike. Please read the descriptions before signing up. Please note that cell service is not always available on the trails and in the case of an emergency it June take First Responders longer to reach your location. Leaders are not certified to administer first aid and have discretion to disallow a hiker based upon safety concerns. Hikers assume all responsibility for their personal safety and are required to dress appropriately for the conditions and carry water.

**Kayaking at Poms Pond: Thursday, June 26 at 8:30pm-** Come join us at Poms Pond to Kayak in collaboration with the Recreation Department. Kayaks and life vests will be provided. This program is for intermediate kayakers. If inclement weather, kayaking will be canceled.



**1:1 Fitness with Denise Boucher: Tuesdays at 8:30am & 9:30am. \$50 for an hour-** Experience the personalized attention, safety and effectiveness of a 1:1 exercise training session. Sign-up individually or as a couple. Registration required by the Monday before at 1:00pm. Register on [myactivecenter.com](http://myactivecenter.com) or by calling 978-623-8320.



**Golf at Hillview: Tuesdays at 11:00am:** Looking for a great group to golf with? Join this casual league of golfers on Tuesday mornings. Men & women are welcome. This group does not teach people how to play golf. \$30 for 9 holes and a cart, \$20 without a cart, paid onsite. Location: Hillview Golf Course at 149 North St., North



Reading, MA. Everyone must sign a 2025 Participation Waiver. For every outing, please register by the Friday before. Register by calling 978-623-8320 or on [myactivecenter.com](http://myactivecenter.com). Space limited. Please notify The Robb Center if you have to cancel your registration.

**Nature Walks with Evelyn: Fridays at 9:00am-** These walks occur on Friday mornings, weather permitting. Walk locations chosen weekly. Make sure to wear suitable shoes for uneven terrain. To be added to the email list please call the front desk at 978-623-8320.



**Need locker space?** We are renting out lockers at The Robb Center for \$10 per month. Keep your fitness gear and items here at The Robb Center. Locks are provided. Lockers are limited, first come, first served. Ask the front desk for details.



**The Robb Center Trips**

*For The Robb Center Trips below, registration opens June 2 at 9:00am for Andover residents & June 4 for non-Andover residents. Andover residents get priority when trips meet capacity. Costs vary, seats limited.*

**June 18: Hampton Beach Sand Castle Competition-** Bring your sunscreen & comfortable walking shoes! Lunch afterwards at the Hungry Traveler in Salisbury, MA. Cost: \$10 for transport. Lunch paid onsite.

**June 25: Little Shop of Horrors at Greater Boston Stage Company in Stoneham, MA-** Lunch at Bacci's. Cost: \$65 for the show & transport. Lunch paid onsite.

**July 2: USS Constitution Ship & Museum in Charlestown, MA-** Cost: \$10 for transport. Museum admission is free, but the suggested donation is \$5 to \$20, paid onsite. Photo ID required, personal belongings subject to search. Lunch at Shake Shack in Woburn, paid onsite.

**July 9: Yankee Clipper Cruise in Newburyport, MA-** Brunch at Duffy's Diner at 10:30am. Boat leaves at noon. Enjoy a ride up and down the Merrimac River with beautiful views and wildlife sightings. Cost: \$10 for transport, \$20 for cruise. Brunch paid onsite.

**July 16: Tower Hill Botanical Gardens in Boylston, MA-** Lunch at O'Connors in Worcester. Cost: \$10 for transport, Garden entry for seniors is \$17, paid onsite. Lunch paid onsite. Wear comfortable walking shoes.

**Best of Times Trips**

*Best of Times operates as a premier group travel agency with The Robb Center serving as an intermediary to promote and facilitate registration.*

**Monday-Tuesday, September 1 & 2: New York City Overnight Trip-** Trip includes bus transportation, one night hotel stay, one theatre show, one breakfast and sightseeing. Price depends on number of adults per room. Contact Pat or Nina for details.

*\*The Robb Center needs at least 48 hours notice of cancellation from a trip to issue a credit for transportation. Cancellations with less than a 48 hour notice, will not result in a credit. Any "Best of Times" day trips require 30 days notice.*



Transportation is available for any Robb Center Event that has this designated blue bus and car symbol. If you are interested in transportation, please let us know when you register for the event.

**LET'S GO SHOPPING WITH THE ROBB CENTER!**  
**HOME PICK UP STARTS AT 10:00AM**

**Tuesday, June 3: Walmart Supercenter- Salem, NH**  
**Tuesday, June 10: Target- Wilmington**  
**Tuesday, June 17: Walmart- North Reading**  
**Tuesday, June 24: Wildcard Trip- Look for a different location monthly. Call for an updated schedule.**

To register please call 978-623-8320.  
**Andover residents only. Cost: FREE.**  
**\*Minimum of 3 participants required for shopping trip.\***



**Medical Transportation:** This volunteer driver service allows **2 donation-based medical rides per month.** More than 2 rides will incur a required fee. For program details and eligibility call 978-623-8320.

**Rides to The Robb Center:** We provide transportation to and from The Robb Center at no cost. Call to check availability and schedule your ride at 978-623-8320. Andover residents only.

**Uber Pilot Program:** The Robb Center offers Uber Vouchers **to and from The Robb Center** for Andover residents age 60+. This program is available when the standard Division transportation is unavailable. Please call 978-623-8320 for details & eligibility information.

**Grocery Trips:** Market Basket Plaza on Thursdays, door-to-door service. Call to register by Tuesday, every week. Cost: Free. Please call 978-623-8320 for more information. Andover residents only. Home pick up starts at 8:30am.

**Townie Trips:** Need a ride to the pharmacy, the salon or a friend's house? We offer friendly, reliable rides in Andover and surrounding areas on Tuesdays, Wednesdays, and Thursdays. Affordable \$10 local fare (out-of-town rates vary). Give us a call at 978-623-8320 to schedule your trip today!

**Bereavement Support Group: On break for the Summer. Meetings will resume in the Fall.** Meetings meet on Wednesdays at 2:00pm. Join us for a 7 or 8-week session lead by a representative from Tufts Medicine, Care at Home. Our group supports each other and discusses some of the ways the loss of someone significant can affect our lives. Registration required, seats limited. Registration is required by emailing [susan.toleos@tuftsmedicine.org](mailto:susan.toleos@tuftsmedicine.org). For any support assistance needed outside of the 7 or 8-week program, please contact Susan Toleos at the above email.



**Parkinson’s Disease Support Group: Thursday, June 12 at 1:30pm-** Join Emily Righter, PT, DPT, GCS, Clinical Director, Board Certified Specialist in Geriatric Physical Therapy, Gordon College Center for Balance, Mobility and Wellness to speak on *The Benefits of Exercise for those with Parkinson’s*. **Registration required. Please call Kristine to register at 978-623-8320.**



**Memory Café: On break through the Summer. Meetings will resume in the Fall.**- In partnership with the Memorial Hall Library, we are hosting Memory Cafés on the second Wednesday of every month. Memory Cafés offer a welcoming environment for individuals facing memory challenges and their caregivers to connect, share experiences, and find support. Please visit [mhl.org/calendar](http://mhl.org/calendar) for details on the featured activity and to register. Refreshments will be served.



**Family Caregiver Support Group: Monday, June 16 at 1:30pm-** Join us for a support group for family caregivers to connect with others, share concerns and learn about available resources. The Robb Center Social Workers, Shawna McCloskey and Kristine Arakelian, will discuss community supports and services.



**Diabetes Support Group: Wednesday, June 18 at 2:00pm-** Join Cherie Monahan, MSN RN CPNP-PC Andover Public Health Nurse in the Diabetes Support Group to discuss lifestyle, healthy eating and more. All are welcome. Registration requested.



**Narcotics Anonymous Meeting: Meetings at The Robb Center, Tuesdays from 6:30pm to 7:30pm-** The Andover Coconuts Group of Cocaine Anonymous is a 12 Step Big Book Topic, Speaker, Discussion meeting. All are welcome, no registration necessary! *While the name “Cocaine Anonymous” June sound drug-specific, we wish to assure you that our program is not.* With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.’s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn’t matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!



**ALCOHOLICS ANONYMOUS® Meetings at The Robb Center: Thursdays, 7:00pm to 8:00pm-** ALCOHOLICS ANONYMOUS® is a fellowship of people who share their experience, strength and hope with each other that they June solve their common problem and help others to recover from alcoholism. Open meeting, no registration required.





**Fix-It Shop: Monday, June 2 & 16 from 1:00pm to 3:00pm-** Bring your lamps, small appliances, chairs, small tables and any other small project and this group will try to fix it! **Now offering knife sharpening!** Cost: \$5 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents. \$2 diagnostics fee.

**Diabetic Shoe Clinic: Tuesday, June 3 at 1:00pm- Appointments start at 1:00pm and will be booked in chronological order.** You are eligible to receive a pair of Diabetic shoes and inserts free if you are diabetic. Many insurances cover this. Please bring all insurance cards, doctor's orders and other required information. Pick up paperwork at the front desk. Registration is required by calling 978-623-8320.

**Hearing Aid Checks/Cleanings and Hearing Screenings: Friday, June 6 from 9:30am to 10:30aam-** Wendy Ring from the Andover Hearing Center, LLC. Drop-in clinic.

**Food Pantry: Wednesday, June 11 from 10:00am to 12:00pm-** The Merrimack Valley YMCA Mobile Food Pantry will be at The Robb Center the 2<sup>nd</sup> Wednesday of every month. The mobile food pantry will be here and food bags will be distributed on a first come, first served basis.

**Andover Photography Connection: Friday, June 13 at 10:00am-** Join this group of photo enthusiasts to share photography techniques, interests and experiences.



**Mend-It Shop: Friday, June 13 & 27 from 1:00pm to 3:00pm-** Need a clothing article fixed? **Services Offered:** **Button fixed/replaced: \$3** donation per button. **Hems:** Jeans, dresses, pants & blouses \$5 donation, \$10 donation if requires cutting. **Pant pockets fixed or replaced: \$8** donation.

*\*Simple fixes only. We aren't professionals. 3 article limit per customer. Additional charges for non-Andover Residents. \*We will not be held responsible for any damage or loss that June occur during the repair process.\**

**Ask the Lawyer: Monday, June 16 at 9:30am-** Justin St. James, Esq., licensed in MA & NH. Appointments are 20 minutes in-person in chronological order. Limit one question/issue. Cost: Free. **\*No tax or immigration questions, please.\***

**Brown Bag "Mobile Market": Tuesday, June 24 from 9:00am to 10:30am-** This once a month service provides a bag of shelf stable groceries for those already approved by AgeSpan. Pick up from The Robb Center. Applications available through AgeSpan, call 978-683-7747.

**Healthy Eating Discussion Group with Cherie Monahan, Public Health Nurse: Wednesday, June 25 at 1:00pm-** Join us to discuss all the ways we can support our physical well-being through healthy eating. New members welcome!

**Technology Help Desk- Tuesdays at 10:00am-11:00am:** Drop-in with your questions about your phone, tablet or other device! Our team of tech experts are here to help!

**Blood Pressure Clinic: Thursdays from 10:00am to 11:30am-** Drop-in free clinic conducted by the Andover Board of Health.



**Meals on Wheels:** Home Delivered Meals are available to Andover seniors. To determine your eligibility, please give us a call at 978-623-8320. Andover residents only.

**SHINE (Serving Health Insurance Needs of Everyone on or eligible for Medicare)** Certified SHINE counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare. To schedule a SHINE appointment, call 978-623-8320 or the local SHINE office: 978-946-1374.



**AndoverTV:** The Robb Center program notices are on cable TV. If your provider is **Comcast, Xfinity** or **Verizon Fios**, we are on their Andover Public & Educational channels. On Comcast, channels 8 & 99. On Verizon, channels 47 & 43.



**Donate your glasses at The Robb Center:** The Lions Club International has recognized the urgent need for corrective lenses and collects usable glasses in their communities to support the Lions Recycle For Sight Program. Drop off your glasses at the front desk. We do **not** accept glass cases.



## JUNE 2025 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2  <b>9:00</b> Quilting Group  <b>10:00</b> Ladies Bridge  <b>Mac &amp; Cheese</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong  <b>1:00</b> Fix-It Shop</p>	<p>3  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Walmart  <b>Orange Flavor Beef</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge  <b>1:00</b> Diabetic Shoe Clinic</p>	<p>4  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:30</b> The Write Stuff  <b>Turkey Chili</b>  <b>12:30</b> Knit Wits  <b>1:00</b> Tap Class  <b>1:30</b> Everyday Challenges with Hearing Loss</p>	<p>5  <b>9:15</b> Chroniclers  <b>10:00</b> DMC  <b>10:00</b> Scale Modeling  <b>10:00</b> Open Art  <b>10:00</b> BP Clinic  <b>Ham &amp; Cheese Quiche</b>  <b>1:00</b> Duplicate Bridge  <b>1:00</b> Knit for Peace  <b>2:00</b> Italiano Club  <b>4:00</b> Ping-Pong  <b>4:00</b> LGBTQ+ Social  <b>6:30</b> Andover At Work Photo Show</p>	<p>6  <b>8:30</b> French Group  <b>9:00</b> "Her" Story  <b>9:30</b> Hearing Aid  <b>9:30</b> Social Circle  <b>9:30</b> ESL  <b>Herb Crusted Haddock</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Tai Chi Fan  <b>1:00</b> Mexican Train Dominoes</p>
<p>9  <b>9:00</b> Quilting Group  <b>10:00</b> Ladies Bridge  <b>10:00</b> Non-Fiction Book Club  <b>Chicken Pesto</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong</p>	<p>10  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Target  <b>Swedish Meatballs</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge</p>	<p>11  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:00</b> Food Pantry  <b>10:30</b> The Write Stuff  <b>Cod w/Peppers</b>  <b>12:30</b> Knit Wits  <b>1:00</b> Tap Class  <b>1:30</b> The History of Emancipation and Juneteenth</p>	<p>12  <b>9:00</b> WOAG  <b>10:00</b> Scale Modeling  <b>10:00</b> Open Art  <b>10:00</b> BP Clinic  <b>Cheese Ravioli</b>  <b>1:00</b> Duplicate Bridge  <b>1:00</b> Knit for Peace  <b>1:30</b> Parkinson's  <b>4:00</b> Ping-Pong  <b>5:30</b> Father's Day Cookout &amp; White Street Band</p>	<p>13  <b>8:30</b> French Group  <b>9:30</b> Social Circle  <b>10:00</b> Andover Photo  <b>10:00</b> ACCC  <b>Shrimp Jambalaya</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Tai Chi Fan  <b>1:00</b> Mexican Train Dominoes  <b>1:00</b> Mend-It Shop</p>
<p>16  <b>9:00</b> Quilting Group  <b>9:30</b> Ask the Lawyer  <b>10:00</b> Ladies Bridge  <b>10:00</b> How to Keep a Sketchbook for Home or Travel- Outdoor Art Class  <b>Beer Battered Fish</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong  <b>1:00</b> Fix-It Shop  <b>1:30</b> Family Caregiver</p>	<p>17  <b>8:30</b> Men's Breakfast  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Walmart  <b>Turkey Pot Pie</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge  <b>1:30</b> Supporting Independence</p>	<p>18  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:30</b> The Write Stuff  <b>Chicken Piccata</b>  <b>12:30</b> Knit Wits  <b>1:00</b> Tap Class  <b>1:30</b> Learn to Play the Ukulele  <b>2:00</b> Diabetes</p>	<p style="text-align: center;">19  <b>CLOSED FOR JUNETEENTH</b>  </p>	<p>20  <b>8:30</b> French Group  <b>9:00</b> "Her" Story  <b>9:30</b> Social Circle  <b>9:30</b> ESL  <b>Meatloaf</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Tai Chi Fan  <b>1:00</b> Mexican Train Dominoes  <b>1:00</b> Zentangle</p>
<p>23  <b>9:00</b> Quilting Group  <b>9:00</b> Sunrise Singers  <b>10:00</b> Ladies Bridge  <b>Pork Lo Mein</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong</p>	<p>24  <b>9:00</b> Brown Bag  <b>9:00</b> Comfort Critters  <b>10:00</b> Tech Help  <b>10:00</b> Wildcard  <b>Sesame Chicken</b>  <b>1:00</b> Mah Jongg  <b>1:00</b> Social Bridge</p>	<p>25  <b>9:30</b> Crafting  <b>9:30</b> Le Cercle  <b>Francofun</b>  <b>10:30</b> The Write Stuff  <b>Baked Ziti w/Meat Sauce</b>  <b>12:30</b> Knit Wits  <b>1:00</b> Tap Class  <b>1:00</b> Healthy Eating</p>	<p>26  <b>10:00</b> Scale Modeling  <b>10:00</b> Open Art  <b>10:00</b> BP Clinic  <b>Birthday Social</b>  <b>1:00</b> Duplicate Bridge  <b>1:00</b> Knit for Peace  <b>1:30</b> Book Club  <b>4:00</b> Ping-Pong</p>	<p>27  <b>8:30</b> French Group  <b>9:30</b> Social Circle  <b>10:00</b> ACCC  <b>Beef Stew</b>  <b>1:00</b> 45s  <b>1:00</b> Social Bridge  <b>1:00</b> Tai Chi Fan  <b>1:00</b> Mexican Train Dominoes</p>
<p>30  <b>9:00</b> Quilting Group  <b>10:00</b> Ladies Bridge  <b>Cheeseburger</b>  <b>1:00</b> Movie Matinee  <b>1:00</b> Hand &amp; Foot  <b>1:00</b> Ping-Pong</p>	 <p><b>Menu items subject to change.</b>  <b>With 24 HOUR NOTICE a vegetarian option is available.</b></p>			

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# Thursday Night Schedule!

- **June 5: LGBTQ+ & Allies PRIDE MONTH Social at 4:00pm-** See Page 1 for details.
- **June 5: Andover At Work by David Whitney at 6:30pm-** “Andover At Work” exhibits selected photographs from a year-long volunteer project by Andover resident David Whitney. He made candid behind-the-scenes images of Town workers at their daily jobs of public service. The project captures the diversity of both the people and the work they do. It aims to recognize these more than 350 frontline workers and to facilitate dialog around the value of their work and how Andover sustains itself as a community.
- **June 12: Father’s Day Cookout and White Street Band at 5:30pm-** See page 1 for details.
- **June 19: Closed For Juneteenth.**
- **June 26: No event planned.**



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**Discovery Center for Civic Engagement Drop-In Office Hours: Thursday, June 5 from 11:00am to 1:00pm-** Looking for guidance or support in finding meaningful volunteer work? The Discovery Center for Civic Engagement is here to help! Drop-in office hours provide an opportunity for you to connect with staff, ask questions, and get advice. Whether you're looking to brainstorm ideas, find resources, or simply need direction, our team is ready to assist. Stop by our booth in The Robb Center lobby on the first Thursday of every month or schedule an appointment. We look forward to helping you make a meaningful impact in your community!



**State Representative Tram Nguyen Office Hours:** State Rep. Tram Nguyen continues to hold virtual office hours on the first Friday of the month, 10-11am, and the third Tuesday, 5-6pm, via Zoom. **The dates for June are Friday, June 6 and Tuesday, June 17.** Please sign up at least 24 hours ahead of time using this link: <https://calendly.com/teamtram/officehours>. You can always email Rep. Nguyen's office to discuss an issue at [tobin.abraham@mahouse.gov](mailto:tobin.abraham@mahouse.gov) or call 617-722-2680.

**Council on Aging Advisory Board Meeting: Wednesday, June 11 at 3:30pm-** Council on Aging Advisory Board (COA)- Ralph Bledsoe, Vice-Chair; Denise Boucher, Gail Bloom, Ed Plowey, Dot Hollenbeck, Christina Vidoli, Judith Agnes, Tim Carron and Kim Butler-Rainen. Meetings are open to the public. To contact a COA member call The Robb Center at 978-623-8320.

**The Andover Commission on Disability (ACOD)** serves as advocates and educators in/around disability rights for full inclusion of people with disabilities addressing the needs of the Town and *its* residents. For resources and information visit the **ACOD** website at: [acod.mhl.org](http://acod.mhl.org)

This month the program participants will be taking a trip to Ironstone Farm in Andover for a touch therapy session with the beautiful, trained horses. We are busy preparing for our summer "Opening Minds Through Art" program in conjunction with an area artist and local high school students. As it is summer, we will be sure to add some ice cream into our schedule! We are always looking for new members to join our group! **NEW!** **Transportation options are now available for both Andover and Non-Andover residents. This may include full day and half-day options.** Please contact The Robb Center at 978-623-8320 to learn more about the Supportive Day Program and available transportation.



*"We can't thank you and the staff enough for all you have done over the last couple of years. Finding this program was like hitting the lottery! We feel very strongly that your program helped Mom remain active and engaged much longer than expected."*

*"My sister was never so happy as when she spent her days at the Supportive Day Program."*

**Opening Minds Through Art (OMA): Wednesdays at 10:00am from July 2 through August 13 (No program July 23rd):** This program is an award-winning, evidence-based, intergenerational art-making program. It was developed at Scripps Gerontology Center, an Ohio Center of Excellence at Miami University. People living with dementia (artists) are paired with volunteers (students, families, caregivers) who are trained to rely on imagination instead of memory and focus on strengths instead of lost skills. This summer, The Robb Center will participate in this art program to foster new relationships and create beautiful art. This opportunity will be open to the public. Registration details to come.



**Sunset Tappers Patriotic Review: Wednesday, July 2 at 1:30pm-**

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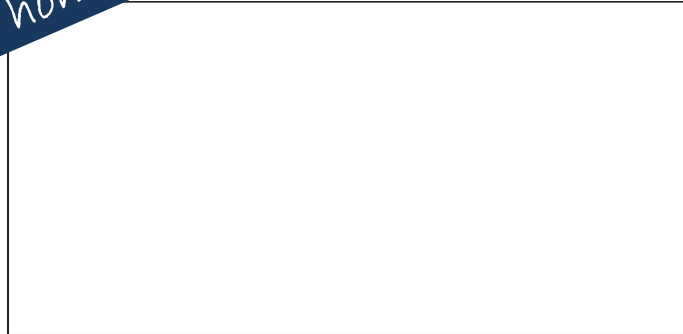
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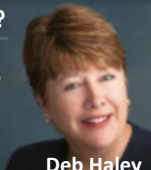
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