

THE ROBB CENTER REPORT

ANDOVER'S SENIOR NEWSLETTER

OCTOBER 2025



FY27 SCRPT (Senior Citizen Residential Property Tax Work Off)

Program: Begins Wednesday, October 1- It's that time of year again! Enrollment/renewal for the SCRPT Program begins Wednesday, October 1! New enrollees must contact Ashley English, Special Services Coordinator at 978-623-8320 for a phone interview. If you are currently enrolled and would like to renew, an email will be sent to you with FY27 renewal paperwork attached. Hard copy renewal forms will also be available at The Robb Center front desk or mailed, upon request. Deadline to enroll/renew is Friday, November 14.

Holiday Bazaar - Save the Date! This year's annual Holiday Bazaar will be on Friday, December 5.

If you would like to donate to our famous White Elephant sale, **we will begin accepting donations on**

Wednesday, October 15 through Friday, November 21. We accept holiday decor, costume jewelry, and other housewares. We do not accept electronics, furniture, textiles, or medical equipment.



Positive Health Impacts of Music and the Brain: Wednesday,

October 22 at 1:30pm- Emerging research on the impact of music on the human brain, both long and short term, is revealing fascinating discoveries on its power to heal, access memory, improve brain chemistry and singing in particular is even being utilized as therapy for stroke and trauma survivors to regain speech. Join us for a discussion on the impacts of voice and music to reignite passion in your own relationship to music. Presented by Kathryn Findlen, a classical performing artist & music educator.



In League with the Devil: Witchcraft Panics in Colonial New England:


Tuesday, October 28 at 2:00pm- The Salem Witchcraft Trials are a well-known tale from early American history. Yet, those events in Salem were not the only, nor the first, witchcraft panics in New England. Paolo DiGregorio will tell the story of Puritans, superstition, and the various witchcraft scares throughout the colonial period. Sponsored by Andover Senior Community Friends.



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 Andover Elder Services values and embraces diversity among our participants, staff, volunteers, and the entire community. We strive to model and promote a culture of respect and inclusivity for all.

30 Whittier Ct, Andover MA 01810 | Phone 978-623-8320 | Email: senior.center@andoverma.us | Web: <https://andoverma.gov/227/Elder-Services>

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Sue Starbird, Food Services Assistant

SOCIAL MEDIA

AndoverElderServices



andover_elder_services

CENTER HOURS

Hours: Mon, Tues, Wed & Fri 8:00am - 4:00pm
Thursday 8:00am - 8:00pm

WHAT IS THE ROBB CENTER?

The Andover Robb Center is the home of the Elder Services Division. We offer a wide variety of programs and services to support the community.

PROGRAM REGISTRATION INFORMATION

For programs that do not have an associated fee, you can register in person, on myactivecenter.com or at the front desk. Some programs with an associated fee might require registration in-person at the front desk or by calling the center only.

Payment is due upon confirmation that the program has met minimum enrollment. Due to popularity, Andover residents are allowed early registration when noted in the program description.

Transportation is available for any Robb Center Event that has this designated blue bus/car symbol. If you are interested in transportation, please let us know when you register for the event.



Phone: (978) 623-8320

Online: www.myactivecenter.com

Email: senior.center@andoverma.us

To stay informed about programs and important updates, sign up for our email blasts by visiting:
andoverma.gov/227/Elder-Services

REFUND POLICY

Should a patron request a refund for a class, trip or event, The Robb Center will fully reimburse a credit towards a future program or class. If the patron would like a refund check mailed to them, the processing fee will be 10% of the full amount.

INCLEMENT WEATHER GUIDANCE

The Robb Center is in the unique position of following both school and town guidelines for weather related delays and cancelations. When **Town offices** are closed due to inclement weather, The Robb Center is closed and programs including transportation are canceled. When a storm is predicted to end by noontime, please contact The Robb Center to verify if we are open or closed, or visit www.andoverma.gov/storm or dial 311 within Andover.

Dull Men's Club: Thursday, October 2 & 16 at 10:00am-

Join us in an informal round table discussion of current events, history, technology, medicine, sports and travel. We do **not** discuss politics or religion.

Non-Fiction Book Club: Monday, October 6 at 10:00am-

This club explores contemporary issues, history, biography and more. Group contact is Joanne. Email: joannedahlgrenma@gmail.com

Income Tax Basics and Key Credits: Tuesday, October 7 at 1:30pm-

This session covers tax basics, what taxes are, who needs to file, and why file even if you're not required to. Learn about common tax forms, valuable federal and MA tax credits, and how to discover money you may be entitled to. Presented by a staff attorney from Northeast Legal Aid's Low-Income Taxpayer Clinic.

High Dose Flu Shot Clinic: Wednesday, October 8 from 9:00am to 11:30am-

Hosted by Andover Health Division for Andover residents aged 65 & older at The Robb Center. Appointments required for each individual. For help signing up for an appointment, please call the Health Division at 978-623-8640.

India: The Touring Route: Wednesday, October 8 at 1:30pm-

Travel with Jack Holmes along the popular touring route that includes Delhi, Jaipur, Agra, and Varanasi. We will visit The Gandhi Memorial, the Jaipur Astrological/Astronomical center, The Taj Mahal, and the Holy Ganges River. Sponsored by Andover Senior Community Friends.

Andover Photo Connection: Friday, October 10 at 10:00am-

Join in this group of photo enthusiasts to share photography techniques, interests and experiences.

**ADU for Senior Living: Wednesday, October 15 at 1:30pm-**

To educate Andover seniors and their families on how Accessory Dwelling Units (ADUs) can support aging in place, multigenerational living, and flexible housing solutions in line with the Massachusetts Affordable Homes Act, which is now in effect.

Coffee & Conversation with the School Committee:**Thursday, October 16 at 10:30am-**

Join the School Committee for coffee & conversation.



This morning forum is a relaxed opportunity to share your thoughts, ask questions, and learn more about the Committee's work in Andover Public Schools.

Broadway Favorites & The American Songbook:**Friday, October 17 at 10:00am-**

Join Bill Donelan & Terri Kelley on Piano while they perform Broadway Favorites and tunes from The American Songbook.

Men's Breakfast: Tuesday, October 21 at 8:30am-

Jimmy D'Andrea, Andover High School Principal and Dr. Parvey, Superintendent will join us to discuss all things Andover Education. Breakfast will be French toast, sausages, home fries, coffee & orange juice. Fee: \$6. Please check in upon arrival.

The Isabella Stewart Gardner Heist- Has Anyone Seen \$500 Million in Art Lying Around Boston?:**Tuesday, October 21 at 1:30pm-**

An hour or so after the 1990 St. Patrick's Day ended, two men dressed as Boston cops entered the Isabella Stewart Gardner Museum, stayed for 90 minutes, and left with 13 pieces of art. None of the priceless items have been found. Numerous suspects have been named over the years but none have been arrested. Many are now dead. Bob Ainsworth will review the details of the theft, the suspects, and the trail of the paintings after the theft. Sponsored by Andover Senior Community Friends.

Birthday Social: Thursday, October 23 at 12:00pm-

All are welcome! The entrée will be Chicken with Mango Salsa. Music by Boston Cowboy Balladeers. Desserts & raffle from Stonehill. Music Sponsored by Andover Senior Community Friends. Registration required. \$3.00 Suggested donation.

**Book Club: Thursday, October 23 at 1:30pm-**

This group discusses a different book every month. This group is currently full.

Lawrence Bread & Roses Strike:**Wednesday, October 29 at 1:30pm-**

Using historic photographs of the strike and workers' own words, Bob Forrant will take us through the 1912 Bread and Roses Strike in Lawrence, MA, which was one of the most significant struggles in U.S. history. Find out why it happened, who was involved, and what made it a success. Sponsored by Andover Senior Community Friends.



Monday through Friday:

Fitness Room Drop-In: Our goal is to help older adults & adults with disabilities remain active, engaged and independent in their community. The fitness room is open the same hours as The Robb Center. This room is free to Andover residents and \$100 a year for non-Andover residents. To schedule an orientation register on myactivecenter.com or call 978-623-8320. Orientations are held on Tuesdays at 10:30am.

Monday:

Quilting Group: 9:00am- 11:00am- Join a group of dedicated quilters to share tips and tricks.

Sunrise Singers: 9:00am- 10:00am- Sunrise Singers is under the new direction of Martha Giguere. This group sings a variety of music and welcomes singers of all levels. This group will perform as ready and meets every Monday for a series of 10 weeks. **Fee: \$40 for 10 week series.**

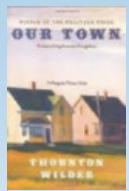
Drawing Class with Steve: 9:30am- For the upcoming schedule and fee refer to myactivecenter.com

Ladies Bridge: 10:00am- 12:00pm- Groups of four players are welcome.

Monday Matinees: 1:00pm- Watch a film on the "big screen". Call 978-623-8320 for updates or stop by the front desk. Our yearly movie license is sponsored by the Andover Senior Community Friends.

Hand & Foot Card Game: 1:00pm- 3:30pm

Ping-Pong: 1:00pm- Drop-in to play a round of Ping-Pong.



Drama Reading Group: Monday, October 6, 20 & 27 at 1:00pm- The first play, *Our Town*, has recently been revived on Broadway with updated casting, so there will be lots to discuss. The 2nd selection will be one of *The Mammary Plays* by Paula Vogel. Books are available online, the library or at the Andover Bookstore where Robb Center drama reader receives a 15% discount. Contact Eileen Reilly at eileenreilly42@gmail.com for signup and with questions.

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Tuesday:

1:1 Fitness with Denise: 8:30am or 9:30am. \$50 for an hour- Experience the personalized attention, safety and effectiveness of a 1:1 exercise training session with Denise Boucher. Sign up individually or as a couple (any couple). These sessions will be held in the fitness room. Registration required by the Monday before at 1:00pm. Register on myactivecenter.com or by calling 978-623-8320.

Comfort Critters: 9:00am- This group creates little comfort critters that are donated to hospitals.

Technology Help Desk: 10:00am- 11:00am- Drop-in with your questions about your phone, tablet or other device!

Mah Jongg: 1:00pm- 3:00pm

Social Bridge: 1:00pm- 3:30pm

Wednesday:

Morning Crafting Group: 9:30am- 11:30am- Crafters wanted! Join this group to make crafts for various fairs that support The Robb Center.

Le Cercle Francofun: 9:30am- French Conversation Group.

The Write Stuff: 10:30am- Unlock your creativity by writing stories, poems, and more in a supportive small group setting. Newcomers welcome. Spaces limited. Meets every 2nd and 4th Wednesday of the month.

Knit Wits: 12:30pm- Join a group of social knitters.

Acrylic Class: 1:00pm- For the upcoming schedule refer to myactivecenter.com. This class has a fee.

Basic Tap Class with Audrey: 1:00pm- All are welcome! New participants contact Audrey at 978-475-4963.

Thursday:

Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:15am- Join a group that produces videos at the Andover TV Studio called "There is Something About Andover". This month we are featuring "Whose Tree is it? How to manage tree damage and liability." Type in andover.tv, click on Watch, click on Programs, scroll down to There is Something About Andover, scroll to 6/1/2024. Click on the arrow at the bottom left hand corner. Enjoy!

Scale Modeling Club: 10:00am- Join a group to discuss, build and share scale models.

Open Art Studio: 10:00am- The members of this group paint together, using different mediums, encouraging creativity and sharing tips. New members welcome.

Duplicate Bridge: 1:00pm- 4:00pm

Knit for Peace: 1:00pm- 2:30pm- Whether you're brand new to knitting and/or crocheting or have been clicking needles for years, all are welcome! Learn to knit with us and create beautiful items for yourself or to donate to charity. If you are a beginner, we have supplies to get you started. Meets every Thursday.

Italiano Club: 2:00- 3:45pm- Join us every 1st & 3rd Thursday of each month. The first hour learn Italian, grammar, reading and speaking. The second hour focuses on Italian culture, music and history.

Ping-Pong: 4:00pm- 8:00pm- Drop-in & play a round of Ping-Pong.

Friday:

Le Petit Dejeuner, the French Conversation Group: 8:30am- Venez parler français dans un cadre convivial en petit groupe. This group is currently full.

Social Circle Mah Jongg: 9:30am- Join us for Mah Jongg. Beginners welcome, we will teach you how to play!

English Listening Skills Series for Chinese Speakers: 9:30am- We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at weixuid@yahoo.com. 隔周五的。

Andover Chinese Charm Circle (ACCC): 10:00am- 参加安多福华人联谊会 Zoom 网上聚会. 请发送电子邮件给 William: weixuid@yahoo.com .

45s Card Playing: 1:00pm- 3:30pm

Social Bridge: 1:00pm- 3:30pm

Mexican Train Dominoes: 1:00pm- Come learn the game. All are welcome. Meets every Friday.

Zentangle Workshop: 3rd Friday of every month. Jean Stewart will teach students the art of Zentangle, stroke by stroke

Fall Craft Sale: Thursday, October 23 from 9:00am to 8:00pm & Friday, October 24 from 9:00am to 2:00pm- Get your Halloween & Thanksgiving decor with us. We have beautiful handmade objects from the Wednesday Crafting Group. Items available include wreaths, Halloween decorations, Thanksgiving centerpieces, and more. Cash & Check Preferred.



Drug Take Back Day: Saturday, October 25 from 10:00am to 2:00pm at West Middle School- The Drug Enforcement Agency (DEA) is holding its next National Prescription Drug Take Back Day, October 25, 2025 from 10am to 2pm at West Middle School, 70 Shawsheen Road. The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.



Help Shape How Our Opioid Settlement Funds Are Spent: Andover is receiving money from companies involved in the opioid crisis to support prevention, treatment, and recovery. Even if you haven't been directly impacted, your input matters—friends, family, and neighbors have. Go to www.andoverma.gov to take a quick survey on how to best support our town during the month of October. Paper copies available at: The Robb Center, Memorial Hall Library, 1st floor lobby of Old Town Hall.



Podiatry Appointments:

We offer podiatry appointments at The Robb Center on Wednesdays. These appointments fill up fast. Call 978-623-8320 for more details and to schedule an appointment.



Need locker space?

We are renting out lockers here at The Robb Center for \$10 per month. Keep your fitness gear and items here at The Robb Center. Locks are provided. Lockers are limited and are first come, first served.



No Cost Home Visit Flu Shot

Are you unable to attend our fall flu clinic due to difficulty leaving your home because of a medical or mobility reasons, we're here to help. Our Public Health Nurse will come to you and administer your flu shot safely and conveniently in your home.

Call the Health Division to schedule your visit today!
978-623-8640

Donate your glasses at The Robb Center: The Lions Club International has recognized the urgent need for corrective lenses and collects usable glasses in their communities to support the Lions Recycle For Sight Program. Drop off your glasses at the front desk.

We do not accept glass cases.



Hospital Equipment Loan Program: Offered by Masonry In Action who will lend, at no cost, home-use health/hospital equipment to those in need. This organization also accepts donations. Saturdays only from 9:00am to 12:00pm. Call 781-322-1052 or visit our website <https://smd-help.org>



Andover on the Go

We're Here to Get You There!

The Robb Center offers many transportation options to meet the needs of residents.



Medical Transportation for Day Procedures



For day procedures requiring anesthesia, we've partnered with an agency to provide a specialized ride with a dedicated aide to be your responsible party and driver. *No need to put off that medical procedure!*

Medical Transportation

This volunteer driver service allows two donation-based medical rides per month. More than two rides will incur a required fee.

Townie Trips

Need a ride? We offer friendly, reliable rides in Andover and surrounding areas.

Shopping & Grocery Trips/Rides to the Robb Center

Weekly trips on Tuesdays and Thursdays. See calendar or call for details. Call for rides to and from the center.

GoGo/Uber Voucher Program

Uber rides to and from The Robb Center on Thursday evenings and when drivers are not available. **No smartphone needed!**

To participate in any of the transportation options please call **978-623-8320** for details, scheduling and eligibility information.

Transportation



Medical Transportation



Townie Trips



Go Go & Vouchers



Shopping Trips

Robb Center Bus Trips

Registration opens Friday, October 3 at 9:00 am for Andover residents & Wednesday, October 8 for non-Andover residents. Costs vary, seats limited.

Massachusetts State House



November 5- Meet your state representatives and tour the State House. Lunch generously provided by the state representatives. \$10 for transportation.

Lowell Cemetery Walking Tour



November 12 - The tour will focus on art & history and explore early mourning customs. Learn about the significance of Victorian monument symbols and listen to engaging anecdotes about the people buried here. Wear comfortable walking shoes. Lunch TBD. \$10 for transportation.

JFK Library



November 19- Relive the Kennedy era in this dynamic combination museum and library, where your visit starts with a short film and then leaves you to explore a series of fascinating exhibits. \$28 for museum ticket & transportation. Lunch at the museum café, paid individually onsite.

The Robb Center needs at least 48 hours notice of cancelation from a trip to issue a credit for transportation. Cancellations with less than a 48 hour notice, will not result in a credit.

Prices subject to change.

Parkinson’s Disease Support Group: Thursday, October 9 at 1:30pm- Lauren Connolly, Speech Language Pathologist, Powerback to You will speak on *Therapeutic Benefits of LSVT Loud*. **Registration required. Please call Kristine to register at 978-623-8320.**



Memory Café: Friday, October 10 at 10:00am at Memorial Hall Library- In partnership with the Memorial Hall Library, we are hosting Memory Cafés on the second Friday of every month. Memory Cafés offer a welcoming environment for individuals facing memory challenges and their caregivers to connect, share experiences, and find support. Please visit mhl.org/calendar for details on the featured activity and to register. Refreshments will be served. Memory Cafés offer a welcoming environment for individuals facing memory challenges and their caregivers to connect, share experiences, and find support.



Diabetes Support Group: Wednesday, October 15 at 2:00pm- Join Cherie Monahan, MSN, RN, CPNP-PC, Andover Public Health Nurse in the Diabetes Support Group to discuss lifestyle, healthy eating and more. All are welcome. Registration requested.



Family Caregiver Support Group: Monday, October 20 at 1:30pm- Join us for a support group for family caregivers to connect with others, share concerns and learn about available resources. Registration requested.



Healthy Eating Discussion Group with Cherie Monahan, RN: Wednesday, October 22 at 1:00pm- Join us to discuss all the ways we can support our physical well-being through healthy eating. All are welcome! Registration requested.



Bereavement Support Group: Wednesdays at 2:00pm- Look for our next session in January 2026. Our group supports each other and discusses some of the ways the loss of someone significant can affect our lives. Registration is always required because seats are limited. Registration is required by emailing susan.toleos@tuftsmedicine.org. For any support assistance needed outside of the current 9-week program, please contact Susan Toleos at susan.toleos@tuftsmedicine.org.



Narcotics Anonymous Meeting: Meetings at The Robb Center, Tuesdays from 6:30pm to 7:30pm- The Andover Coconuts Group of Cocaine Anonymous is a 12 Step Big Book Topic, Speaker, Discussion meeting. All are welcome, no registration necessary! *While the name “Cocaine Anonymous” might sound drug-specific, we wish to assure you that our program is not.* With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. It doesn’t matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!



ALCOHOLICS ANONYMOUS® Meetings at The Robb Center: Thursdays, 7:00pm to 8:00pm- ALCOHOLICS ANONYMOUS® is a fellowship of people who share their experience, strength and hope with each other that they solve their common problem and help others to recover from alcoholism. Open meeting, no registration required.



Food RESOURCES

Food Pantry: Wednesday, October 8 from 10:00am to 12:00pm- The Merrimack Valley YMCA Mobile Food



Pantry will be at The Robb Center the 2nd Wednesday of every month. Food bags will be distributed on a first come, first served basis.

Brown Bag “Mobile Market”: Tuesday, October 28 from 9:00am to 10:30am- This once a month service



provides a bag of shelf stable groceries for those already approved by AgeSpan. Pick up from The Robb Center. Applications available through AgeSpan, call 978-683-7747.

Meals on Wheels: Home Delivered Meals are available to Andover seniors. To determine your eligibility, please give us a call at 978-623-8320. Andover residents only.



REPAIRS

Fix-It Shop: Monday, October 6 & 20 from 1:00pm to 3:00pm- Bring your lamps, small appliances, chairs,



small tables and any other small project & this group will try to fix it! Cost: \$5 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents. \$2 diagnostics fee.

Mend-It Shop: Friday, October 10 & 24 from 1:00pm to 3:00pm- Bring in 3 items, get one item mended for free. Free consultations. If unsatisfied, we will fix your item for free.



Button fixes: \$1.
Hems: Jeans, dresses, pants & blouses \$5, \$10 if requires cutting.
Pant pockets fixed/replaced: \$8.

***NEW!* Keepsake Pillows:**

Transform cherished clothing into a comforting keepsake pillow. Come chat with our menders for a quote.

**Simple fixes only. 3 article limit per customer. Additional charges for non-Andover Residents. We will not be held responsible for any damage or loss that may occur during the repair process.*



Medical

Hearing Aid Checks/Cleanings and Hearing Screenings: Friday, October 10 from 9:30am to 10:30am- Wendy Ring from the



Andover Hearing Center, LLC. Drop-in clinic.

Blood Pressure Clinic: Thursdays from 10:00am to 11:30am-Drop-in free clinic conducted by the Andover Board of Health.



SHINE (Serving Health Insurance Needs of Everyone on or eligible for Medicare): Medicare Open Enrollment: October 15 through December 7. Open Enrollment is



your opportunity to review your Medicare plans with a SHINE counselor to learn about what you can expect with your current plan in 2026, or to learn about all options that may be most cost-effective for you. Medicare plans can change annually, and changes are expected for 2026. This can affect your health care and drug costs. To schedule a SHINE appointment, call 978-623-8320 or the SHINE office: 978-946-1374.

PERSONAL SUPPORT

Ask the Lawyer: Tuesday, October 7 from 1:00pm- Justin St. James, Esq., licensed in



MA & NH. Appointments are 20 minutes in-person in chronological order. Limit one question/issue. Cost: Free. ***No tax or immigration questions, please.***

Technology Help Desk: Tuesdays at 10:00am- Drop-in with your questions about your phone, tablet or other device! Our team of tech experts are here to help!



What’s On Now & Next: Find descriptions of current Robb Center lectures and programs on Andover TV. On Cable TV (Verizon Channel 47 and Xfinity Channel 8) **OR** on your smartphone. Download the Andover TV App from the App Store; Activate and click on the TV-Andover-Public icon. Programs are listed during Bulletin Board evening hours. <https://andovertv.org>



OCTOBER 2025 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">Join us for Congregate Lunch! Monday through Friday at 12:00pm</p> <p style="text-align: center;">Registration required on myactivecenter.com or by calling 978-623-8320.</p> <p style="text-align: center;">Cost: \$3.00 Suggested donation.</p> <p style="text-align: center;">The hot meal being served is listed daily in blue. Menu items subject to change. With 24 HOUR NOTICE a vegetarian option is available.</p>		<p>1 8:00 FY27 SCRPT 9:30 Crafting 9:30 Le Cercle Francofun Sesame Chicken 12:30 Knit Wits 1:00 Tap Class</p>	<p>2 9:15 Chroniclers 10:00 DMC 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Orange Flavor Beef 1:00 Duplicate Bridge 1:00 Knit for Peace 2:00 Italiano Club 4:00 Ping-Pong 6:00 LGBTQ+ Allies</p>	<p>3 8:30 French Group 9:30 Social Circle-Mah Jongg 10:00 ACCC Flounder w/Peppers 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Mexican Train Dominoes</p>
<p>6 9:00 Quilting Group 9:00 Sunrise Singers 10:00 Ladies Bridge 10:00 Non-Fiction Book Club Chicken Piccata 1:00 Movie Matinee 1:00 Hand & Foot 1:00 Ping-Pong 1:00 Fix-It Shop</p>	<p>7 9:00 Comfort Critters 10:00 Tech Help 10:00 Walmart Swedish Meatballs 1:00 Mah Jongg 1:00 Social Bridge 1:00 Ask the Lawyer 1:30 Income Tax Basics & Key Credits</p>	<p>8 9:00 High Dose Flu 9:30 Crafting 9:30 Le Cercle Francofun 10:00 Food Pantry 10:30 The Write Stuff Salmon Croquette 12:30 Knit Wits 1:00 Tap Class 1:30 India: The Touring Route</p>	<p>9 9:00 WOAG 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Pulled Pork Sandwich 1:00 Duplicate Bridge 1:00 Knit for Peace 1:30 Parkinson's 4:00 Ping-Pong 5:00 Hispanic Latino Heritage Month Dinner</p>	<p>10 8:30 French Group 9:30 Hearing Aid 9:30 Social Circle-Mah Jongg 9:30 ESL 10:00 Andover Photo Turkey Shepherd's Pie 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 MT Dominoes 1:00 Mend-It Shop</p>
<p>13 CLOSED FOR COLUMBUS DAY</p> 	<p>14 9:00 Comfort Critters 10:00 Tech Help 10:00 Target Beer-Battered Fish 1:00 Mah Jongg 1:00 Social Bridge</p>	<p>15 9:30 Crafting 9:30 Le Cercle Francofun Sweet & Sour Chicken 12:30 Knit Wits 1:00 Tap Class 1:30 ADUs for Senior Living</p>	<p>16 9:15 Chroniclers 10:00 DMC 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic 10:30 Coffee & Conversation Roast Pork 1:00 Duplicate Bridge 1:00 Knit for Peace 2:00 Italiano Club 4:00 Ping-Pong</p>	<p>17 8:30 French Group 9:30 Social Circle-Mah Jongg 10:00 ACCC 10:00 Broadway Favorites Baked Ziti w/Meat Sauce 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Mexican Train Dominoes 1:00 Zentangle</p>
<p>20 9:00 Quilting Group 9:00 Sunrise Singers 10:00 Ladies Bridge Chicken Broccoli Alfredo 1:00 Movie Matinee 1:00 Hand & Foot 1:00 Ping-Pong 1:00 Fix-It Shop</p>	<p>21 8:30 Men's Breakfast 9:00 Comfort Critters 10:00 Tech Help 10:00 Walmart Braised Beef w/ Paprika 1:00 Mah Jongg 1:00 Social Bridge 1:30 The Isabella Stewart Gardner Heist</p>	<p>22 9:30 Crafting 9:30 Le Cercle Francofun 10:30 The Write Stuff Lemon Pepper Cod 12:30 Knit Wits 1:00 Tap Class 1:00 Healthy Eating 1:30 Positive Health Impacts of Music</p>	<p>23 FALL CRAFT SALE 9:00 WOAG 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Birthday Social 1:00 Duplicate Bridge 1:00 Knit for Peace 1:30 Book Club 4:00 Ping-Pong 6:00 Positive Health Impacts of Music</p>	<p>24 FALL CRAFT SALE 8:30 French Group 9:30 Social Circle-Mah Jongg 9:30 ESL Shrimp Scampi 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Mexican Train Dominoes 1:00 Mend-It Shop</p>
<p>27 9:00 Quilting Group 9:00 Sunrise Singers 10:00 Ladies Bridge Macaroni & Cheese 1:00 Movie Matinee 1:00 Hand & Foot 1:00 Ping-Pong</p>	<p>28 9:00 Brown Bag 9:00 Comfort Critters 10:00 Tech Help 10:00 Wildcard Beef & Bean Quesadilla 1:00 Mah Jongg 1:00 Social Bridge 2:00 In League with the Devil</p>	<p>29 9:30 Crafting 9:30 Le Cercle Francofun Ham & Cheese Quiche 12:30 Knit Wits 1:00 Tap Class 1:30 Lawrence Bread & Roses</p>	<p>30 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Creole Catfish 1:00 Duplicate Bridge 1:00 Knit for Peace 4:00 Ping-Pong 6:00 Halloween DJ Dance Party with George Landers</p>	<p>31 8:30 French Group 9:30 Social Circle- Mah Jongg 10:00 ACCC Sloppy Joe 1:00 45s 1:00 Social Bridge 1:00 Tai Chi Fan 1:00 Mexican Train Dominoes</p>

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THURSDAY NIGHT SCHEDULE!

- **October 2: LGBTQ+ Allies Social at 6:00pm-** Crosby Elliot, Estate Planning and Estate Administration Attorney will present on Estate Planning.
- **October 9: Hispanic Latino Heritage Month Dinner at 5:00pm-** Join us to celebrate Hispanic Latino Heritage Month - The main entree will be Enchiladas - \$13 - live Music. Sponsored by the Andover Senior Community Friends.
- **October 16: No event scheduled.**
- **October 23: Positive Health Impacts of Music and the Brain at 6:00pm-** Emerging research on the impact of music on the human brain, both long and short term, is revealing fascinating discoveries on its power to heal, access memory, improve brain chemistry and singing in particular is even being utilized as therapy for stroke and trauma survivors to regain speech. Join us for a discussion on the impacts of voice and music to reignite passion in your own relationship to music. Presented by Kathryn Findlen, mezzo soprano, a classical performing artist and music educator.
- **October 30: Halloween Dance Party with DJ George Landers at 6:00pm-** Come to our Halloween DJ Dance Party for a night of frightfully good fun! DJ George Landers is back with all the best tunes to get you on the dance floor. Wear your spookiest, silliest, or most creative costume and enjoy some tasty treats. Sponsored by Andover Senior Community Friends.

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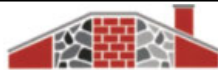
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State Representative Tram Nguyen Office Hours: State Rep. Tram Nguyen continues to hold virtual office hours on the first Friday of the month, 10-11am, and the third Tuesday, 5-6pm, via Zoom. **The dates for October are Friday, October 3 and Tuesday, October 21.** Please sign up at least 24 hours ahead of time using this link: <https://calendly.com/teamtram/officehours>. You can always email Rep. Nguyen's office to discuss an issue at tobin.abraham@mahouse.gov or call 617-722-2680.

Council on Aging Advisory Board Meeting: Wednesday, October 8 at 3:30pm- Council on Aging Advisory Board (COA): Ralph Bledsoe- Chair, Denise Boucher- Vice-Chair, Gail Bloom- Secretary, Fran Gikow, Ed Plowey, Judith Agnes, Tim Carron and Kim Butler-Rainen. Meetings are open to the public. To contact a COA member call The Robb Center at 978-623-8320.

SHINE Zoom Session: Wednesday, October 22 from 5:00 to 7:00 pm- Learn about the structure of Medicare, when to enroll, and helpful tips to choose plans that suit you, your lifestyle and your Medicare insurance needs. Sessions will be presented by a certified SHINE Counselor who provides unbiased Medicare health insurance information and will help guide you through your Medicare options. You are invited to attend an "Introduction to Medicare" zoom session with SHINE. Copy & paste the link into your browser to register or call 978-946-1374 and ask for the link to be sent to you via email.

<https://us02web.zoom.us/meeting/register/AHQvfpgiRjQTI2ZGfZpB-w>

The Andover Commission on Disability (ACOD) serves as advocates and educators in/around disability rights for full inclusion of people with disabilities addressing the needs of the Town and *its* residents. For resources and information visit the **ACOD** website at: acod.mhl.org

THE CONNECTIONS PROGRAM at The Robb Center provides an individualized package of programs and services designed to enhance the quality of a senior's life and enable them to participate in a variety of activities in both a community setting and at home. **The Connection Club** is located at The Robb Center and includes a variety of activities such as music, exercise, pet therapy, art, cognitive stimulation games and outings.

Operates Monday through Friday 8:30am - 3:00pm

- Participants may join us for full or half days depending on program availability and scheduling.
- Nutritious lunch provided daily.
- Transportation available upon request.

CONNECTIONS-AT-HOME is a companion program offering stimulating activities for seniors seeking connection and engagement in the privacy and comfort of their home.

Operates Monday through Friday 8:30am - 3:45pm at participants' homes.

- Participants can schedule visits at a two-hour minimum within operating hours and contingent on companion availability.

The Connections Club participants are looking forward to lots of fun during the month of October. We will discuss the origins of Halloween and decorate our program room with a variety of fall themed crafts. We plan to paint pumpkins to decorate our homes. The group will attend many of the fascinating presentations at The Robb Center.



Women’s Outdoor Adventure Group (WOAG): Thursday, October 9 & 23 - For each individual hike, participants must register on myactivecenter.com or by calling us at 978-623-8320. If you have questions about the group, contact Jane Gifun at fleecy.godmother@verizon.net. For any participation in Adventure Groups, participants must sign our “Waiver for 2025” form once a year (found on our website, www.andoverma.gov/227/Elder-Services) or at the front desk. For each individual hike, participants must register on myactivecenter.com or by calling us at 978-623-8320.

Hiking on wooded trails can be challenging and present the participant with risks due to the wide variety of conditions. Please note that cell service is not always available on the trails and in the case of emergency it might take First Responders longer to reach your location. Leaders are not certified to administer first aid and have discretion to disallow a hiker based upon safety concerns. Hikers assume all responsibility for their personal safety and are required to dress appropriately for the conditions and carry water.



Golf at Hillview: Tuesdays at 11:00am- Looking for a great group to golf with? Join this casual league of golfers on Tuesday mornings. Men & women are welcome. This group does not teach people how to play golf. \$30 for 9 holes and a cart, \$20 without a cart, paid onsite. Location: Hillview Golf Course at 149 North St., North Reading, MA. Everyone must sign a 2025 Participation Waiver. **For every outing, please register by the Friday before. Register by calling 978-623-8320 or on myactivecenter.com. Space limited.** Please notify The Robb Center if you have to cancel your registration.



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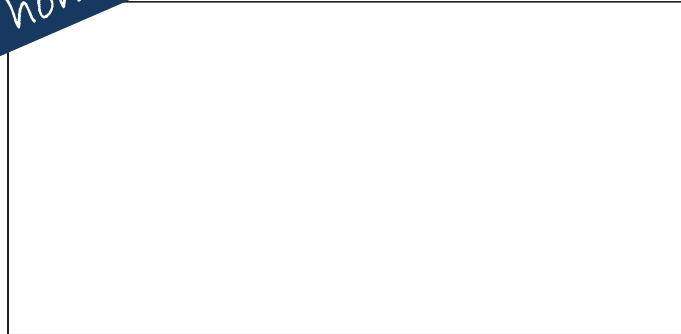
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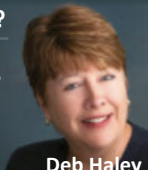
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