

THE ROBB CENTER REPORT

ANDOVER'S SENIOR NEWSLETTER

April 2026



The Robb Center Five Year Anniversary- Thursday, April 16 at 1:00pm- Can you believe it has been five years already? Join us in celebrating The Robb Center's five year anniversary of our reopening. Enjoy some cake while reminiscing about fun times at The Robb Center!

A Matter of Balance: Wednesdays, April 22 through June 17 (No meeting May 6) from 9:00am to 11:00am- Are you concerned about falling? This 8-week workshop is an evidence based program from the National Council on Aging designed to reduce the fear of falling by learning to view falls as controllable. A Matter of Balance will help seniors set goals for increasing activity levels, encourage small changes to reduce fall risks at home, and discover ways to exercise to increase strength and balance. Free to Andover residents, \$25 fee for non-residents. This is not a fitness class. Registration required, seats limited.



Annual Town Meeting Preview- Wednesday, April 22 at 1:30pm- Join Town officials to learn more and ask questions about key articles that will be considered at the 2026 Annual Town Meeting. See page 7 for more information on transportation to the 2026 Annual Town meeting.



Mother's Day Luncheon & Fashion Show: Thursday, May 7 at 12:00pm- Join us for an entrée of Haddock Vin Blanc w/Leeks & Dill and a Fashion Show. The Andover Thrift Store has graciously volunteered to outfit our models. Cost: \$13. Registration for Andover residents begins on Wednesday, April 22 at 9:00am. Non-residents may register on Friday, April 24 at 9:00am. Registration required, seats limited. Sponsored by Andover Senior Community Friends.



WHAT'S INSIDE

- P2** General Information
- P3** Monthly/Bi-Monthly Programs
- P4** Weekly Programs
- P5** Weekly Programs cont.
- P6** Highlights & Stay Active
- P7** Transportation/Trips
- P8** Support Groups
- P9** Resources
- P10** April Calendar & Menu
- P12** Thursday Nights
- P13** Important Information/Connections Programs
- P14** Andover Senior Community Friends/Connections At-Home



Andover Elder Services values and embraces diversity among our participants, staff, volunteers, and the entire community. We strive to model and promote a culture of respect and inclusivity for all.

Director of Elder Services

Jane Burns
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Assistant Director

Kelly McShane
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Social Work/Outreach

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Pat Kelly, Haley DeMarco

Connections Club Coordinator

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Nutrition Staff

Jim Swasey, Nutrition Manager
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Sue Starbird, Food Services Assistant

Transportation

Chris Conway
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SOCIAL MEDIA

AndoverElderServices



andover_elder_services

CENTER HOURS

Hours: Mon, Tues, Wed & Fri 8:00am - 4:00pm
Thursday 8:00am - 8:00pm

WHAT IS THE ROBB CENTER?

The Andover Robb Center is the home of the Elder Services Division. We offer a wide variety of programs and services to support the community.

PROGRAM REGISTRATION INFORMATION

For programs that do not have an associated fee, you can register in person, on myactivecenter.com or at the front desk. Some programs with an associated fee might require registration in-person at the front desk or by calling the center only. Payment is due upon confirmation that the program has met minimum enrollment. Due to popularity, Andover residents are allowed early registration when noted in the program description.

Transportation is available for any Robb Center Event that has this designated blue bus/car symbol. If you are interested in transportation, please let us know when you register for the event.



Phone: (978) 623-8320

Online: www.myactivecenter.com

Email: senior.center@andoverma.us

To stay informed about programs and important updates, sign up for our email blasts by visiting: andoverma.gov/227/Elder-Services

REFUND POLICY

Should a patron request a refund for a class, trip or event, The Robb Center will fully reimburse a credit towards a future program or class. If the patron would like a refund check mailed to them, the processing fee will be 10% of the full amount.

INCLEMENT WEATHER GUIDANCE The Robb Center is in the unique position of following both school and town guidelines for weather related delays and cancellations. When Town Offices are closed due to inclement weather, The Robb Center is closed and programs including transportation are canceled. When a storm is predicted to end by noontime, please contact The Robb Center to verify if we are open or closed, or visit www.andoverma.gov/storm or dial 311 within Andover.

Dull Mens Club: Thursday, April 2 & 16 at 10:00am- Join in on an informal round table discussion of current events, history, technology, medicine, sports and travel. We do not discuss politics or religion.



Andover High School Robotics Club Demonstration: Thursday, April 2 at 11:00am- Get geared up! Join us for a robotics demonstration from the Andover Robotics Team Lightning and see their latest creations!



The Six Pillars of Brain Health: Tuesday, April 7 at 1:30pm-



A lifestyle that supports brain health can make a difference to your well-being throughout your life. This session is a good overview for anyone interested in improving their brain health and will provide actionable steps you can take along with resources to learn more.

Staying in Control: Planning Today for Peace of Mind Tomorrow: Wednesday, April 8 at 1:30pm-

Join us for a panel of presenters discussing topics on: Medical Planning by Compassus Hospice, Home Care Planning by Andover In-Home Care, and Financial Planning by Torque Financial Group.



Andover Photo Connection: Friday, April 10 at 10:00am- Join in this group of photo enthusiasts to share photography techniques, interests and experiences.



Ethics and Lying: What is Morally Right?: Friday, April 10 at 12:30pm- Join a roundtable event to discuss philosophy questions with Phillips Academy high schoolers on the philosophy of morals and unpacking real life ethical problems. Hosted by OMNIA Philosophy. All are welcome. Registration requested.



Considering Care at Home? Coffee Hour: Tuesday, April 14 at 1:30pm-The Adult Foster Care (AFC) program is a Medicaid (MassHealth) benefit that supports families caring for loved ones at home by providing a tax-free stipend of up to \$18,000 per year, along with monthly visits from a nurse and case manager. This program helps ensure caregivers have the resources and professional support they need to provide safe, effective care—all while allowing individuals to remain in the comfort of their home.



A Walk Down Essex St.: Wednesday, April 15 at 1:30pm- Join Joe Ponti for part two of his memoirs of growing up in Lawrence circa 1950-60's. Take a nostalgic walk down Essex St. from Union Street to Broadway and visit all the old places we knew so well like Ritz's Diner or the Racket Store. Come in with your own memories and walk along with Joe as he shares his. *It does not matter if you heard part one that was given a few years ago.



Circa 1950- Collection of Cecil Nicoll

Managing Security on Our Smart Devices: Tuesday, April 21 at 1:30pm- We discuss the most common ways our information can be compromised on our personal devices, and what steps we can take to protect our online identities. Presented by KevTech.



Learn About Andover Wildlife and Rodent Poisons- Thursday, April 23 at 2:00pm- No one wants rodents in their homes or properties, but the solutions offered by using current forms of rodenticides have a toxic impact on our natural world. The current generation of rodenticides are finding their way into our nature, our water, even our pets. Learn about how toxic poisons are impacting our Town and what effective and cost equivalent alternatives can be used instead. By Protect Andover Wildlife



Birthday Social: Thursday, April 23 at 12:00pm- All are welcome. The entrée will be Chicken w/Pineapple Salsa. Desserts & raffle from Stone Hill. Music by Liam Foley. Sponsored by Andover Senior Community Friends. Registration required. Cost: \$3.00 suggested donation.



Book Club: Thursday, April 23 at 1:30pm- Join our book club! This group discusses a different book every month.



Monday through Friday:

Fitness Room Drop-In: Our goal is to help older adults & adults with disabilities remain active, engaged and independent in their community. The fitness room is open the same hours as The Robb Center. This room is free to Andover residents and \$100 a year for non-Andover residents. To schedule an orientation register on myactivecenter.com or call 978-623-8320. Orientations are held on Tuesdays at 10:30am.

Monday:

Quilting Group: 9:00am- 11:00am- Join a group of dedicated quilters to share tips and tricks.

Sunrise Singers: 9:00am- 10:00am- **No meeting 4/13.*4/27 meeting location change, please inquire**

Sunrise Singers directed by Martha Giguere. This group sings a variety of music and welcomes singers of all levels. Meets every Monday for a series of 10 weeks. Meets at The Robb Center. No fee.

Drawing Class with Steve: 9:30am- For the upcoming schedule and fee refer to myactivecenter.com

Ladies Bridge: 10:00am- 12:00pm- Groups of four players are welcome.

Monday Matinees: 1:00pm- Watch a film on the "big screen". Call 978-623-8320 for updates or stop by the front desk. Our yearly movie license is sponsored by the Andover Senior Community Friends.

Hand & Foot Card Game: 1:00pm- 3:30pm

Ping-Pong: 1:00pm- Drop-in to play a round of Ping-Pong.



Short Stories Group: Mondays, in April at 1:00pm- We will begin with the first two stories in the book *The Best American Short Stories 2025*, edited by Celeste Ng and will continue meeting every other Monday through May. All meetings will be on **Zoom** and are limited to 18 participants. Books are available from the library, online, or from our local Andover Book Store which offers a 15% discount to purchasers who identify as part of The Robb Center Short Story group. Contact Eileen Reilly at eileenreilly42@gmail.com for more information or to register.



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NO APPLICATION, ENROLLMENT OR CONSULTING FEES

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Tuesday:

1:1 Fitness with Denise: 8:30am or 9:30am. \$50 for an hour- Experience the personalized attention, safety and effectiveness of a 1:1 exercise training session with Denise Boucher. Sign up individually or as any couple combination. Sessions will be held in the fitness room. Registration required by the Monday before at 1:00pm. Register on myactivecenter.com or by calling 978-623-8320.

Comfort Critters: 9:00am- 11:00am- This group creates little comfort critters that are donated to hospitals.

Technology Help Desk: 10:00am- 11:00am- Drop-in with your questions about your phone, tablet or other device!

Mah Jongg: 1:00pm- 3:00pm

Social Bridge: 1:00pm- 3:30pm

Wednesday:

Morning Crafting Group: 9:30am- 11:30am- Crafters wanted! Make crafts for various fairs that support The Robb Center.

Le Cercle Francofun: 9:30am- 10:30am- French Conversation Group.

Ukulele Jam Session: 10:00am- 11:30am: Every 1st & 3rd Wednesday. Bring your ukulele. Join our practice group to play and sing. Beginners welcome. No instructions provided. No fee. Registration required. Led by Linda Piette.

The Write Stuff: 10:30am- 12:30pm- Come share your poems, essays, short stories, or novels. All levels welcome every 2nd and 4th Wednesday of the month.

Knit Wits: 12:30pm-2:30pm- Join a group of social knitters.

Acrylic Class: 1:00pm- 2:30pm- For the upcoming schedule refer to myactivecenter.com. This class has a fee.

Basic Tap Class with Audrey: 1:00pm- 4:00pm- All are welcome! New participants contact Audrey at 978-475-4963.

Thursday:

Andover Chroniclers Meeting: Every 1st and 3rd Thursday at 9:15am-10:00am- We are the Chroniclers, with a show called "There is Something about Andover". We produce videos at Andover TV studio shown on local TV channels. This month we are featuring one of The Robb Centers most popular groups "The Fix-it Shop". Go to andover.tv, click Watch, then Programs, scroll down to TISAA (There is Something About Andover), scroll to 7/2024 "The Fix it Shop". Enjoy.

Scale Modeling Club: 10:00am- 11:30am- Join a group to discuss, build and share scale models.

Open Art Studio: 10:00am- 12:00pm- The members of this group paint together, using different mediums, encouraging creativity and sharing tips. New members welcome.

Duplicate Bridge: 1:00pm- 4:00pm

Knit for Peace: 1:00pm- 2:30pm- Learn to knit with us and create beautiful items for yourself or to donate to charity. We have supplies to get you started. Meets every Thursday.



Stamp Club: Every 1st and 3rd Thursday at 1:00 pm- Join a group of stamp collectors. The club provides a venue for collectors to meet, share their passion, and exchange information about the hobby. New members encouraged. Drop-in and meet the group.

Italian Club: 1:00- 3:45pm- Join us every 1st & 3rd Thursday of each month, unless stated. The first half learn Italian, grammar, reading and speaking. The second half focuses on Italian culture, music and history.

Ping-Pong: 4:00pm- 8:00pm- Drop-in & play a round of Ping-Pong.

Friday:

Le Petit Dejeuner, the French Conversation Group: 8:30am- 10:00am- Venez parler français dans un cadre convivial en petit groupe. This group is currently full.

Social Mah Jongg: 9:30am- 12:00pm- Social Mah Jongg group. This group is currently full.

English Listening Skills Series for Chinese Speakers: 9:30am- We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at weixuid@yahoo.com. 隔周五的.

Andover Chinese Charm Circle (ACCC): 10:00am– 11:00am-参加安多福华人联谊会 Zoom 网上聚会请发送电子邮件给 William: weixuid@yahoo.com .

45s Card Playing: 1:00pm- 3:30pm

Social Bridge: 1:00pm- 3:30pm

Mexican Train Dominoes: 1:00pm- Come learn the game. All are welcome. Meets Fridays.

Zentangle Workshop: 3rd Friday of every month. Jean Stewart will teach students the art of Zentangle. Refer to myactivecenter.com for the upcoming schedule. Fee: \$10.



This **National Volunteer Month**, we're shining a light on the people who make our work happen. Your daily contributions are the heartbeat of our community and the scale of your impact is nothing short of incredible. Take a look at the "big picture" below to see the numbers behind your hard work. We are so grateful you've chosen to share your time and talent with us!

- **Number of Volunteers: 224**
- **Total Hours of Service: 18,731**
- **Economic Impact: \$365,122.34**



Andover Volunteer
Referral Network
avn

Andover Elder Services Volunteer Referral Network

Looking to volunteer but not quite sure where to start? We're here to help you find your perfect way to give back! Speak with a Volunteer Facilitator to find a role tailored to your interests, skills, and schedule. Information is available on local non-profits that need your help. Stop by The Robb Center or call the front desk to make an appointment!

NEW DAY ADDED Walking Hours at the Cormier Youth Center: **Every Tuesday, Thursday & Friday from 8:30am to 10:00am**- Come to the Andover Youth Center (40 Whittier Ct.) to walk the gym. The gym is open for walkers to keep up with their walking routine through the cold winter months. This is a drop-in program. No registration required. Sign in once you get to the gym. Please fill out a 2026 Participation Waiver form to participate. Waivers will be provided at the Cormier Youth Center.



***No walking hours the week of April 20. The last Walk The Gym opportunity will be on Thursday, April 30.**



Women's Outdoor Adventure Group (WOAG): Thursday, April 9 & 23. Location TBD- For each individual hike, participants must register on myactivecenter.com or by calling us at 978-623-8320. If you have questions about the group, contact Jane Gifun at fleecy.godmother@verizon.net. For any participation in WOAG, participants must sign our Participation Waiver for 2026 located on our website andoverma.gov/227/Elder-Services or at the front desk.

Robb Center Golf League- Tuesday mornings April 14 through October 13. Location at Hillview Golf Course, North Reading. Season Membership \$18 fee- To register for this group, please stop by The Robb Center front desk to:

- Pay your \$18 membership fee
- Sign a 2026 Participation Waiver
- Receive your SignUpGenius Code



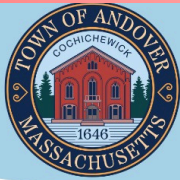
Each week you can sign up for your tee time on SignUpGenius. This software allows golfers to be added to a waitlist, cancel and it provides reminders for your tee times. Green fees will be paid weekly at the course.

APRIL 2026

WE ARE HERE, TO GET YOU THERE!



Annual Town Meeting Transportation- Starting Tuesday, April 28, 29 & 30. Meetings begin at 7:00pm-
Need a ride to the Annual Town Meeting? Call the The Robb Center to schedule a ride. The 2026 Annual Town Meeting will begin on Tuesday, April 28 at the Collins Center for the Performing Arts at Andover High School, and will continue on Wednesday, April 29 and Thursday, April 30 if needed.



Andover on the Go

We're Here to Get You There!

The Robb Center offers many transportation options to meet the needs of residents.



Medical Transportation for Day Procedures

For **day procedures requiring anesthesia**, we've partnered with an agency to provide a specialized ride with a dedicated aide to be your responsible party and driver. *No need to put off that medical procedure!*

Medical Transportation

This volunteer driver service allows two donation-based medical rides per month. More than two rides will incur a required fee. Please note that 7-day notice is required for all medical rides.

Townie Trips

Need a ride? We offer friendly, reliable rides in Andover and surrounding areas.

Shopping & Grocery Trips/Rides to the Robb Center

Weekly trips on Tuesdays and Thursdays. See calendar or call for details. Call for rides to and from the center.

GoGo/Uber Voucher Program

Uber rides to and from The Robb Center on Thursday evenings and when drivers are not available. **No smartphone needed!**

To participate in any of the transportation options **please call 978-623-8320 for details**, scheduling and eligibility information.

Transportation



Medical Transportation



Townie Trips



Go Go & Vouchers



Shopping Trips

Robb Center Bus Trips

Registration opens Friday, April 3 at 9:00 am for Andover residents & Wednesday, April 8 for non-Andover residents.

Due to popularity, ONE TRIP PER PERSON PER NEWSLETTER

April 22: Market Square Newburyport, MA



Enjoy three and a half hours of shopping and eating in beautiful downtown Newburyport.

Cost: \$12 for transportation.
Lunch at own expense.

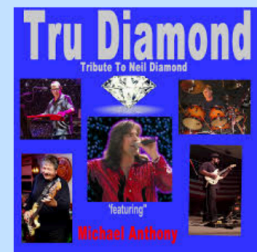
May 6: Vintage Tea & Cake Lexington, MA



Join us for High Tea at Vintage Tea and Cake.

Cost: \$45 for Tea & Transportation

May 20: Tru Diamond Salisbury, MA



Join us for a wonderful Neil Diamond tribute concert at the Blue Ocean event center in Salisbury, MA.

Cost: \$51 for transportation, show & lunch.

The Robb Center needs at least 48 hours notice of cancellation from a trip to issue a credit for transportation. Cancellations with less than a 48 hour notice, will not result in a credit. *Prices subject to change.

Parkinson’s Disease Support Group: Thursday, April 9 at 1:30pm- Join Brianna Shaughnessy, Recruitment Strategy Lead, ALCANZA Clinical Research For All to speak on *Clinical Research and its impact on Parkinson’s*. Please call Kristine to register at 978-623-8320.



Healthy Eating Discussion Group with Cherie Monahan, RN: Wednesday, April 22 at 1:00pm- Join us to discuss all the ways we can support our physical well-being through healthy eating. All are welcome! Registration requested.



Family Caregiver Support Group: Monday, April 27 at 1:30pm- Join us for a support group for family caregivers to connect with others, share concerns and learn about available resources. Registration requested.



Bereavement Support Group: Wednesdays at 2:00pm- Our group supports each other and discusses some of the ways the loss of someone significant can affect our lives. This group is held at The Robb Center and is nine weeks long. Registration is always required, seats are limited. Registration is required by emailing susan.toleos@tuftsmc.org. For any support assistance needed outside of the current 9-week program, or for information regarding the next session please contact Susan Toleos at the above email.



Narcotics Anonymous Meeting: Meetings at The Robb Center, Tuesdays from 6:30pm to 7:30pm- The Andover Coconuts Group of Cocaine Anonymous is a 12 Step Big Book Topic, Speaker, Discussion meeting. All are welcome, no registration necessary! *While the name “Cocaine Anonymous” might sound drug-specific, we wish to assure you that our program is not.* With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. It doesn’t matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!



ALCOHOLICS ANONYMOUS® Meetings at The Robb Center: Thursdays at 7:00pm to 8:00pm- ALCOHOLICS ANONYMOUS® is a fellowship of people who share their experience, strength and hope with each other that they can solve their common problem and help others to re-cover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. Open meeting, no registration.



Food Addicts in Recovery Anonymous: Saturdays at 8:00am: Location is at Christ Church, 33 Central Street, Andover, MA. Food Addicts in Recovery Anonymous (FA) is a program based on the Twelve Steps of Alcoholics Anonymous (AA). There are no dues, fees, or weigh-ins at FA meetings. FA is a fellowship of individuals who, through shared experience and mutual support, are recovering from the disease of food addiction. For more information go to: <https://www.foodaddicts.org/meeting/1479>



Food Resources

Food Pantry: Wednesday, April 8 from 10:00am to 12:00pm- The Merrimack Valley YMCA Mobile Food Pantry will be at The Robb Center the 2nd Wednesday of every month. Food bags will be distributed on a first served basis.



Brown Bag “Mobile Market”: Tuesday, April 28 from 9:00am to 10:30am- This once a month service provides a bag of shelf stable groceries for those already approved by AgeSpan. Pick up from The Robb Center. Applications available through AgeSpan, call 978-683-7747.



Meals on Wheels: Home Delivered Meals are available to Andover seniors. To determine your eligibility, please give us a call at 978-623-8320. Andover residents only.



Personal Support

Ask the Lawyer: Tuesday, April 14 from 1:00pm- Justin St. James, Esq., licensed in MA & NH. Appointments are 20 minutes in-person in chronological order. Limit one question/issue. Cost: Free. ***No tax or immigration questions, please.***



Technology Help Desk: Tuesdays at 10:00am- Drop-in with your questions about your phone, tablet or other device! Our team of tech experts are here to help!



Senator Barry Finegold: As your State Senator, I’m committed to keeping our community safe and accessible. My office and I are focused on improving pedestrian crossings, addressing traffic concerns, and ensuring reliable snow removal. If you ever need support or have a concern to share, please reach out to my office at 617-722-1612. We’re always here to help.



What’s On Now & Next: Find descriptions of current Robb Center lectures and programs on AndoverTV. On Cable TV (Verizon Channel 47 and Xfinity Channel 8) OR on your smartphone. Download the Andover TV App from the App Store; activate and click on the TV-Andover-Public icon. Programs are listed during Bulletin Board evening hours. <https://andovertv.org>



Medical

Hearing Aid Checks/Cleanings and Hearing Screenings: Friday, April 3 from 9:30am to 10:30am- Wendy Ring from the Andover Hearing Center, LLC. Drop-in clinic.



Blood Pressure Clinic: Thursdays from 10:00am to 11:30am- Drop-in free clinic conducted by the Andover Board of Health.



SHINE- If you are turning 65 and have questions about Medicare, or already have Medicare and have questions about Medicare, Medicare Savings Programs, MassHealth or any other Medicare related concerns, SHINE counselors can help! You may have a Special Enrollment Period (SEP) to make changes to your Medicare plan for a limited time. Certified SHINE counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare. For inquiries call the SHINE office: 978-946-1374. Medicare office: 1-800-633-4227.



Repairs

Fix-It Shop: Monday, April 13 & 27 from 1:00pm to 3:00pm- Bring your lamps, small appliances, chairs, small tables and any other small project & this group will try to fix it! Cost: \$5 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents. \$2 diagnostics fee.



Mend-It Shop: Friday, April 10 & 24 from 1:00pm to 3:00pm.

Button fixes: \$1.
Hems: Jeans, dresses, pants & blouses \$5, \$10 if requires cutting.
Pant pockets fixed/replaced: \$8.



**Simple fixes only. 3 article limit per customer. Additional charges for non-Andover Residents. We will not be held responsible for any damage or loss that may occur during the repair process. We are not professionals.*

NEW Menders wanted! If you know how to sew and you are looking to volunteer in a meaningful way, join our Mend-It team. If interested, please reach out to Ashley English at email: ashley.english@andoverma.us

APRIL 2026 CALENDAR & MENU**Join us for Congregate Lunch!**

Monday through Friday at 12:00pm.
Registration required on myactivecenter.com
or by calling 978-623-8320.
Cost: \$3.00 suggested donation.

The hot meal being served is listed daily in **blue**.
Menu items subject to change.
With **24 HOUR NOTICE** a vegetarian option is available.

1
9:30 Crafting
9:30 Le Cercle Francofun
10:00 Walmart
10:00 Ukulele Jam Session
Chicken Parmesan
12:30 Knit Wits
1:00 Tap Class

2
9:15 Chroniclers
10:00 DMC
10:00 Open Art
10:00 Scale Modeling
10:00 BP Clinic
Stuff Shells w/Marinara
11:00 Robotics Demo
1:00 Duplicate Bridge
1:00 Knit for Peace
1:00 Stamp Club
1:00 Italian Club
4:00 Ping-Pong
5:00 LGBTQ+ Allies

3
8:30 French Group
9:30 Social Mah Jongg
9:30 ESL
9:30 Hearing Aid
Lemon Peper Cod
1:00 45s
1:00 Social Bridge
1:00 Tai Chi Fan
1:00 Mexican Train
Dominoes

6
9:00 Quilting Group
9:00 Sunrise Singers
10:00 Ladies Bridge
Chicken Cacciatore
1:00 Movie Matinee
1:00 Hand & Foot
1:00 Ping-Pong

7
9:00 Comfort Critters
10:00 Tech Help Desk
Turkey Scallopini
1:00 Mah Jongg
1:00 Social Bridge
**1:30 The Six Pillars of
Brain Health**

8
9:30 Crafting
9:30 Le Cercle Francofun
10:00 Food Pantry
10:00 Target
10:30 The Write Stuff
Roast Pork Loin
12:30 Knit Wits
1:00 Tap Class
**1:30 Staying in Control:
Planning Today for Peace**

9
9:00 WOAG
10:00 Open Art
10:00 Scale Modeling
10:00 BP Clinic
Tilapia w/Salsa
1:00 Duplicate Bridge
1:00 Knit for Peace
1:30 Parkinson's
4:00 Ping-Pong

10
8:30 French Group
9:30 Social Mah Jongg
10:00 ACCC
Mac & Cheese
12:30 Ethics & Lying
1:00 45s
1:00 Social Bridge
1:00 Tai Chi Fan
1:00 Mexican Train
Dominoes
1:00 Mend-It Shop

13
9:00 Quilting Group
10:00 Ladies Bridge
10:00 Non-Fiction Book
Club
Chicken Marsala
1:00 Movie Matinee
1:00 Hand & Foot
1:00 Ping-Pong
1:00 Fix-It Shop

14
9:00 Comfort Critters
10:00 Tech Help Desk
Beef Shepherd's Pie
1:00 Mah Jongg
1:00 Social Bridge
1:00 Ask the Lawyer
**1:30 Considering Care at
Home? Coffee Hour**

15
9:30 Crafting
9:30 Le Cercle Francofun
10:00 Walmart
10:00 Ukulele Jam Session
Chicken & Cheese Enchilada
12:30 Knit Wits
1:00 Tap Class
**1:30 A Walk Down Essex
Street**

16
9:15 Chroniclers
10:00 DMC
10:00 Open Art
10:00 Scale Modeling
10:00 BP Clinic
Braised Beef
1:00 Duplicate Bridge
1:00 Knit for Peace
1:00 Stamp Club
1:00 Italian Club
**1:00 Robb Center
Anniversary**
4:00 Ping-Pong
6:00 Backyard Birds

17
8:30 French Group
9:30 Social Mah Jongg
9:30 ESL
Baked Haddock
1:00 45s
1:00 Social Bridge
1:00 Tai Chi Fan
1:00 Mexican Train
Dominoes

20
**CLOSED FOR
PATRIOTS' DAY**



21
9:00 Comfort Critters
10:00 Tech Help Desk
Vegetable Lasagna
1:00 Mah Jongg
1:00 Social Bridge
**1:30 Managing Security
on Our Smart Devices**

22
9:30 Crafting
9:30 Le Cercle Francofun
10:00 Wildcard
10:30 The Write Stuff
Turkey Tips
12:30 Knit Wits
1:00 Tap Class
1:00 Healthy Eating
1:30 Town Meeting Preview

23
9:00 WOAG
10:00 Open Art
10:00 Scale Modeling
10:00 BP Clinic
Birthday Social
1:00 Duplicate Bridge
1:00 Knit for Peace
1:30 Book Club
2:00 Learn About Wildlife
4:00 Ping-Pong
6:30 Coffee House w/Music
6:30 Andover Photo Exhibit

24
8:30 French Group
9:30 Social Mah Jongg
10:00 ACCC
Beer Battered Cod
1:00 45s
1:00 Social Bridge
1:00 Tai Chi Fan
1:00 Mexican Train
Dominoes
1:00 Mend-It Shop

27
9:00 Quilting Group
9:00 Sunrise Singers
10:00 Ladies Bridge
Cheese Ravioli
1:00 Movie Matinee
1:00 Hand & Foot
1:00 Ping-Pong
1:00 Fix-It Shop
1:30 Family Caregiver

28
9:00 Brown Bag
9:00 Comfort Critters
10:00 Tech Help Desk
Stir Fry Pork
1:00 Mah Jongg
1:00 Social Bridge

29
9:30 Crafting
9:30 Le Cercle Francofun
Salisbury Steak
12:30 Knit Wits
1:00 Tap Class

30
10:00 Open Art
10:00 Scale Modeling
10:00 BP Clinic
Beef Stew
1:00 Duplicate Bridge
1:00 Knit for Peace
4:00 Ping-Pong



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THURSDAY NIGHT SCHEDULE!

Do you need a ride to The Robb Center on Thursday Nights? We can help you book a ride with Uber to and from The Robb Center with our GoGo/Uber Voucher Program. Check out our transportation section on page 7 for more details.

Neighbors In Need Mobile Food Pantry: Thursday nights from 4:00pm to 5:00pm- We are hosting the food pantry here at The Robb Center. Go to needfood.org or call 978-699-3683 to learn how to receive this benefit.

- **April 2: LGBTQ+ Allies Social at 5:00pm-** Join us to hear Leigh Hartwell, a Dietitian from AgeSpan, speak on "Eating the Rainbow". Dinner will be served. All are welcome!
- **April 9: No event scheduled.**



- **April 16: Backyard Birds at 6:00pm-** Kathy Diamond is an avid birder and an expert photographer. This program is sure to appeal to birders, photographers and gardeners. Sponsored by the Village Garden Club.

- **April 23: Robb Center Coffee House & Musician Reverend JJ and the Casual Sinners at 6:30pm-** Join us for a night of socializing and 60s music from Reverend JJ and the Casual Sinners, and refreshments. Free and open to the public. Sponsored by Andover Senior Community Friends.



- **April 23: Andover Photo Connection Photo Exhibit Celebration at 6:30pm-** View 38 photos from APC members presenting images interpreting this year's theme: Outdoors. "Outdoors" is more than just a place beyond walls- it's a state of connection. This event is free and open to the public. Light refreshments will be served.



- **April 30: No event scheduled.**

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AARP Foundation Tax-Aide: April 3 Through April 10 on Tuesdays & Fridays - The AARP Foundation is providing tax assistance and preparation through its Tax-Aide program and it's completely free. You'll bring your documents in, have a short interview with the tax preparer, and your return will then be ready in 1-2 hours. Our volunteers are trained and IRS-certified every year. Schedule your appointment by calling The Robb Center. Free and open to all ages.



State Representative Tram Nguyen Office Hours: State Rep. Tram Nguyen continues to hold virtual office hours on the first Friday of the month, 10-11am, and the third Tuesday, 5-6pm, via Zoom. **The dates for April are Friday, April 3 and Tuesday, April 21.** Please sign up at least 24 hours ahead of time using this link: <https://calendly.com/teamtram/officehours>. You can always email Rep. Nguyen's office to discuss an issue at tobin.abraham@mahouse.gov or call 617-722-2680.

Council on Aging Advisory Board Meeting: Thursday, April 9 at 4:00pm- Council on Aging Advisory Board (COA): Ralph Bledsoe- Chair, Denise Boucher- Vice-Chair, Gail Bloom- Secretary, Fran Gikow, Ed Plowey, Judith Agnes, Tim Carron and Kim Butler-Rainen. Meetings are open to the public. To contact a COA member call The Robb Center at 978-623-8320.



Drug Take Back Day: Saturday, April 25 from 10:00am to 2:00pm at West Middle School- The Drug Enforcement Agency (DEA) is holding its next National Prescription Drug Take Back Day, April 25, 2026 from 10am to 2pm at West Middle School, 70 Shawsheen Road. The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

The Andover Commission on Disability (ACOD) serves as advocates and educators in/around disability rights for full inclusion of people with disabilities addressing the needs of the Town and *its* residents. For resources and information visit the **ACOD** website at: acod.mhl.org

APRIL 2026 CONNECTIONS CLUB & CONNECTIONS AT-HOME

THE CONNECTIONS PROGRAM at The Robb Center provides an individualized package of programs and services designed to enhance the quality of a senior's life and enable them to participate in a variety of activities in both a community setting and at home. **The Connections Club** is located at The Robb Center and includes a variety of activities such as music, exercise, pet therapy, art, cognitive stimulation games and outings.

Operates Monday through Friday 8:30am - 3:00pm

- Participants may join us for full or half days depending on program availability and scheduling.
- Nutritious lunch provided daily.
- Transportation available upon request.

CONNECTIONS AT-HOME is a companion program offering stimulating activities for seniors seeking connection and engagement in the privacy and comfort of their home.

Operates Monday through Friday 8:30am - 3:45pm at participants' homes.

- Participants can schedule visits at a two-hour minimum within operating hours and contingent on companion availability. Call 978-623-8320 for any inquiries listed above.





WHAT'S NEW:

APRIL UPDATE

UPCOMING EVENTS

FIND US

ASCF NEWS

Every Senior Matters

APRIL UPDATE

Hello Friends,

This year all our new, as well as, renewing members will receive at least 1 complimentary raffle ticket to be used at any of our raffles through out the year.



Our first raffle of 2026 was held during The Robb Center's St. Patrick's Day celebration We will be holding many more throughout the year!

Here's a sneak peak of our 4th of July Raffle!

Thank you to The Robb Center for allowing ASCF to promote our effort in their newsletter

UPCOMING EVENTS

4th of July Raffle

at the pancake breakfast

Andover Day

Visit our booth

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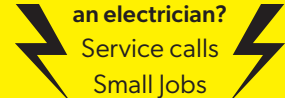
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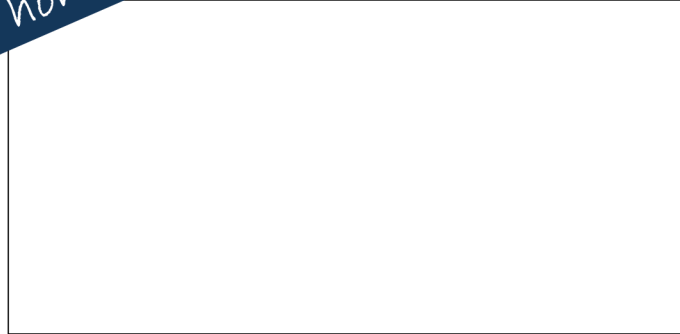
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